



# KOBIETY NA 5+ :: BIEG

B4SPORT

**Wydarzenie/ Event:** "Kobiety na 5+" Jastrzębski Bieg Kobiet  
**Organizator/ Organizer:** Miejski Ośrodek Sportu i Rekreacji Jastrzębie-Zdrój  
**Data/ Date:** 2018-05-27  
**Miejsce/ Place:** Jastrzębie-Zdrój  
**Dystans/ Distance:** 5 km



Klasyfikacja/ Classification: Wszyscy/ Open

| Msc/<br>Rnk | Zawodnik/<br>Name              | Numer/<br>Bib | Klub/ Team                          | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny     | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny               | Czas<br>startu/Start<br>time | Czas<br>netto<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|--------------------------------|---------------|-------------------------------------|------------------------|-----------------|---------------|----------------------|--------------------------|--------------------------------|------------------------------|------------------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 1           | SUWAJ Aneta                    | 2             | AZS-AWF KATOWICE / ALPINSPO RT TEAM | 30-39                  | 1               | Tak           |                      |                          | KB MOSIR<br>Jastrzębie         | 00:00:00                     | 00:08:11               | 00:18:59.80          | 00:19:00.55           |              | 3:48            | 15.8          |
| 2           | MENDECKA<br>Michalina          | 1093          | MOSIR ŁAZISKA GÓRNE/ 1 SECOND TEAM  | 20-29                  | 1               |               | Siostry<br>Mendeckie | Sisters                  |                                | 00:00:01                     | 00:08:11               | 00:19:20.95          | 00:19:22.65           | +00:00:21    | 3:52            | 15.5          |
| 3           | PATAS Magdalena                | 192           | FORMA WODZISŁAW ŚLĄSKI              | 20-29                  | 2               |               |                      |                          | Mam Na To<br>Wybiegane<br>Team | 00:00:01                     | 00:08:25               | 00:20:28.85          | 00:20:30.15           | +00:01:29    | 4:05            | 14.6          |
| 4           | DZIUK Dagmara                  | 21            | KB MOSIR JASTRZĘBIE                 | 30-39                  | 2               |               |                      |                          | KB MOSIR<br>Jastrzębie         | 00:00:01                     | 00:08:33               | 00:20:35.90          | 00:20:37.25           | +00:01:36    | 4:07            | 14.6          |
| 5           | DYRLAGA Justyna                | 975           |                                     | 20-29                  | 3               |               | Teacher Team         | Matka + Córka            | JustFeelFIT<br>TEAM            | 00:00:02                     | 00:08:59               | 00:20:43.20          | 00:20:45.90           | +00:01:43    | 4:08            | 14.5          |
| 6           | SZELEST Barbara                | 1099          | MYSŁOWICKI KLUB BIEGACZA NO.1       | 40-49                  | 1               |               |                      |                          | Namberlanki                    | 00:00:01                     | 00:08:52               | 00:21:01.70          | 00:21:02.75           | +00:02:01    | 4:12            | 14.3          |
| 7           | SZOJDA Karolina                | 903           | NIEDOŚCIGNIONE                      | 20-29                  | 4               |               |                      |                          | Niedoścignione                 | 00:00:01                     | 00:09:12               | 00:21:05.25          | 00:21:06.55           | +00:02:05    | 4:13            | 14.2          |
| 8           | PAWTEL Agata                   | 427           |                                     | 30-39                  | 3               |               |                      |                          | Mam Na To<br>Wybiegane<br>Team | 00:00:01                     | 00:09:04               | 00:21:21.85          | 00:21:23.40           | +00:02:22    | 4:16            | 14            |
| 9           | WOJTASZEWSKA<br>Sabina         | 236           | BBL RACIBÓRZ                        | 30-39                  | 4               |               |                      |                          |                                | 00:00:03                     | 00:08:58               | 00:21:22.60          | 00:21:26.25           | +00:02:22    | 4:16            | 14            |
| 10          | ADAMUS-<br>KOWALSKA<br>Justyna | 1240          |                                     | 30-39                  | 6               |               |                      |                          | Namberlanki                    | 00:00:01                     | 00:08:56               | 00:21:35.25          | 00:21:36.65           | +00:02:35    | 4:19            | 13.9          |
| 11          | PIETRAS Sylwia                 | 159           | MIECHOWICKA GRUPA BIEGOWA           | 30-39                  | 5               |               |                      |                          | Miechowska<br>Grupa Biegowa    | 00:00:03                     | 00:09:12               | 00:21:35.00          | 00:21:38.50           | +00:02:35    | 4:19            | 13.9          |
| 12          | JANKO Anna                     | 542           | HRMAX ŻORY                          | 20-29                  | 5               |               | JANKO TWINS          | Sisters                  | HRmax Dziolszki                | 00:00:01                     | 00:09:09               | 00:21:47.05          | 00:21:48.95           | +00:02:47    | 4:21            | 13.8          |
| 13          | SZAFARCZYK<br>Kinga            | 271           | RUNSZ- TEAM                         | 20-29                  | 6               |               | Zgrany Duet          | Matka + Córka            | Niedoścignione                 | 00:00:01                     | 00:09:23               | 00:21:53.75          | 00:21:55.55           | +00:02:53    | 4:22            | 13.7          |
| 14          | RENCZ Małgorzata               | 1281          | W POGONI ZA DUCHEM                  | 40-49                  | 3               |               |                      |                          |                                | 00:00:01                     | 00:09:14               | 00:22:17.60          | 00:22:18.60           | +00:03:17    | 4:27            | 13.5          |
| 15          | ADAMCZYK-<br>NOWAK Beata       | 26            | MIECHOWICKA GRUPA BIEGOWA           | 40-49                  | 2               |               |                      |                          | Miechowska<br>Grupa Biegowa    | 00:00:03                     | 00:09:29               | 00:22:17.00          | 00:22:20.35           | +00:03:17    | 4:27            | 13.5          |
| 16          | OPALSKA Karolina               | 696           | KOLOROWA DRUŻYNA NESSI              | 30-39                  | 7               |               |                      |                          | Kolorowa<br>Drużyna Nessi      | 00:00:09                     | 00:09:45               | 00:22:15.25          | 00:22:24.60           | +00:03:15    | 4:27            | 13.5          |
| 17          | PIECZKA Monika                 | 1080          | TLROW RYBNIK                        | 30-39                  | 8               |               |                      |                          | TLRow Rybnik                   | 00:00:03                     | 00:09:36               | 00:22:21.05          | 00:22:24.65           | +00:03:21    | 4:28            | 13.4          |
| 18          | ZĘBIK Grazyna                  | 1222          |                                     | 40-49                  | 4               |               |                      |                          | Olza Cieszyn                   | 00:00:02                     | 00:09:38               | 00:22:24.70          | 00:22:26.85           | +00:03:24    | 4:28            | 13.4          |
| 19          | MYSLIWIEC Ela                  | 1179          | DYSTANS LUBOMIA                     | 30-39                  | 9               |               |                      |                          |                                | 00:00:09                     | 00:09:36               | 00:22:26.00          | 00:22:35.00           | +00:03:26    | 4:29            | 13.4          |
| 20          | KOWALSKA Kinga                 | 171           | OLZA CIESZYN                        | 40-49                  | 5               |               |                      |                          | Olza Cieszyn                   | 00:00:02                     | 00:09:38               | 00:22:34.40          | 00:22:37.15           | +00:03:34    | 4:31            | 13.3          |
| 21          | MENDECKA Daria                 | 157           | MOSIR ŁAZISKA GÓRNE                 | 20-29                  | 7               |               | Siostry<br>Mendeckie | Sisters                  |                                | 00:00:01                     | 00:09:18               | 00:22:41.50          | 00:22:42.80           | +00:03:41    | 4:32            | 13.2          |
| 22          | CIACIURA<br>Magdalena          | 1028          |                                     | 30-39                  | 10              |               |                      |                          | BB Bielszczanki<br>Biegają     | 00:00:04                     | 00:09:32               | 00:22:43.35          | 00:22:47.75           | +00:03:43    | 4:32            | 13.2          |

| Msc/<br>Rnk | Zawodnik/<br>Name        | Numer/<br>Bib | Klub/ Team                           | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                   | Czas                 |              | Czas<br>netto | Czas<br>brutto | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|--------------------------|---------------|--------------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|------------------------------------|----------------------|--------------|---------------|----------------|--------------|-----------------|---------------|
|             |                          |               |                                      |                        |                 |               |                  |                          |                                    | startu/Start<br>time | 2.5km<br>5km |               |                |              |                 |               |
| 23          | MALEJKA Katarzyna        | 309           | ADS MASNA                            | 40-49                  | 7               |               |                  |                          | ADS Masna                          | 00:00:04             | 00:09:44     | 00:22:47.80   | 00:22:52.60    | +00:03:48    | 4:33            | 13.2          |
| 24          | LASSOTA-BUJAK Mariola    | 206           | #CZELADZBIEGA                        | 40-49                  | 6               |               |                  |                          | #czeladzbiega                      | 00:00:06             | 00:09:37     | 00:22:47.80   | 00:22:54.05    | +00:03:48    | 4:33            | 13.2          |
| 25          | SZAFARCZYK Eugenia       | 270           | RUNSZ- TEAM                          | 50-59                  | 1               |               | Zgrany Duet      | Matka + Córka            | Nieoścignione                      | 00:00:01             | 00:09:47     | 00:23:00.30   | 00:23:01.65    | +00:04:00    | 4:36            | 13            |
| 26          | MENDEL Beata             | 901           | ORZESZE TEŻ BIEGA                    | 40-49                  | 8               |               |                  |                          | Orzesze też biega                  | 00:00:02             | 00:09:30     | 00:23:01.75   | 00:23:03.90    | +00:04:01    | 4:36            | 13            |
| 27          | JANKO Joanna             | 385           |                                      | 20-29                  | 8               |               | JANKO TWINS      | Sisters                  | HRmax Dziolszki                    | 00:00:02             | 00:09:51     | 00:23:04.20   | 00:23:06.55    | +00:04:04    | 4:36            | 13            |
| 28          | MORAWSKA Julia           | 1163          | MYSŁOWICKI KLUB BIEGACZA NO.1        | 16-19                  | 1               |               |                  |                          | Namberlanki                        | 00:00:02             | 00:09:51     | 00:23:05.25   | 00:23:07.50    | +00:04:05    | 4:37            | 13            |
| 29          | ZAJĄC Iwona              | 1159          | NUMBERŁANKI                          | 40-49                  | 9               |               |                  |                          | Namberlanki                        | 00:00:02             | 00:09:51     | 00:23:06.75   | 00:23:08.95    | +00:04:06    | 4:37            | 13            |
| 30          | DZIEKAN Anna             | 1011          |                                      | 20-29                  | 9               |               |                  |                          | JustFeelFIT TEAM                   | 00:00:07             | 00:09:41     | 00:23:11.45   | 00:23:18.70    | +00:04:11    | 4:38            | 12.9          |
| 31          | DYRCZ Anna               | 164           |                                      | 40-49                  | 10              |               |                  |                          |                                    | 00:00:05             | 00:10:16     | 00:23:20.95   | 00:23:26.35    | +00:04:21    | 4:40            | 12.8          |
| 32          | ANDROSZ Beata            | 1124          |                                      | 40-49                  | 11              |               | Beata&Klaudia    | Matka + Córka            |                                    | 00:00:04             | 00:09:57     | 00:23:27.40   | 00:23:31.55    | +00:04:27    | 4:41            | 12.8          |
| 33          | MAJ-DZIUBAŃSKA Izabela   | 1302          | KLUB AKMB PĘDZIWIATR GLIWICE         | 30-39                  | 11              |               |                  |                          |                                    | 00:00:08             | 00:10:09     | 00:23:27.00   | 00:23:35.80    | +00:04:27    | 4:41            | 12.8          |
| 34          | CZYŻ Leonarda            | 886           | OLZA CIESZYN                         | 40-49                  | 12              |               | SIOSTRY BELI     | Sisters                  | Olza Cieszyn                       | 00:00:03             | 00:09:59     | 00:23:37.70   | 00:23:40.70    | +00:04:37    | 4:43            | 12.7          |
| 35          | PIWISZKIS Barbara        | 37            | KOBIETY NA 5+                        | 30-39                  | 12              | Tak           |                  |                          | Kobiety na 5+                      | 00:00:03             | 00:09:35     | 00:23:38.90   | 00:23:42.25    | +00:04:39    | 4:43            | 12.7          |
| 36          | WINIARSKA Monika         | 173           | RUNTEAM PAWŁOWICE                    | 30-39                  | 13              |               |                  |                          | Runteam Pawlowice                  | 00:00:03             | 00:09:50     | 00:23:38.95   | 00:23:42.25    | +00:04:39    | 4:43            | 12.7          |
| 37          | BUTANOWICZ Marzena       | 654           | KOLOROWA DRUŻYNA NESSI               | 30-39                  | 14              |               |                  |                          | Kolorowa Drużyna Nessi             | 00:00:07             | 00:09:53     | 00:23:39.15   | 00:23:46.55    | +00:04:39    | 4:43            | 12.7          |
| 38          | CANIBOŁ Anna             | 590           | RUNTEAM PAWŁOWICE                    | 20-29                  | 10              |               |                  |                          |                                    | 00:00:04             | 00:10:04     | 00:23:43.85   | 00:23:48.75    | +00:04:44    | 4:44            | 12.6          |
| 39          | SOBIESZCZAŃSKA Agnieszka | 712           | DYCZUŚ TEAM                          | 30-39                  | 15              |               | Basia Dyczek     | Sisters                  | Dyczuś Team                        | 00:00:02             | 00:09:59     | 00:23:49.55   | 00:23:51.55    | +00:04:49    | 4:45            | 12.6          |
| 40          | PAWLOK Anna              | 601           |                                      | 20-29                  | 11              |               |                  |                          |                                    | 00:00:08             | 00:10:27     | 00:23:51.55   | 00:24:00.05    | +00:04:51    | 4:46            | 12.6          |
| 41          | CHORCHOS Magda           | 651           |                                      | 20-29                  | 13              | Tak           |                  |                          |                                    | 00:00:00             | 00:09:44     | 00:24:13.65   | 00:24:13.65    | +00:05:13    | 4:50            | 12.4          |
| 42          | KELLER-MISIARZ Natalia   | 598           |                                      | 20-29                  | 12              |               |                  |                          |                                    | 00:00:05             | 00:09:48     | 00:24:08.30   | 00:24:13.85    | +00:05:08    | 4:49            | 12.4          |
| 43          | LERCH Bożena             | 396           | RUNTEAM PAWŁOWICE                    | 30-39                  | 16              | Tak           | Lerch            | Sisters                  | Runteam Pawlowice                  | 00:00:06             | 00:09:50     | 00:24:07.60   | 00:24:14.25    | +00:05:07    | 4:49            | 12.4          |
| 44          | KANDORA Joanna           | 31            | MIECHOWICKA GRUPA BIEGOWA            | 40-49                  | 13              |               |                  |                          | Miechowicka Grupa Biegowa          | 00:00:03             | 00:10:16     | 00:24:12.65   | 00:24:16.55    | +00:05:12    | 4:50            | 12.4          |
| 45          | WERON Magdalena          | 1251          | SIEWIERZ BIEGA                       | 30-39                  | 17              |               |                  |                          |                                    | 00:00:07             | 00:10:20     | 00:24:17.65   | 00:24:25.30    | +00:05:17    | 4:51            | 12.3          |
| 46          | KURASZ Joanna            | 1289          | STS BIEGATON MIKOŁÓW                 | 30-39                  | 20              |               | Super Tandem     | Matka + Córka            | STS BIEGATON Mikołów               | 00:00:00             | 00:10:24     | 00:24:29.30   | 00:24:29.30    | +00:05:29    | 4:53            | 12.3          |
| 47          | ŻBEL Ania                | 258           | HRMAX ŻORY                           | 30-39                  | 19              |               |                  |                          | HRmax Dziolszki                    | 00:00:05             | 00:10:20     | 00:24:26.00   | 00:24:31.15    | +00:05:26    | 4:53            | 12.3          |
| 48          | BIEROŃSKA Wioleta        | 1148          | JUSTFEELFIT                          | 16-19                  | 3               |               |                  |                          | JustFeelFIT TEAM                   | 00:00:02             | 00:09:39     | 00:24:32.35   | 00:24:34.35    | +00:05:32    | 4:54            | 12.2          |
| 49          | FILEC Wiktoria           | 55            | INŻYNIERIA BIEGANIA                  | 16-19                  | 2               |               |                  |                          | Mam Na To Wybiegane Team           | 00:00:03             | 00:10:35     | 00:24:30.85   | 00:24:34.45    | +00:05:31    | 4:54            | 12.2          |
| 50          | PASTUCHA Katarzyna       | 988           | CROSS KRAPKOWICE                     | 20-29                  | 14              |               | Młoda i Młodsza  | Matka + Córka            |                                    | 00:00:08             | 00:10:28     | 00:24:27.95   | 00:24:36.75    | +00:05:28    | 4:53            | 12.3          |
| 51          | BUCHOWICZ Agnieszka      | 81            | MK BIKE                              | 30-39                  | 18              |               |                  |                          |                                    | 00:00:13             | 00:10:20     | 00:24:25.85   | 00:24:39.10    | +00:05:26    | 4:53            | 12.3          |
| 52          | KAROLAK Martyna          | 991           | RUNTEAM PAWŁOWICE                    | 30-39                  | 21              |               |                  |                          | NORW DLA DZIECI PRZY ZŁO"BETLEJEM" | 00:00:07             | 00:10:17     | 00:24:34.70   | 00:24:41.75    | +00:05:34    | 4:54            | 12.2          |
| 53          | MENŻYK Joanna            | 1131          | SPARTAN RACE TRAINING GROUP KATOWICE | 40-49                  | 14              |               |                  |                          |                                    | 00:00:03             | 00:10:13     | 00:24:35.70   | 00:24:39.40    | +00:05:35    | 4:55            | 12.2          |
| 54          | PAWLOWSKA Małgorzata     | 914           | STS BIEGATON MIKOŁÓW                 | 20-29                  | 15              |               |                  |                          | STS BIEGATON Mikołów               | 00:00:03             | 00:10:15     | 00:24:38.70   | 00:24:41.75    | +00:05:38    | 4:55            | 12.2          |

| Msc/<br>Rnk | Zawodnik/<br>Name                | Numer/<br>Bib | Klub/ Team                       | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny            | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                       | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|----------------------------------|---------------|----------------------------------|------------------------|-----------------|---------------|-----------------------------|--------------------------|--|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 55          | HELIOSZ<br>Agnieszka             | 630           | INTERAKTYWNI                     | 40-49                  | 15              |               |                             |                          |  | 00:00:01                     | 00:10:17      | 00:24:43.10          | 00:24:44.75           | +00:05:43    | 4:56            | 12.1          |
| 56          | FRANKE Ilona                     | 815           | STS BIEGATON MIKOŁÓW             | 50-59                  | 2               |               |                             |                          | STS BIEGATON<br>Mikołów                                | 00:00:04                     | 00:10:14      | 00:24:45.20          | 00:24:49.20           | +00:05:45    | 4:57            | 12.1          |
| 57          | NIESLAŃCZYK<br>Małgorzata        | 998           |                                  | 30-39                  | 22              | Tak           |                             |                          | Ośrodek Pomocy<br>Społecznej w<br>Jastrzębiu-Zdroju    | 00:00:07                     | 00:10:17      | 00:24:46.25          | 00:24:54.20           | +00:05:46    | 4:57            | 12.1          |
| 58          | BOGACZ Monika                    | 1276          | ADS MASNA                        | 30-39                  | 23              |               |                             |                          | ADS Masna  | 00:00:05                     | 00:10:33      | 00:24:50.90          | 00:24:56.05           | +00:05:51    | 4:58            | 12.1          |
| 59          | KUSIO Basia                      | 655           | PARKRUN CHRZANÓW                 | 30-39                  | 24              |               |                             |                          |  | 00:00:16                     | 00:10:49      | 00:24:51.10          | 00:25:07.35           | +00:05:51    | 4:58            | 12.1          |
| 60          | SICH- SOSNA<br>Agnieszka         | 200           |                                  | 40-49                  | 16              |               | Sich                        | Sisters                  |  | 00:00:02                     | 00:10:16      | 00:24:53.65          | 00:24:55.75           | +00:05:53    | 4:58            | 12.1          |
| 61          | KAFKA Ewelina                    | 671           | LICHOTA TEAM                     | 40-49                  | 17              |               |                             |                          | Olza Cieszyn   | 00:00:07                     | 00:10:25      | 00:24:56.60          | 00:25:04.55           | +00:05:56    | 4:59            | 12            |
| 62          | BORKOWSKA<br>Paulina             | 57            |                                  | 30-39                  | 25              | Tak           | Siostrunie                  | Sisters                  | Zespół Szkół Nr<br>6 im. Króla Jana<br>III Sobieskiego | 00:00:04                     | 00:10:36      | 00:24:57.25          | 00:25:02.15           | +00:05:57    | 4:59            | 12            |
| 63          | ŽAK Sonia                        | 369           |                                  | 20-29                  | 16              |               |                             |                          |  | 00:00:06                     | 00:10:28      | 00:24:58.35          | 00:25:05.10           | +00:05:58    | 4:59            | 12            |
| 64          | SOKOŁOWSKA<br>Anna               | 465           | BRAK                             | 50-59                  | 3               |               |                             |                          | BB Bielszczanki<br>Biegają                             | 00:00:01                     | 00:10:09      | 00:25:02.65          | 00:25:04.00           | +00:06:02    | 5:00            | 12            |
| 65          | NOWAK Beata                      | 889           | OLZA CIESZYN                     | 40-49                  | 18              |               | SIOSTRY BELI                | Sisters                  | Olza Cieszyn   | 00:00:02                     | 00:10:17      | 00:25:02.80          | 00:25:05.60           | +00:06:03    | 5:00            | 12            |
| 66          | JANECKA Marta                    | 836           |                                  | 16-19                  | 4               | Tak           |                             |                          | Zespół Szkół Nr<br>6 im. Króla Jana<br>III Sobieskiego | 00:00:11                     | 00:10:41      | 00:25:03.40          | 00:25:15.05           | +00:06:03    | 5:00            | 12            |
| 67          | NGUYEN Dorota                    | 1147          |                                  | 30-39                  | 26              |               |                             |                          |  | 00:00:08                     | 00:10:37      | 00:25:04.55          | 00:25:13.05           | +00:06:04    | 5:01            | 12            |
| 68          | WOŹNIAK Julia                    | 1105          | PIXONET                          | 16-19                  | 5               |               |                             |                          |  | 00:00:04                     | 00:10:17      | 00:25:09.20          | 00:25:13.55           | +00:06:09    | 5:01            | 11.9          |
| 69          | DŁUGOSZ Patrycja                 | 962           | ADS MASNA                        | 20-29                  | 17              |               |                             |                          | ADS Masna  | 00:00:09                     | 00:10:47      | 00:25:15.15          | 00:25:24.25           | +00:06:15    | 5:03            | 11.9          |
| 70          | OCHWAT<br>Aleksandra             | 643           | ADS MASNA                        | 30-39                  | 27              |               |                             |                          | ADS Masna  | 00:00:09                     | 00:10:47      | 00:25:15.25          | 00:25:24.25           | +00:06:15    | 5:03            | 11.9          |
| 71          | KANIA Agnieszka                  | 1122          | NAMBERŁANKI                      | 30-39                  | 28              |               |                             |                          | Namberłanki  | 00:00:09                     | 00:10:50      | 00:25:16.40          | 00:25:26.30           | +00:06:16    | 5:03            | 11.9          |
| 72          | OSADNIK Sabrina                  | 1161          | DYSTANS LUBOMIA                  | 30-39                  | 29              |               |                             |                          |  | 00:00:12                     | 00:10:24      | 00:25:17.30          | 00:25:30.05           | +00:06:17    | 5:03            | 11.9          |
| 73          | WOWRY Sylwia                     | 201           | OLZA CIESZYN                     | 30-39                  | 30              |               |                             |                          | Olza Cieszyn   | 00:00:09                     | 00:10:52      | 00:25:23.75          | 00:25:33.65           | +00:06:23    | 5:04            | 11.8          |
| 74          | FOJCIK-<br>PUSTELNIK<br>Karolina | 472           |                                  | 30-39                  | 31              |               |                             |                          |  | 00:00:07                     | 00:10:56      | 00:25:23.80          | 00:25:30.90           | +00:06:24    | 5:04            | 11.8          |
| 75          | SICH-ŚWITAŁA<br>Małgorzata       | 198           |                                  | 40-49                  | 19              |               | Sich                        | Sisters                  |  | 00:00:00                     | 00:10:19      | 00:25:26.00          | 00:25:26.00           | +00:06:26    | 5:05            | 11.8          |
| 76          | PEŁKA Urszula                    | 1014          | AKADEMIA BIEGANIA W ŚWIERKLANACH | 40-49                  | 20              |               |                             |                          | Akademia<br>Biegania w<br>Świerklanach                 | 00:00:14                     | 00:10:50      | 00:25:27.45          | 00:25:41.45           | +00:06:27    | 5:05            | 11.8          |
| 77          | DOBRENKO Edyta                   | 1083          |                                  | 40-49                  | 21              |               |                             |                          |  | 00:00:08                     | 00:10:42      | 00:25:31.60          | 00:25:40.30           | +00:06:31    | 5:06            | 11.7          |
| 78          | POŁOMSKA Edyta                   | 214           | POŁOMSCY TEAM                    | 40-49                  | 22              |               |                             |                          |  | 00:00:06                     | 00:10:37      | 00:25:35.05          | 00:25:41.85           | +00:06:35    | 5:07            | 11.7          |
| 79          | DYCZEK Basia                     | 669           | DYCUŚ TEAM                       | 20-29                  | 18              |               | Agnieszka<br>Sobieszczańska | Sisters                  | Dyczuś Team  | 00:00:09                     | 00:10:52      | 00:25:36.70          | 00:25:45.70           | +00:06:36    | 5:07            | 11.7          |
| 80          | GORZELAK<br>Joanna               | 1027          | KOBIETY NA 5+                    | 30-39                  | 32              | Tak           |                             |                          | Kobiety na 5+  | 00:00:13                     | 00:10:54      | 00:25:38.45          | 00:25:52.05           | +00:06:38    | 5:07            | 11.7          |
| 81          | WOJTKOWSKA-<br>WITALA Anna       | 56            |                                  | 40-49                  | 23              |               |                             |                          | STS BIEGATON<br>Mikołów                                | 00:00:03                     | 00:10:37      | 00:25:38.55          | 00:25:42.15           | +00:06:38    | 5:07            | 11.7          |
| 82          | KOT Oliwia                       | 475           | MORSY NA KOKSIE                  | 20-29                  | 19              |               |                             |                          | MORSY NA<br>KOKSIE                                     | 00:00:10                     | 00:10:52      | 00:25:40.10          | 00:25:51.00           | +00:06:40    | 5:08            | 11.7          |
| 83          | PŁOCHARSKA<br>Aleksandra         | 972           |                                  | 16-19                  | 6               |               | Aniolki                     | Sisters                  |  | 00:00:21                     | 00:11:26      | 00:25:41.25          | 00:26:03.10           | +00:06:41    | 5:08            | 11.7          |
| 84          | LORANC Izabela                   | 751           | BB BIELSZCZANKI BIEGAJĄ          | 40-49                  | 24              |               |                             |                          | BB Bielszczanki<br>Biegają                             | 00:00:05                     | 00:10:55      | 00:25:43.10          | 00:25:48.70           | +00:06:43    | 5:08            | 11.7          |
| 85          | PASŁAWSKA<br>Katarzyna           | 202           | KOBIETY NA 5 +                   | 40-49                  | 25              | Tak           |                             |                          | Kobiety na 5+  | 00:00:03                     | 00:10:27      | 00:25:46.50          | 00:25:49.85           | +00:06:46    | 5:09            | 11.6          |
| 86          | PAJESTKA<br>Katarzyna            | 1070          |                                  | 40-49                  | 26              |               |                             |                          |  | 00:00:06                     | 00:10:42      | 00:25:46.75          | 00:25:52.80           | +00:06:46    | 5:09            | 11.6          |

| Msc/<br>Rnk | Zawodnik/<br>Name       | Numer/<br>Bib | Klub/ Team                                       | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                 | Czas                 |          | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |                      |                       |
|-------------|-------------------------|---------------|--|------------------------|-----------------|---------------|------------------|--------------------------|--|----------------------|----------|--------------|-----------------|---------------|----------------------|-----------------------|
|             |                         |               |  |                        |                 |               |                  |                          |  | startu/Start<br>time | 2.5km    |              |                 |               | Czas<br>netto<br>5km | Czas<br>brutto<br>5km |
| 87          | GALASKA Magdalena       | 708           | ORZESZE TEŻ BIEGA                                | 30-39                  | 33              |               |                  |                          |  | 00:00:13             | 00:10:41 | 00:25:47.80  | 00:26:01.55     | +00:06:48     | 5:09                 | 11.6                  |
| 88          | PASTUSZKA Aleksandra    | 416           | FIT STACJA                                       | 30-39                  | 34              |               |                  |                          |  | 00:00:24             | 00:11:24 | 00:25:49.10  | 00:26:13.80     | +00:06:49     | 5:09                 | 11.6                  |
| 89          | ZEMLAK Adriana          | 409           |  | 30-39                  | 35              |               |                  |                          |  | 00:00:26             | 00:11:29 | 00:25:49.60  | 00:26:16.25     | +00:06:49     | 5:10                 | 11.6                  |
| 90          | WOJAKOWSKA Katarzyna    | 721           | K&K RUN  | 40-49                  | 27              |               |                  |                          | Night Runners                                    | 00:00:04             | 00:10:55 | 00:25:50.55  | 00:25:54.70     | +00:06:50     | 5:10                 | 11.6                  |
| 91          | BURZYŃSKA Żaneta        | 224           |  | 20-29                  | 20              |               |                  |                          |  | 00:00:06             | 00:10:25 | 00:25:50.85  | 00:25:57.35     | +00:06:51     | 5:10                 | 11.6                  |
| 92          | LUBSZCZYK Justyna       | 99            |  | 20-29                  | 21              |               |                  |                          |  | 00:00:09             | 00:10:41 | 00:25:51.85  | 00:26:01.35     | +00:06:52     | 5:10                 | 11.6                  |
| 93          | KAMINSKA Dorota         | 689           |  | 20-29                  | 22              | Tak           |                  |                          |  | 00:00:03             | 00:10:13 | 00:25:53.25  | 00:25:57.05     | +00:06:53     | 5:10                 | 11.6                  |
| 94          | TYCZYŃSKA Paulina       | 153           | SZYBKIE ŻÓLWIE                                   | 30-39                  | 36              |               |                  |                          | BB Bielszczanki Biegają                          | 00:00:02             | 00:10:37 | 00:25:53.25  | 00:25:55.65     | +00:06:53     | 5:10                 | 11.6                  |
| 95          | SZULC Marta             | 143           | BGB  | 40-49                  | 28              |               |                  |                          |  | 00:00:11             | 00:10:53 | 00:25:53.40  | 00:26:05.00     | +00:06:53     | 5:10                 | 11.6                  |
| 96          | MIKA Aneta              | 961           |  | 40-49                  | 29              |               |                  |                          |  | 00:00:11             | 00:10:39 | 00:25:55.15  | 00:26:06.85     | +00:06:55     | 5:11                 | 11.6                  |
| 97          | LAPMAN Anna             | 892           | RADLINIOKI W BIEGU                               | 40-49                  | 30              |               |                  |                          | Radlinioki w biegu                               | 00:00:07             | 00:10:55 | 00:25:55.70  | 00:26:02.80     | +00:06:55     | 5:11                 | 11.6                  |
| 98          | GNAŚ Anna               | 45            | KOBIETY NA 5 +                                   | 30-39                  | 37              | Tak           |                  |                          | Kobiety na 5+                                    | 00:00:11             | 00:10:44 | 00:25:58.30  | 00:26:09.30     | +00:06:58     | 5:11                 | 11.6                  |
| 99          | PĘKALA Teresa           | 221           |  | 30-39                  | 38              |               |                  |                          |  | 00:00:03             | 00:10:17 | 00:25:58.70  | 00:26:01.90     | +00:06:58     | 5:11                 | 11.6                  |
| 100         | KRYBUS Sylwia           | 987           | STS BIEGATON MIKOŁÓW                             | 50-59                  | 4               |               |                  |                          | STS BIEGATON Mikołów                             | 00:00:03             | 00:10:35 | 00:25:59.40  | 00:26:02.40     | +00:06:59     | 5:11                 | 11.5                  |
| 101         | IWANEK Gabriela         | 1032          | JUSTFEELFIT TEAM                                 | 20-29                  | 23              |               |                  |                          | JustFeelFIT TEAM                                 | 00:00:07             | 00:10:22 | 00:26:00.30  | 00:26:07.40     | +00:07:00     | 5:12                 | 11.5                  |
| 102         | PASTUCHA Anna           | 930           | CROSS KRAPKOWICE                                 | 60+                    | 1               |               | Młoda i Młodsza  | Matka + Córka            |  | 00:00:08             | 00:10:56 | 00:26:00.85  | 00:26:09.65     | +00:07:01     | 5:12                 | 11.5                  |
| 103         | HEROK Joanna            | 748           | UBS  | 40-49                  | 31              |               |                  |                          | BB Bielszczanki Biegają                          | 00:00:05             | 00:11:06 | 00:26:00.95  | 00:26:06.05     | +00:07:01     | 5:12                 | 11.5                  |
| 104         | LERCH Ewa               | 798           | RUNTEAM PAWŁOWICE                                | 20-29                  | 24              | Tak           | Lerch            | Sisters                  | Runteam Pawlowice                                | 00:00:07             | 00:10:32 | 00:26:02.25  | 00:26:09.85     | +00:07:02     | 5:12                 | 11.5                  |
| 105         | DRACZKA - KNOPIK Monika | 847           | STS BIEGATON                                     | 40-49                  | 32              |               |                  |                          | STS BIEGATON Mikołów                             | 00:00:00             | 00:11:02 | 00:26:03.55  | 00:26:03.55     | +00:07:03     | 5:12                 | 11.5                  |
| 106         | SZULIK Dominika         | 969           | KB MOSIR JASTRZĘBIE                              | 16-19                  | 7               | Tak           | Szulik Team      | Matka + Córka            | KB MOSIR Jastrzębie                              | 00:00:08             | 00:10:59 | 00:26:04.30  | 00:26:12.70     | +00:07:04     | 5:12                 | 11.5                  |
| 107         | BOROWICZ Roksana        | 374           | NIGHT RUNNERS GLIWICE                            | 20-29                  | 25              |               |                  |                          |  | 00:00:06             | 00:10:47 | 00:26:05.65  | 00:26:12.00     | +00:07:05     | 5:13                 | 11.5                  |
| 108         | POPEK Barbara           | 305           |  | 40-49                  | 33              | Tak           |                  |                          | Zespół Szkół Nr 6 im. Króla Jana III Sobieskiego | 00:00:08             | 00:10:40 | 00:26:05.95  | 00:26:14.10     | +00:07:06     | 5:13                 | 11.5                  |
| 109         | MILKOWSKA Justyna       | 1135          | RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM             | 30-39                  | 39              |               | Milka Team       | Matka + Córka            | Rybnicka Grupa Biegowa Pędzimy Razem             | 00:00:11             | 00:11:16 | 00:26:09.00  | 00:26:20.30     | +00:07:09     | 5:13                 | 11.5                  |
| 110         | AKSAMIT Ewelina         | 501           | MYSŁOWICKI KLUB BIEGACZA NO.I                    | 30-39                  | 40              |               |                  |                          | Namberbanki                                      | 00:00:22             | 00:11:33 | 00:26:11.00  | 00:26:33.85     | +00:07:11     | 5:14                 | 11.5                  |
| 111         | KORDEK Dorota           | 652           | RYTM ROZBIEGAMY TO MIASTO CZECHOWICE - DZIEDZICE | 30-39                  | 41              |               |                  |                          | Rozbiegamy To Miasto - Czechowice-Dziedzice      | 00:00:13             | 00:10:52 | 00:26:11.45  | 00:26:25.15     | +00:07:11     | 5:14                 | 11.5                  |
| 112         | DZIEDZIEL Ewelina       | 603           |  | 20-29                  | 26              |               |                  |                          |  | 00:00:11             | 00:10:43 | 00:26:12.90  | 00:26:24.10     | +00:07:13     | 5:14                 | 11.4                  |
| 113         | BONDARCZUK Sylwia       | 277           | SZYBKIE ŻÓLWIE                                   | 40-49                  | 34              |               |                  |                          | BB Bielszczanki Biegają                          | 00:00:02             | 00:10:39 | 00:26:13.35  | 00:26:15.90     | +00:07:13     | 5:14                 | 11.4                  |
| 114         | ZHABOTYŃSKA Maryna      | 940           |  | 30-39                  | 42              | Tak           |                  |                          |  | 00:00:14             | 00:11:23 | 00:26:14.10  | 00:26:28.30     | +00:07:14     | 5:14                 | 11.4                  |
| 115         | PLASZCZYMAKA Justyna    | 220           | MIECHOWICKA GRUPA BIEGOWA                        | 20-29                  | 27              |               |                  |                          | Miechowicka Grupa Biegowa                        | 00:00:30             | 00:11:25 | 00:26:16.70  | 00:26:47.35     | +00:07:16     | 5:15                 | 11.4                  |
| 116         | KOMAJDA Basia           | 742           | OLZA CIESZYN                                     | 30-39                  | 43              |               |                  |                          | Olza Cieszyn                                     | 00:00:11             | 00:10:54 | 00:26:19.80  | 00:26:30.90     | +00:07:20     | 5:15                 | 11.4                  |
| 117         | WOJAK Aleksandra        | 764           |  | 20-29                  | 28              | Tak           |                  |                          |  | 00:00:07             | 00:11:37 | 00:26:20.70  | 00:26:28.30     | +00:07:20     | 5:16                 | 11.4                  |

| Msc/<br>Rnk | Zawodnik/<br>Name          | Numer/<br>Bib | Klub/ Team                              | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny     | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                              | Czas<br>startu/Start<br>time | Czas<br>netto<br>2.5km<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |      |
|-------------|----------------------------|---------------|---|------------------------|-----------------|---------------|----------------------|--------------------------|---|------------------------------|-------------------------------|-----------------------|--------------|-----------------|---------------|------|
| 118         | MROCZKA Anna               | 622           |   | 40-49                  | 35              |               |                      |                          |   | 00:00:08                     | 00:11:32                      | 00:26:21.90           | 00:26:30.35  | +00:07:22       | 5:16          | 11.4 |
| 119         | KRÓLICZAK<br>Agnieszka     | 1279          |   | 16-19                  | 8               |               |                      |                          |   | 00:00:31                     | 00:11:42                      | 00:26:23.50           | 00:26:55.40  | +00:07:23       | 5:16          | 11.4 |
| 120         | GĘBOŁYŚ Beata              | 54            | CHWALISZ CZY NIE CHWALISZ- LOTEJ Z NAMI | 40-49                  | 36              |               |                      |                          | Chwalisz czy nie<br>chwalisz- lotej z<br>nami | 00:00:07                     | 00:11:18                      | 00:26:23.85           | 00:26:31.55  | +00:07:24       | 5:16          | 11.4 |
| 121         | SKOCZ Monika               | 70            |   | 40-49                  | 37              |               |                      |                          |   | 00:00:00                     | 00:11:38                      | 00:26:26.10           | 00:26:26.10  | +00:07:26       | 5:17          | 11.3 |
| 122         | LORENZ<br>Agnieszka        | 928           | GALOPUJĄCE ŚLIMAKI                      | 40-49                  | 38              | Tak           |                      |                          |   | 00:00:08                     | 00:11:07                      | 00:26:28.90           | 00:26:37.30  | +00:07:29       | 5:17          | 11.3 |
| 123         | PŁOCHARSKA<br>Małgorzata   | 971           | UKS REFLEX                              | 16-19                  | 9               |               | Aniolki              | Sisters                  |   | 00:00:22                     | 00:11:25                      | 00:26:29.10           | 00:26:51.60  | +00:07:29       | 5:17          | 11.3 |
| 124         | KOWALSKA<br>Karolina       | 744           |   | 30-39                  | 44              |               |                      |                          | Miechowska<br>Grupa Biegowa                   | 00:00:09                     | 00:10:54                      | 00:26:29.50           | 00:26:38.70  | +00:07:29       | 5:17          | 11.3 |
| 125         | NOWAK Iwona                | 587           |   | 40-49                  | 39              |               |                      |                          |   | 00:00:11                     | 00:11:11                      | 00:26:30.70           | 00:26:42.45  | +00:07:30       | 5:18          | 11.3 |
| 126         | FURMAN Sylwia              | 453           | WIRUSY                                  | 30-39                  | 45              |               |                      |                          | Wirusy  | 00:00:06                     | 00:10:43                      | 00:26:31.40           | 00:26:38.10  | +00:07:31       | 5:18          | 11.3 |
| 127         | MAŃCZAK<br>Magdalena       | 1102          |   | 20-29                  | 29              | Tak           |                      |                          |   | 00:00:14                     | 00:11:23                      | 00:26:32.35           | 00:26:46.50  | +00:07:32       | 5:18          | 11.3 |
| 128         | NENKO Barbara              | 783           |   | 30-39                  | 46              |               | nenko sisters        | Sisters                  |   | 00:00:06                     | 00:10:50                      | 00:26:34.80           | 00:26:41.15  | +00:07:35       | 5:19          | 11.3 |
| 129         | BRODA Katarzyna            | 738           |   | 30-39                  | 47              | Tak           |                      |                          |   | 00:00:10                     | 00:10:49                      | 00:26:40.00           | 00:26:50.50  | +00:07:40       | 5:20          | 11.3 |
| 130         | RAŹNIAK Beatka             | 252           | KOBIETY 5+                              | 40-49                  | 40              | Tak           |                      |                          | Kobiety na 5+                                 | 00:00:09                     | 00:11:16                      | 00:26:40.05           | 00:26:49.85  | +00:07:40       | 5:20          | 11.3 |
| 131         | GREŃ Dorota                | 623           | OLZA CIESZYN                            | 30-39                  | 48              |               |                      |                          | Olza Cieszyn                                  | 00:00:11                     | 00:11:08                      | 00:26:41.05           | 00:26:52.35  | +00:07:41       | 5:20          | 11.2 |
| 132         | OLSZEWSKA<br>Sylwia        | 534           | MORSY NA KOKSIE                         | 20-29                  | 30              |               |                      |                          | MORSY NA<br>KOKSIE                            | 00:00:12                     | 00:11:33                      | 00:26:41.70           | 00:26:54.05  | +00:07:41       | 5:20          | 11.2 |
| 133         | RZEPECKA<br>Bożena         | 235           | OLZA CIESZYN                            | 50-59                  | 5               |               |                      |                          | Olza Cieszyn                                  | 00:00:10                     | 00:10:59                      | 00:26:42.30           | 00:26:52.70  | +00:07:42       | 5:20          | 11.2 |
| 134         | BANASZEWSKA<br>Aleksandra  | 663           |   | 20-29                  | 31              | Tak           |                      |                          |   | 00:00:08                     | 00:10:34                      | 00:26:42.45           | 00:26:50.85  | +00:07:42       | 5:20          | 11.2 |
| 135         | CHROBOK Józefa             | 251           | OLZA CIESZYN                            | 40-49                  | 41              |               |                      |                          | Olza Cieszyn                                  | 00:00:10                     | 00:10:59                      | 00:26:43.00           | 00:26:53.10  | +00:07:43       | 5:20          | 11.2 |
| 136         | ZAWIŚLAK-MOROZ<br>Sylwia   | 984           | BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU   | 30-39                  | 49              | Tak           |                      |                          | Bank<br>Spółdzielczy w<br>Jastrzębiu-Zdroju   | 00:00:05                     | 00:10:56                      | 00:26:43.20           | 00:26:48.90  | +00:07:43       | 5:20          | 11.2 |
| 137         | PLEWNIA Irena              | 1259          | FORMA WODZISŁAW ŚLĄSKI                  | 30-39                  | 50              |               |                      |                          |   | 00:00:11                     | 00:11:09                      | 00:26:43.60           | 00:26:55.10  | +00:07:43       | 5:20          | 11.2 |
| 138         | RYSZKOWSKA<br>Dorota       | 508           | BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ         | 30-39                  | 51              |               |                      |                          | Olza Cieszyn                                  | 00:00:14                     | 00:11:22                      | 00:26:45.80           | 00:27:00.60  | +00:07:46       | 5:21          | 11.2 |
| 139         | SZTABLA Liliana            | 65            |   | 40-49                  | 42              | Tak           | Rodzinne<br>Bieganie | Sisters                  |   | 00:00:14                     | 00:11:17                      | 00:26:48.05           | 00:27:02.50  | +00:07:48       | 5:21          | 11.2 |
| 140         | SAGAN Izabela              | 981           | BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU   | 30-39                  | 52              | Tak           |                      |                          | Bank<br>Spółdzielczy w<br>Jastrzębiu-Zdroju   | 00:00:20                     | 00:11:18                      | 00:26:51.25           | 00:27:11.30  | +00:07:51       | 5:22          | 11.2 |
| 141         | KAZIMIERCZUK<br>Monika     | 189           |   | 30-39                  | 53              |               |                      |                          |   | 00:00:17                     | 00:11:29                      | 00:26:51.65           | 00:27:08.65  | +00:07:51       | 5:22          | 11.2 |
| 142         | MAZUR-RUBINSKA<br>Milena   | 316           | MIECHOWICKA GRUPA BIEGOWA               | 30-39                  | 54              |               |                      |                          | Miechowska<br>Grupa Biegowa                   | 00:00:21                     | 00:11:48                      | 00:26:53.70           | 00:27:15.10  | +00:07:53       | 5:22          | 11.2 |
| 143         | WĘŻOWICZ Ewa               | 69            |   | 40-49                  | 43              |               |                      |                          |   | 00:00:15                     | 00:11:16                      | 00:26:53.85           | 00:27:09.40  | +00:07:54       | 5:22          | 11.2 |
| 144         | KOSMALA-<br>LANDZIŃSKA Ewa | 139           |   | 30-39                  | 55              |               |                      |                          |   | 00:00:12                     | 00:11:42                      | 00:26:53.90           | 00:27:06.60  | +00:07:54       | 5:22          | 11.2 |
| 145         | ZARAŃSKA Izabela           | 184           | MIECHOWICKA GRUPA BIEGOWA               | 40-49                  | 44              |               |                      |                          | Miechowska<br>Grupa Biegowa                   | 00:00:21                     | 00:11:30                      | 00:26:55.30           | 00:27:17.25  | +00:07:55       | 5:23          | 11.1 |
| 146         | BEDNAREK Sylwia            | 819           | OLZA CIESZYN                            | 30-39                  | 56              |               |                      |                          | Olza Cieszyn                                  | 00:00:16                     | 00:11:43                      | 00:26:55.90           | 00:27:12.55  | +00:07:56       | 5:23          | 11.1 |
| 147         | NALEWAJKA<br>Wioleta       | 95            | KOBIETY NA 5+                           | 40-49                  | 45              | Tak           |                      |                          | Kobiety na 5+                                 | 00:00:13                     | 00:11:39                      | 00:26:56.35           | 00:27:09.45  | +00:07:56       | 5:23          | 11.1 |
| 148         | WRUCHA Sylwia              | 625           |   | 30-39                  | 57              | Tak           |                      |                          |   | 00:00:18                     | 00:11:47                      | 00:26:57.10           | 00:27:15.25  | +00:07:57       | 5:23          | 11.1 |
| 149         | BANAŚ Justyna              | 736           | ŚWIRY STELA                             | 30-39                  | 58              |               |                      |                          |   | 00:00:09                     | 00:11:24                      | 00:26:58.00           | 00:27:07.05  | +00:07:58       | 5:23          | 11.1 |
| 150         | RÓŻYCKA Wiola              | 1250          |   | 30-39                  | 59              |               |                      |                          |   | 00:00:07                     | 00:10:58                      | 00:26:58.45           | 00:27:05.80  | +00:07:58       | 5:23          | 11.1 |
| 151         | GRUSZKA Ewa                | 857           | STS BIEGATON MIKOŁÓW                    | 40-49                  | 46              |               |                      |                          | STS BIEGATON<br>Mikołów                       | 00:00:12                     | 00:11:33                      | 00:27:00.00           | 00:27:12.55  | +00:08:00       | 5:24          | 11.1 |

| Msc/<br>Rnk | Zawodnik/<br>Name        | Numer/<br>Bib | Klub/ Team                                  | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny  | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                            | Czas                 |          | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |                      |                       |
|-------------|--------------------------|---------------|---|------------------------|-----------------|---------------|-------------------|--------------------------|---|----------------------|----------|--------------|-----------------|---------------|----------------------|-----------------------|
|             |                          |               |   |                        |                 |               |                   |                          |   | startu/Start<br>time | 2.5km    |              |                 |               | Czas<br>netto<br>5km | Czas<br>brutto<br>5km |
| 152         | KRAKOWCZYK Karolina      | 1016          |   | 30-39                  | 60              |               |                   |                          |   | 00:00:13             | 00:11:22 | 00:27:00.05  | 00:27:13.35     | +00:08:00     | 5:24                 | 11.1                  |
| 153         | GENSTY Klaudia           | 372           | DYSTANS LUBOMIA                             | 40-49                  | 47              |               |                   |                          |   | 00:00:13             | 00:11:40 | 00:27:05.65  | 00:27:19.55     | +00:08:05     | 5:25                 | 11.1                  |
| 154         | RAZIUK Agnieszka         | 1108          |   | 30-39                  | 61              |               |                   |                          |   | 00:00:14             | 00:11:19 | 00:27:06.70  | 00:27:20.85     | +00:08:06     | 5:25                 | 11.1                  |
| 155         | KACZKOWSKA Julita        | 483           | HRMAX ŻORY                                  | 30-39                  | 62              |               |                   |                          | HRmax Dziolszki                             | 00:00:05             | 00:10:40 | 00:27:06.80  | 00:27:12.25     | +00:08:07     | 5:25                 | 11.1                  |
| 156         | MRACHACZ Dorota          | 782           | MIECHOWICKA GRUPA BIEGOWA                   | 40-49                  | 48              |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:23             | 00:11:49 | 00:27:07.65  | 00:27:31.55     | +00:08:07     | 5:25                 | 11.1                  |
| 157         | HANDZLIK-STARZYK Anna    | 1007          |   | 40-49                  | 49              |               |                   |                          |   | 00:00:17             | 00:11:50 | 00:27:08.90  | 00:27:26.40     | +00:08:09     | 5:25                 | 11                    |
| 158         | BOŻEK Bernadeta          | 1151          | KOBIETY NA 5+                               | 30-39                  | 63              |               |                   |                          | Drużyna Kobiety na 5+                       | 00:00:23             | 00:11:33 | 00:27:09.05  | 00:27:32.70     | +00:08:09     | 5:25                 | 11                    |
| 159         | WERNIK Katarzyna         | 585           | BESTFITCLUB RYBNIK                          | 40-49                  | 50              |               |                   |                          |   | 00:00:10             | 00:11:30 | 00:27:10.60  | 00:27:20.70     | +00:08:10     | 5:26                 | 11                    |
| 160         | ZIELIŃSKA Karolina       | 256           |   | 20-29                  | 32              | Tak           | SZATANY           | Sisters                  |   | 00:00:09             | 00:11:06 | 00:27:11.10  | 00:27:20.70     | +00:08:11     | 5:26                 | 11                    |
| 161         | SEBEROVA Kler            | 1164          |   | 20-29                  | 33              |               |                   |                          |   | 00:00:09             | 00:11:09 | 00:27:11.50  | 00:27:21.15     | +00:08:11     | 5:26                 | 11                    |
| 162         | BRODA Kamila             | 22            |   | 20-29                  | 34              |               |                   |                          |   | 00:00:15             | 00:11:16 | 00:27:14.90  | 00:27:30.00     | +00:08:15     | 5:27                 | 11                    |
| 163         | WILCZEK Monika           | 709           |   | 50-59                  | 6               |               | Marszałki&Wilczki | Matka + Córka            |   | 00:00:01             | 00:11:21 | 00:27:17.00  | 00:27:18.45     | +00:08:17     | 5:27                 | 11                    |
| 164         | KONIECZNY Sandra         | 682           | DYCUŚ TEAM                                  | 20-29                  | 35              |               |                   |                          | Dyczuś Team                                 | 00:00:30             | 00:12:01 | 00:27:17.55  | 00:27:47.85     | +00:08:17     | 5:27                 | 11                    |
| 165         | SZULC Barbara            | 117           | MIECHOWICKA GRUPA BIEGOWA                   | 60+                    | 2               |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:06             | 00:11:13 | 00:27:17.95  | 00:27:24.85     | +00:08:18     | 5:27                 | 11                    |
| 166         | GÓRA Marta               | 48            |   | 30-39                  | 64              | Tak           | Siostrunie        | Sisters                  |   | 00:00:05             | 00:11:06 | 00:27:18.15  | 00:27:23.45     | +00:08:18     | 5:27                 | 11                    |
| 167         | BOJDA Brygida            | 800           | ŚWIRY STELA                                 | 40-49                  | 51              |               |                   |                          | Świry Stela                                 | 00:00:11             | 00:11:24 | 00:27:18.60  | 00:27:29.90     | +00:08:18     | 5:27                 | 11                    |
| 168         | TIEBLER Marlena          | 860           | STS BIEGATON MIKOŁÓW                        | 30-39                  | 65              |               |                   |                          | STS BIEGATON Mikołów                        | 00:00:12             | 00:11:46 | 00:27:19.30  | 00:27:32.15     | +00:08:19     | 5:28                 | 11                    |
| 169         | PAWLIK Agata             | 388           |   | 20-29                  | 36              | Tak           | Pawlik            | Matka + Córka            |   | 00:00:03             | 00:10:58 | 00:27:23.75  | 00:27:27.65     | +00:08:23     | 5:28                 | 10.9                  |
| 170         | STASZEWSKA Marta         | 1153          | MORSY NA KOKSIE                             | 30-39                  | 66              |               |                   |                          | MORSY NA KOKSIE                             | 00:00:11             | 00:11:13 | 00:27:23.90  | 00:27:35.80     | +00:08:24     | 5:28                 | 10.9                  |
| 171         | ZAMOJSKA Iwona           | 46            | MIECHOWICKA GRUPA BIEGOWA                   | 40-49                  | 52              |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:05             | 00:11:15 | 00:27:25.40  | 00:27:31.35     | +00:08:25     | 5:29                 | 10.9                  |
| 172         | JASNOCH Bogumiła         | 714           |   | 60+                    | 3               |               | Super Tandem      | Matka + Córka            |   | 00:00:04             | 00:11:25 | 00:27:27.20  | 00:27:31.60     | +00:08:27     | 5:29                 | 10.9                  |
| 173         | KANIA Monika             | 635           |   | 30-39                  | 67              |               |                   |                          | Smoczy Gang                                 | 00:00:16             | 00:11:57 | 00:27:28.35  | 00:27:45.25     | +00:08:28     | 5:29                 | 10.9                  |
| 174         | MARYNIAK Ewelina         | 239           | MIECHOWICKA GRUPA BIEGOWA/ CIDRY LOTAJOM    | 30-39                  | 68              |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:05             | 00:11:44 | 00:27:30.25  | 00:27:36.00     | +00:08:30     | 5:30                 | 10.9                  |
| 175         | KRUPA-SZCZĘSNY Izabela   | 231           | #CZELADZBIEGA                               | 40-49                  | 53              |               |                   |                          | #czeladzbiega                               | 00:00:31             | 00:11:47 | 00:27:31.35  | 00:28:02.65     | +00:08:31     | 5:30                 | 10.9                  |
| 176         | SOBCZAK Beata            | 86            |   | 40-49                  | 54              |               |                   |                          |   | 00:00:13             | 00:11:22 | 00:27:31.75  | 00:27:45.60     | +00:08:31     | 5:30                 | 10.9                  |
| 177         | SIEGMUND Jolanta         | 473           | KOBIETY NA 5+                               | 40-49                  | 55              | Tak           |                   |                          | Kobiety na 5+                               | 00:00:10             | 00:10:46 | 00:27:32.15  | 00:27:42.40     | +00:08:32     | 5:30                 | 10.9                  |
| 178         | KLIMEK-KARAS Sylwia      | 419           | ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE | 40-49                  | 56              |               |                   |                          | Rozbiegamy To Miasto - Czechowice-Dziedzice | 00:00:13             | 00:11:51 | 00:27:32.70  | 00:27:46.65     | +00:08:32     | 5:30                 | 10.9                  |
| 179         | RUCKA Ela                | 1091          | BIELSZCZANKI BIEGAJĄ                        | 30-39                  | 69              |               |                   |                          | BB Bielszczanki Biegają                     | 00:00:06             | 00:11:13 | 00:27:34.10  | 00:27:40.60     | +00:08:34     | 5:30                 | 10.9                  |
| 180         | BIZOŃ Monika             | 452           | DYSTANS LUBOMIA                             | 30-39                  | 70              |               |                   |                          |   | 00:00:13             | 00:11:58 | 00:27:34.70  | 00:27:47.80     | +00:08:34     | 5:30                 | 10.9                  |
| 181         | JURCZYKOWSKA KOSIK Iwona | 1247          | ZABIEGANI                                   | 40-49                  | 57              |               |                   |                          |   | 00:00:19             | 00:11:50 | 00:27:34.95  | 00:27:54.35     | +00:08:35     | 5:31                 | 10.9                  |
| 182         | KOSMALA Stanisława       | 1046          |   | 60+                    | 4               |               |                   |                          |   | 00:00:03             | 00:11:33 | 00:27:35.75  | 00:27:39.10     | +00:08:35     | 5:31                 | 10.9                  |
| 183         | BOGACZ Aneta             | 402           | KĘCKIE HARPAGANY                            | 30-39                  | 71              |               |                   |                          | Kolorowa Drużyna Nessi                      | 00:00:13             | 00:11:59 | 00:27:37.75  | 00:27:51.10     | +00:08:37     | 5:31                 | 10.9                  |
| 184         | CZAPLA Marzena           | 1064          | BIELSZCZANKI BIEGAJĄ                        | 30-39                  | 72              |               |                   |                          | BB Bielszczanki Biegają                     | 00:00:12             | 00:11:27 | 00:27:38.10  | 00:27:50.20     | +00:08:38     | 5:31                 | 10.9                  |
| 185         | JAWOREK Monika           | 521           |   | 30-39                  | 73              |               |                   |                          |   | 00:00:28             | 00:11:48 | 00:27:38.40  | 00:28:06.65     | +00:08:38     | 5:31                 | 10.9                  |

| Msc/<br>Rnk | Zawodnik/<br>Name           | Numer/<br>Bib | Klub/ Team                      | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                   | Czas<br>startu/Start<br>time | Czas<br>netto<br>2.5km<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |      |
|-------------|-----------------------------|---------------|---------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|------------------------------------|------------------------------|-------------------------------|-----------------------|--------------|-----------------|---------------|------|
| 186         | BRZUSKA Kasia               | 59            | OLZA CIESZYN                    | 40-49                  | 58              |               |                  |                          | Olza Cieszyn                       | 00:00:10                     | 00:11:40                      | 00:27:42.10           | 00:27:52.25  | +00:08:42       | 5:32          | 10.8 |
| 187         | WILCZEK Bogusława           | 491           | STS BIEGATON MIKOŁÓW            | 50-59                  | 7               |               |                  |                          | STS BIEGATON Mikołów               | 00:00:10                     | 00:11:40                      | 00:27:42.90           | 00:27:53.45  | +00:08:43       | 5:32          | 10.8 |
| 188         | MATUSZEWSKA Katarzyna       | 509           | OPEL ACTIVE TEAM                | 40-49                  | 59              |               |                  |                          |                                    | 00:00:13                     | 00:11:48                      | 00:27:45.20           | 00:27:58.75  | +00:08:45       | 5:33          | 10.8 |
| 189         | KAMIŃSKA Ewelina            | 1115          |                                 | 30-39                  | 74              |               | Gregory Team     | Sisters                  |                                    | 00:00:24                     | 00:11:42                      | 00:27:45.80           | 00:28:10.25  | +00:08:46       | 5:33          | 10.8 |
| 190         | KAMIŃSKA Natalia            | 563           |                                 | 20-29                  | 37              | Tak           |                  |                          | Byle Do Mety                       | 00:00:39                     | 00:12:20                      | 00:27:46.10           | 00:28:25.90  | +00:08:46       | 5:33          | 10.8 |
| 191         | JURASZEK Elzbieta           | 982           |                                 | 30-39                  | 75              |               |                  |                          | JustFeelFIT TEAM                   | 00:00:28                     | 00:11:57                      | 00:27:46.30           | 00:28:14.35  | +00:08:46       | 5:33          | 10.8 |
| 192         | WIECHOWSKA Sabina           | 240           |                                 | 30-39                  | 76              |               |                  |                          |                                    | 00:00:09                     | 00:11:22                      | 00:27:46.85           | 00:27:56.65  | +00:08:47       | 5:33          | 10.8 |
| 193         | WYSOCKA Grażyna             | 970           | KS M.E.T.A.                     | 40-49                  | 60              |               |                  |                          | KS M.E.T.A.                        | 00:00:47                     | 00:11:37                      | 00:27:46.85           | 00:28:34.45  | +00:08:47       | 5:33          | 10.8 |
| 194         | HOJKA Gabriela              | 615           |                                 | 40-49                  | 61              |               |                  |                          |                                    | 00:00:15                     | 00:11:40                      | 00:27:47.10           | 00:28:02.15  | +00:08:47       | 5:33          | 10.8 |
| 195         | GÓRECKA Iwona               | 392           |                                 | 30-39                  | 77              |               |                  |                          |                                    | 00:00:30                     | 00:12:27                      | 00:27:47.95           | 00:28:18.25  | +00:08:48       | 5:33          | 10.8 |
| 196         | SKRZYPOSZEK Małgorzata      | 128           |                                 | 40-49                  | 62              |               |                  |                          |                                    | 00:00:18                     | 00:11:50                      | 00:27:48.30           | 00:28:06.85  | +00:08:48       | 5:33          | 10.8 |
| 197         | TRZYBULSKA Klaudia          | 237           | DRUŻYNA ING                     | 20-29                  | 38              |               |                  |                          |                                    | 00:00:07                     | 00:11:14                      | 00:27:48.85           | 00:27:56.60  | +00:08:49       | 5:33          | 10.8 |
| 198         | MUSIAŁ Wioletta             | 875           | GB GALOPUJĄCE ŚLIMAKI           | 30-39                  | 78              | Tak           |                  |                          | GB Galopujące Ślimaki              | 00:00:08                     | 00:11:23                      | 00:27:49.00           | 00:27:57.90  | +00:08:49       | 5:33          | 10.8 |
| 199         | SKORUPA Magdalena           | 154           |                                 | 20-29                  | 39              |               |                  |                          |                                    | 00:00:24                     | 00:12:19                      | 00:27:49.40           | 00:28:13.65  | +00:08:49       | 5:33          | 10.8 |
| 200         | BARAN Irena                 | 592           | SZARE MORSY                     | 50-59                  | 8               | Tak           |                  |                          |                                    | 00:00:18                     | 00:11:37                      | 00:27:50.05           | 00:28:08.55  | +00:08:50       | 5:34          | 10.8 |
| 201         | WITKOWSKA Ania              | 89            | KLUB KRÓLIKA STEFANA            | 30-39                  | 79              |               |                  |                          |                                    | 00:00:25                     | 00:12:24                      | 00:27:50.15           | 00:28:15.45  | +00:08:50       | 5:34          | 10.8 |
| 202         | WIENCEK Ania                | 300           | LET'S GO SUSZECKA GRUPA BIEGOWA | 20-29                  | 40              |               |                  |                          |                                    | 00:00:22                     | 00:12:26                      | 00:27:50.30           | 00:28:12.95  | +00:08:50       | 5:34          | 10.8 |
| 203         | SZCZEPANIK Joanna           | 805           | MIECHOWICKA GRUPA BIEGOWA       | 30-39                  | 80              |               | Twins            | Sisters                  | Miechowicka Grupa Biegowa          | 00:00:04                     | 00:11:45                      | 00:27:50.45           | 00:27:55.00  | +00:08:50       | 5:34          | 10.8 |
| 204         | SNOCHOWSKA Gabriela         | 92            | RETRO RUNNERS                   | 30-39                  | 81              |               |                  |                          |                                    | 00:00:09                     | 00:12:12                      | 00:27:50.75           | 00:28:00.20  | +00:08:50       | 5:34          | 10.8 |
| 205         | COFALIK Gabriela            | 575           |                                 | 40-49                  | 63              |               | Świerklanioczki  | Matka + Córka            | Akademia Biegania w Świerklanach   | 00:00:14                     | 00:11:26                      | 00:27:50.85           | 00:28:05.30  | +00:08:51       | 5:34          | 10.8 |
| 206         | LIPKO Izabela               | 413           |                                 | 30-39                  | 82              |               |                  |                          |                                    | 00:00:20                     | 00:11:56                      | 00:27:52.45           | 00:28:12.50  | +00:08:52       | 5:34          | 10.8 |
| 207         | WAŁĘDZIK Anna               | 804           | MIECHOWICKA GRUPA BIEGOWA       | 30-39                  | 83              |               | Twins            | Sisters                  | Miechowicka Grupa Biegowa          | 00:00:04                     | 00:11:45                      | 00:27:52.75           | 00:27:57.05  | +00:08:52       | 5:34          | 10.8 |
| 208         | GARUS Magdalena             | 1229          | KOBIETY NA 5+                   | 40-49                  | 64              | Tak           |                  |                          |                                    | 00:00:02                     | 00:11:33                      | 00:27:54.80           | 00:27:57.25  | +00:08:55       | 5:35          | 10.7 |
| 209         | KUTYŁA Agnieszka            | 794           |                                 | 30-39                  | 84              | Tak           |                  |                          | NORW DLA DZIECI PRZY ZŁO'BETLEJEM" | 00:00:33                     | 00:12:04                      | 00:27:55.30           | 00:28:28.95  | +00:08:55       | 5:35          | 10.7 |
| 210         | KULAKOWSKA-ZAGÓRSKA Justyna | 795           |                                 | 30-39                  | 85              | Tak           |                  |                          | NORW DLA DZIECI PRZY ZŁO'BETLEJEM" | 00:00:33                     | 00:12:04                      | 00:27:55.30           | 00:28:28.95  | +00:08:55       | 5:35          | 10.7 |
| 211         | BĄKOWSKA Justyna            | 726           |                                 | 30-39                  | 86              |               |                  |                          | Kobiety na 5+                      | 00:00:00                     | 00:12:27                      | 00:27:55.80           | 00:27:55.80  | +00:08:56       | 5:35          | 10.7 |
| 212         | DOBRY Teresa                | 517           |                                 | 30-39                  | 87              |               |                  |                          |                                    | 00:00:24                     | 00:11:35                      | 00:27:57.20           | 00:28:21.90  | +00:08:57       | 5:35          | 10.7 |
| 213         | SZEWCZYK Agnieszka          | 1185          |                                 | 20-29                  | 41              |               |                  |                          |                                    | 00:00:02                     | 00:11:42                      | 00:27:58.10           | 00:28:00.75  | +00:08:58       | 5:35          | 10.7 |
| 214         | FRANEK Agata                | 925           |                                 | 30-39                  | 88              |               |                  |                          |                                    | 00:00:00                     | 00:11:44                      | 00:28:00.80           | 00:28:00.80  | +00:09:01       | 5:36          | 10.7 |
| 215         | SZYMCZAK Iwona              | 703           | SIOSTRY I&E                     | 40-49                  | 65              |               | Siostry I&E      | Sisters                  |                                    | 00:00:30                     | 00:12:18                      | 00:28:01.05           | 00:28:32.00  | +00:09:01       | 5:36          | 10.7 |
| 216         | KOSIACKA Agnieszka          | 672           |                                 | 30-39                  | 89              |               |                  |                          |                                    | 00:00:17                     | 00:11:37                      | 00:28:01.25           | 00:28:18.85  | +00:09:01       | 5:36          | 10.7 |
| 217         | ZALEĆKA Monika              | 938           |                                 | 30-39                  | 90              |               | Matko i córko    | Matka + Córka            |                                    | 00:00:10                     | 00:12:00                      | 00:28:01.55           | 00:28:12.05  | +00:09:01       | 5:36          | 10.7 |
| 218         | PERGOL Elzbieta             | 705           | SIOSTRY I&E                     | 30-39                  | 91              |               | Siostry I&E      | Sisters                  |                                    | 00:00:30                     | 00:12:18                      | 00:28:02.40           | 00:28:32.55  | +00:09:02       | 5:36          | 10.7 |
| 219         | KONIOR Basia                | 745           |                                 | 20-29                  | 42              |               | BKteam           | Sisters                  | Panieński Ady                      | 00:00:26                     | 00:12:05                      | 00:28:05.40           | 00:28:32.20  | +00:09:05       | 5:37          | 10.7 |

| Msc/<br>Rnk | Zawodnik/<br>Name                | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny          | Czas<br>startu/Start<br>time | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |      |
|-------------|----------------------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---------------------------|------------------------------|----------------------|-----------------------|--------------|-----------------|---------------|------|
| 220         | FOLTYN Bożena                    | 229           | OLZA CIESZYN              | 30-39                  | 92              |               |                  |                          | Olza Cieszyn              | 00:00:13                     | 00:11:58             | 00:28:05.90           | 00:28:19.80  | +00:09:06       | 5:37          | 10.7 |
| 221         | BURDZIK Katarzyna                | 176           |                           | 20-29                  | 43              | Tak           |                  |                          |                           | 00:00:07                     | 00:11:51             | 00:28:07.30           | 00:28:14.30  | +00:09:07       | 5:37          | 10.7 |
| 222         | KOPIEC Izabela                   | 681           | INTER ROPE TEAM           | 30-39                  | 93              |               |                  |                          |                           | 00:00:02                     | 00:11:23             | 00:28:08.65           | 00:28:11.15  | +00:09:08       | 5:37          | 10.7 |
| 223         | SZLAUER Magdalena                | 255           | OLZA CIESZYN              | 30-39                  | 94              |               |                  |                          | Olza Cieszyn              | 00:00:16                     | 00:11:49             | 00:28:10.40           | 00:28:27.25  | +00:09:10       | 5:38          | 10.6 |
| 224         | GRANICA Dani                     | 604           | DANI BIEGA BEZ GRANIC     | 40-49                  | 66              |               |                  |                          |                           | 00:00:02                     | 00:11:29             | 00:28:10.50           | 00:28:13.40  | +00:09:10       | 5:38          | 10.6 |
| 225         | TERESZYŃSKA Anna                 | 927           |                           | 30-39                  | 95              |               |                  |                          |                           | 00:00:02                     | 00:11:22             | 00:28:12.00           | 00:28:14.45  | +00:09:12       | 5:38          | 10.6 |
| 226         | BARON Aniela                     | 718           |                           | 50-59                  | 9               |               |                  |                          |                           | 00:00:04                     | 00:12:04             | 00:28:12.25           | 00:28:17.10  | +00:09:12       | 5:38          | 10.6 |
| 227         | KRYSKA Eliza                     | 1071          | BB BIELSZCZANKI BIEGAJĄ   | 30-39                  | 96              |               |                  |                          | Tak                       | 00:00:12                     | 00:11:27             | 00:28:13.05           | 00:28:25.45  | +00:09:13       | 5:38          | 10.6 |
| 228         | ŁUKASZEWSKA Agnieszka            | 778           | STS BIEGATON MIKOŁÓW      | 40-49                  | 67              |               |                  |                          | STS BIEGATON Mikołów      | 00:00:12                     | 00:11:52             | 00:28:14.80           | 00:28:27.55  | +00:09:15       | 5:39          | 10.6 |
| 229         | FILIK Anna                       | 282           | #CZELADZBIEGA             | 20-29                  | 44              |               |                  |                          | #czeladzbiega             | 00:00:30                     | 00:11:44             | 00:28:15.00           | 00:28:45.70  | +00:09:15       | 5:39          | 10.6 |
| 230         | KAPLON Wioletta                  | 1191          |                           | 30-39                  | 97              |               |                  |                          |                           | 00:00:24                     | 00:11:57             | 00:28:15.25           | 00:28:39.85  | +00:09:15       | 5:39          | 10.6 |
| 231         | HERUD Magdalena                  | 1075          | EKO-OKNA RUNNERS          | 30-39                  | 98              |               |                  |                          |                           | 00:00:10                     | 00:11:24             | 00:28:15.35           | 00:28:25.35  | +00:09:15       | 5:39          | 10.6 |
| 232         | BAJCAR Beata                     | 488           | KOBIETY NA 5+             | 40-49                  | 68              |               | Lisice           | Sisters                  | Kobiety na 5+             | 00:00:17                     | 00:12:08             | 00:28:15.70           | 00:28:33.10  | +00:09:15       | 5:39          | 10.6 |
| 233         | STABLA Agata                     | 1047          |                           | 30-39                  | 99              |               |                  |                          |                           | 00:00:11                     | 00:12:13             | 00:28:18.20           | 00:28:29.90  | +00:09:18       | 5:39          | 10.6 |
| 234         | GIEDWIŁŁO Marta                  | 529           | KOLOROWA DRUŻYNA NESSI    | 30-39                  | 100             |               |                  |                          | Kolorowa Drużyna Nessi    | 00:00:20                     | 00:12:20             | 00:28:23.00           | 00:28:43.65  | +00:09:23       | 5:40          | 10.6 |
| 235         | IMIÓŁCZYK Izabela                | 212           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 69              |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:05                     | 00:11:49             | 00:28:23.15           | 00:28:29.05  | +00:09:23       | 5:40          | 10.6 |
| 236         | ZIELIŃSKA Anna                   | 1228          | MIECHOWICKA GRUPA BIEGOWA | 30-39                  | 101             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:05                     | 00:11:49             | 00:28:23.45           | 00:28:29.05  | +00:09:23       | 5:40          | 10.6 |
| 237         | DAJKA Barbara                    | 406           |                           | 30-39                  | 102             |               | Dwie frele       | Sisters                  |                           | 00:00:27                     | 00:12:47             | 00:28:24.00           | 00:28:51.00  | +00:09:24       | 5:40          | 10.6 |
| 238         | GABRYEL Danuta                   | 295           | MIECHOWICKA GRUPA BIEGOWA | 50-59                  | 10              |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:21                     | 00:11:51             | 00:28:24.65           | 00:28:45.75  | +00:09:24       | 5:40          | 10.6 |
| 239         | GRABIAŃSKA Katarzyna             | 1182          | VIKING TRAINING CENTER    | 30-39                  | 103             |               |                  |                          |                           | 00:00:21                     | 00:12:48             | 00:28:26.00           | 00:28:47.95  | +00:09:26       | 5:41          | 10.6 |
| 240         | SOKÓL-OLEŚ Ewelina               | 382           | RUNTEAM PAWŁOWICE         | 40-49                  | 70              |               |                  |                          | Runteam Pawlowice         | 00:00:03                     | 00:11:25             | 00:28:26.50           | 00:28:30.00  | +00:09:26       | 5:41          | 10.5 |
| 241         | KOMOROWSKA Żaneta                | 121           |                           | 30-39                  | 104             |               |                  |                          | Inter Rope Team           | 00:00:24                     | 00:12:50             | 00:28:26.65           | 00:28:51.55  | +00:09:26       | 5:41          | 10.5 |
| 242         | KOBA Natalia                     | 1264          |                           | 20-29                  | 45              | Tak           |                  |                          |                           | 00:00:20                     | 00:12:07             | 00:28:26.80           | 00:28:47.40  | +00:09:27       | 5:41          | 10.5 |
| 243         | STOLARCZYK Aleksandra            | 1059          | RUNTEAM PAWŁOWICE         | 30-39                  | 105             |               |                  |                          | Runteam Pawlowice         | 00:00:08                     | 00:11:50             | 00:28:27.75           | 00:28:36.15  | +00:09:27       | 5:41          | 10.5 |
| 244         | PIŃKOWSKA Patrycja               | 771           | BB BIELSZCZANKI BIEGAJĄ   | 30-39                  | 106             |               |                  |                          | BB Bielszczanki Biegają   | 00:00:36                     | 00:12:17             | 00:28:29.30           | 00:29:05.95  | +00:09:29       | 5:41          | 10.5 |
| 245         | GRABARCZYK-TIERIENTIEW Agnieszka | 455           |                           | 30-39                  | 107             | Tak           |                  |                          |                           | 00:00:09                     | 00:11:39             | 00:28:29.55           | 00:28:38.85  | +00:09:29       | 5:41          | 10.5 |
| 246         | KAISER-CHROMIK Beata             | 414           |                           | 40-49                  | 71              |               |                  |                          |                           | 00:00:06                     | 00:11:33             | 00:28:31.25           | 00:28:37.50  | +00:09:31       | 5:42          | 10.5 |
| 247         | BINIENDA Agnieszka               | 1069          |                           | 30-39                  | 108             |               |                  |                          |                           | 00:00:30                     | 00:12:29             | 00:28:32.10           | 00:29:02.80  | +00:09:32       | 5:42          | 10.5 |
| 248         | MUSIOL Helena                    | 168           |                           | 40-49                  | 72              |               |                  |                          |                           | 00:00:13                     | 00:11:34             | 00:28:35.45           | 00:28:48.50  | +00:09:35       | 5:43          | 10.5 |
| 249         | GAWELCZYK Marta                  | 1218          | CE PROGRESS               | 30-39                  | 109             |               |                  |                          | CE PROGRESS               | 00:00:31                     | 00:12:32             | 00:28:35.55           | 00:29:07.35  | +00:09:35       | 5:43          | 10.5 |
| 250         | BIELA Małgorzata                 | 275           | KOBIETY NA 5+             | 40-49                  | 73              | Tak           |                  |                          | Kobiety na 5+             | 00:00:14                     | 00:11:40             | 00:28:36.85           | 00:28:51.75  | +00:09:37       | 5:43          | 10.5 |
| 251         | BUREK Gabriela                   | 405           |                           | 30-39                  | 110             |               | Dwie frele       | Sisters                  |                           | 00:00:25                     | 00:12:50             | 00:28:37.45           | 00:29:03.10  | +00:09:37       | 5:43          | 10.5 |
| 252         | ZELENT Karolina                  | 147           |                           | 20-29                  | 46              | Tak           |                  |                          |                           | 00:00:21                     | 00:12:11             | 00:28:37.55           | 00:28:59.50  | +00:09:37       | 5:43          | 10.5 |
| 253         | DAICZMANEK Aleksandra            | 596           |                           | 30-39                  | 111             |               | Olala            | Sisters                  |                           | 00:00:18                     | 00:12:18             | 00:28:41.00           | 00:28:59.85  | +00:09:41       | 5:44          | 10.5 |
| 254         | RAJWA Magdalena                  | 1005          |                           | 20-29                  | 47              |               |                  |                          |                           | 00:00:08                     | 00:11:24             | 00:28:42.05           | 00:28:50.15  | +00:09:42       | 5:44          | 10.5 |



| Msc/<br>Rnk | Zawodnik/<br>Name              | Numer/<br>Bib | Klub/ Team                      | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                          | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|--------------------------------|---------------|---------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 255         | GIBAS Amanda                   | 317           | FARTLECZKI                      | 30-39                  | 112             | Tak           |                  |                          | Klub Biegacza<br>Fartlek                  | 00:00:25                     | 00:12:31      | 00:28:43.50          | 00:29:08.75           | +00:09:43    | 5:44            | 10.4          |
| 256         | ŁACNY Angelika                 | 737           | KOLOROWA DRUŻYNA NESSI          | 30-39                  | 113             |               |                  |                          | Kolorowa<br>Drużyna Nessi                 | 00:00:09                     | 00:12:28      | 00:28:45.10          | 00:28:54.15           | +00:09:45    | 5:45            | 10.4          |
| 257         | HERCHEL Marzena                | 698           | LET'S GO SUSZECKA GRUPA BIEGOWA | 40-49                  | 74              |               |                  |                          |   | 00:00:22                     | 00:12:26      | 00:28:49.50          | 00:29:11.55           | +00:09:49    | 5:45            | 10.4          |
| 258         | OKOŃ Monika                    | 161           |                                 | 40-49                  | 75              |               |                  |                          |   | 00:00:22                     | 00:12:42      | 00:28:50.10          | 00:29:12.95           | +00:09:50    | 5:46            | 10.4          |
| 259         | SIWY Justyna                   | 167           |                                 | 30-39                  | 114             |               |                  |                          |   | 00:00:23                     | 00:12:41      | 00:28:50.15          | 00:29:13.20           | +00:09:50    | 5:46            | 10.4          |
| 260         | BARTOSIK Monika                | 1160          | #CZELADZBIEGA                   | 30-39                  | 115             |               |                  |                          | #czeladzbiega                             | 00:00:30                     | 00:12:46      | 00:28:51.80          | 00:29:21.95           | +00:09:52    | 5:46            | 10.4          |
| 261         | CASTILLO-<br>ŻARCZYŃSKI Luz    | 351           | ULTRA BESKID SPORT              | 50-59                  | 11              |               |                  |                          | BB Bielszczanki<br>Biegają                | 00:00:36                     | 00:12:36      | 00:28:52.15          | 00:29:28.60           | +00:09:52    | 5:46            | 10.4          |
| 262         | ŁOZIŃSKA Edyta                 | 375           | MIECHOWICJA GRUPA BIEGOWA       | 30-39                  | 116             |               |                  |                          | Miechowska<br>Grupa Biegowa               | 00:00:05                     | 00:11:44      | 00:28:52.70          | 00:28:57.90           | +00:09:52    | 5:46            | 10.4          |
| 263         | SZOJDA Paulina                 | 75            | VIKING TRAINING CENTER          | 30-39                  | 117             |               |                  |                          |   | 00:00:33                     | 00:12:17      | 00:28:52.85          | 00:29:26.05           | +00:09:53    | 5:46            | 10.4          |
| 264         | BENSKA Krystyna                | 391           | MIECHOWICKA GRUPA BIEGOWA       | 60+                    | 5               |               |                  |                          | Miechowska<br>Grupa Biegowa               | 00:00:04                     | 00:11:50      | 00:28:54.30          | 00:28:58.45           | +00:09:54    | 5:46            | 10.4          |
| 265         | JĘDRUSIAK Lidia                | 1178          |                                 | 30-39                  | 118             |               |                  |                          | BB Bielszczanki<br>Biegają                | 00:00:00                     | 00:12:06      | 00:28:54.75          | 00:28:54.75           | +00:09:54    | 5:46            | 10.4          |
| 266         | GIEROŃ Katarzyna               | 378           | DYSTANS LUBOMIA                 | 30-39                  | 119             |               |                  |                          |   | 00:00:13                     | 00:12:23      | 00:28:55.05          | 00:29:08.75           | +00:09:55    | 5:47            | 10.4          |
| 267         | IWANEJKO Izabela               | 293           |                                 | 40-49                  | 76              |               |                  |                          |   | 00:00:16                     | 00:12:12      | 00:28:55.20          | 00:29:12.10           | +00:09:55    | 5:47            | 10.4          |
| 268         | RĘKAL Dorota                   | 888           |                                 | 50-59                  | 12              |               | Mama i Asia      | Matka + Córka            |   | 00:00:11                     | 00:12:06      | 00:28:55.95          | 00:29:07.65           | +00:09:56    | 5:47            | 10.4          |
| 269         | SMOLORZ Anna                   | 216           |                                 | 30-39                  | 120             |               |                  |                          |   | 00:00:43                     | 00:12:27      | 00:28:56.30          | 00:29:39.65           | +00:09:56    | 5:47            | 10.4          |
| 270         | SZENDERA-<br>ORSZULIK Zofia    | 793           |                                 | 30-39                  | 121             |               |                  |                          | NORW DLA<br>DZIECI PRZY<br>ZŁO"BTETLEJEM" | 00:00:06                     | 00:12:06      | 00:29:00.40          | 00:29:07.25           | +00:10:00    | 5:48            | 10.3          |
| 271         | SKOTNICKA<br>Urszula           | 1205          |                                 | 50-59                  | 13              | Tak           |                  |                          |   | 00:00:04                     | 00:11:34      | 00:29:02.05          | 00:29:06.90           | +00:10:02    | 5:48            | 10.3          |
| 272         | GWIZDAŁA<br>Dominika           | 140           |                                 | 20-29                  | 48              | Tak           |                  |                          |   | 00:00:30                     | 00:12:39      | 00:29:02.15          | 00:29:32.40           | +00:10:02    | 5:48            | 10.3          |
| 273         | FRANKOWSKA<br>Ania             | 102           | MIECHOWICKA GRUPA BIEGOWA       | 50-59                  | 14              |               |                  |                          | Miechowska<br>Grupa Biegowa               | 00:00:06                     | 00:11:37      | 00:29:05.40          | 00:29:11.65           | +00:10:05    | 5:49            | 10.3          |
| 274         | PANEK Ela                      | 269           | BIELSZCZANKI BIEGAJĄ            | 40-49                  | 77              |               |                  |                          | BB Bielszczanki<br>Biegają                | 00:00:09                     | 00:11:58      | 00:29:06.15          | 00:29:15.60           | +00:10:06    | 5:49            | 10.3          |
| 275         | PIECHOCZEK-<br>NIEZGODA Lucyna | 1103          |                                 | 40-49                  | 78              |               |                  |                          |   | 00:00:28                     | 00:12:48      | 00:29:06.30          | 00:29:35.20           | +00:10:06    | 5:49            | 10.3          |
| 276         | POREBSKA<br>Karolina           | 11            |                                 | 20-29                  | 49              | Tak           |                  |                          |   | 00:00:06                     | 00:11:14      | 00:29:06.95          | 00:29:13.75           | +00:10:07    | 5:49            | 10.3          |
| 277         | BIAŁOŃCZYK<br>Joanna           | 561           |                                 | 30-39                  | 122             |               | Mama i Asia      | Matka + Córka            | Byle Do Mety                              | 00:00:00                     | 00:12:17      | 00:29:07.70          | 00:29:07.70           | +00:10:07    | 5:49            | 10.3          |
| 278         | PIOTROWSKA<br>Anna             | 148           |                                 | 30-39                  | 123             |               |                  |                          |   | 00:00:26                     | 00:13:18      | 00:29:08.00          | 00:29:34.05           | +00:10:08    | 5:49            | 10.3          |
| 279         | POŁEDNIOK<br>Aleksandra        | 822           |                                 | 30-39                  | 124             | Tak           |                  |                          |   | 00:00:02                     | 00:11:39      | 00:29:08.15          | 00:29:10.65           | +00:10:08    | 5:49            | 10.3          |
| 280         | CISZAK Zofia                   | 1055          | MIECHOWICKA GRUPA BIEGOWA       | 40-49                  | 79              |               |                  |                          | Miechowska<br>Grupa Biegowa               | 00:00:04                     | 00:12:12      | 00:29:09.15          | 00:29:13.85           | +00:10:09    | 5:49            | 10.3          |
| 281         | REK Katarzyna                  | 837           | RADLINIOKI W BIEGU              | 40-49                  | 80              |               |                  |                          | Radlinioki w<br>biegu                     | 00:00:28                     | 00:12:24      | 00:29:09.30          | 00:29:37.55           | +00:10:09    | 5:49            | 10.3          |
| 282         | JUSZCZYK Izabela               | 459           |                                 | 20-29                  | 50              | Tak           |                  |                          |   | 00:00:29                     | 00:12:13      | 00:29:09.45          | 00:29:38.50           | +00:10:09    | 5:49            | 10.3          |
| 283         | NOWAK<br>Magdalena             | 665           | BWM                             | 20-29                  | 51              |               |                  |                          |   | 00:00:13                     | 00:12:26      | 00:29:10.45          | 00:29:24.40           | +00:10:10    | 5:50            | 10.3          |
| 284         | KUBIAK Edyta                   | 1230          |                                 | 20-29                  | 52              |               |                  |                          |   | 00:00:03                     | 00:12:22      | 00:29:11.05          | 00:29:14.05           | +00:10:11    | 5:50            | 10.3          |
| 285         | SITKO Agnieszka                | 851           | RADLINIOKI W BIEGU              | 30-39                  | 125             |               |                  |                          | Radlinioki w<br>biegu                     | 00:00:27                     | 00:12:23      | 00:29:11.95          | 00:29:39.75           | +00:10:12    | 5:50            | 10.3          |
| 286         | KRÓL Barbara                   | 18            | DECATHLON ŻORY                  | 20-29                  | 53              |               |                  |                          | Decathlon Żory                            | 00:00:24                     | 00:12:55      | 00:29:12.00          | 00:29:36.75           | +00:10:12    | 5:50            | 10.3          |
| 287         | CHOLAJDA Monika                | 1303          |                                 | 30-39                  | 126             |               |                  |                          |   | 00:00:16                     | 00:11:54      | 00:29:14.35          | 00:29:30.40           | +00:10:14    | 5:50            | 10.3          |
| 288         | BIAŁAS Ewa                     | 766           |                                 | 30-39                  | 127             |               |                  |                          |   | 00:00:28                     | 00:12:13      | 00:29:14.85          | 00:29:43.65           | +00:10:15    | 5:51            | 10.3          |

| Msc/<br>Rnk | Zawodnik/<br>Name         | Numer/<br>Bib | Klub/ Team                                       | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                 | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|---------------------------|---------------|--|------------------------|-----------------|---------------|------------------|--------------------------|--|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 289         | GLANOWSKA Kamila          | 446           | BB BIELSZCZANKI BIEGAJĄ                          | 20-29                  | 54              |               | Kamila i Hania   | Matka + Córka            | BB Bielszczanki Biegają                          | 00:00:30                     | 00:12:26      | 00:29:14.85          | 00:29:45.60           | +00:10:15    | 5:51            | 10.3          |
| 290         | HEJNA Izabela             | 846           | RADLINIOKI W BIEGU                               | 40-49                  | 81              |               |                  |                          | Radlinioki w biegu                               | 00:00:28                     | 00:13:02      | 00:29:15.05          | 00:29:43.15           | +00:10:15    | 5:51            | 10.3          |
| 291         | ROZMUS Marzena            | 588           | ŚWIERCZYNIC RUNNING                              | 40-49                  | 82              |               |                  |                          |  | 00:00:27                     | 00:12:47      | 00:29:15.15          | 00:29:42.35           | +00:10:15    | 5:51            | 10.3          |
| 292         | GWIZDAŁA Joanna           | 1214          |  | 30-39                  | 128             | Tak           |                  |                          |  | 00:00:23                     | 00:12:11      | 00:29:17.55          | 00:29:40.80           | +00:10:17    | 5:51            | 10.2          |
| 293         | SURMA Bożena              | 876           | KĘCKIE HARPAGANY                                 | 30-39                  | 129             |               |                  |                          | Kolorowa Drużyna Nessi                           | 00:00:13                     | 00:12:24      | 00:29:19.80          | 00:29:32.90           | +00:10:20    | 5:51            | 10.2          |
| 294         | HETMANIOK Agnieszka       | 1226          |  | 20-29                  | 55              | Tak           |                  |                          |  | 00:00:11                     | 00:11:58      | 00:29:19.90          | 00:29:31.70           | +00:10:20    | 5:52            | 10.2          |
| 295         | MAZUR Beata               | 621           | FANTASTIC ANIA SIKORA                            | 20-29                  | 56              |               |                  |                          | Fantastic Ania Sikora                            | 00:00:00                     | 00:12:43      | 00:29:19.95          | 00:29:19.95           | +00:10:20    | 5:51            | 10.2          |
| 296         | LEPA Klaudia              | 1126          |  | 16-19                  | 10              |               | Beata&Klaudia    | Matka + Córka            |  | 00:00:08                     | 00:11:24      | 00:29:20.30          | 00:29:28.55           | +00:10:20    | 5:52            | 10.2          |
| 297         | KUŚ Anna                  | 9             |  | 30-39                  | 130             |               |                  |                          |  | 00:00:10                     | 00:12:33      | 00:29:21.45          | 00:29:32.05           | +00:10:21    | 5:52            | 10.2          |
| 298         | PYTEL Renata              | 170           | ZESPÓŁ SZKÓŁ NR 6 IM. KRÓLA JANA III SOBIESKIEGO | 40-49                  | 83              |               |                  |                          | Zespół Szkół Nr 6 im. Króla Jana III Sobieskiego | 00:00:32                     | 00:12:18      | 00:29:21.70          | 00:29:54.35           | +00:10:21    | 5:52            | 10.2          |
| 299         | TRELA Dorota              | 995           | JUST FEEL FIT TEAM                               | 40-49                  | 84              |               |                  |                          | JustFeelFIT TEAM                                 | 00:00:29                     | 00:12:03      | 00:29:22.80          | 00:29:52.20           | +00:10:23    | 5:52            | 10.2          |
| 300         | SIENIAWSKA Janina         | 341           | KS KOZIOŁEK KĘDZIERZYN-KOŹLE                     | 60+                    | 6               |               |                  |                          |  | 00:00:17                     | 00:12:11      | 00:29:24.05          | 00:29:41.05           | +00:10:24    | 5:52            | 10.2          |
| 301         | WODECKA Sabina            | 209           | FORMA WODZISŁAW ŚLĄSKI                           | 40-49                  | 85              |               |                  |                          | Forma Wodzislaw Śląski                           | 00:00:05                     | 00:12:02      | 00:29:24.95          | 00:29:30.65           | +00:10:25    | 5:53            | 10.2          |
| 302         | POSTÓL Karolina           | 945           |  | 30-39                  | 131             |               |                  |                          |  | 00:00:04                     | 00:12:31      | 00:29:25.85          | 00:29:30.20           | +00:10:26    | 5:53            | 10.2          |
| 303         | STANISŁAWISZYN Małgorzata | 950           | NR   | 40-49                  | 86              | Tak           |                  |                          |  | 00:00:04                     | 00:12:32      | 00:29:26.00          | 00:29:30.10           | +00:10:26    | 5:53            | 10.2          |
| 304         | MUSIAŁ Maria              | 915           |  | 50-59                  | 15              |               | MUSIAŁKI         | Sisters                  |  | 00:00:38                     | 00:12:43      | 00:29:26.20          | 00:30:04.25           | +00:10:26    | 5:53            | 10.2          |
| 305         | PARCHAŃSKA Iwona          | 909           |  | 20-29                  | 57              |               |                  |                          |  | 00:00:16                     | 00:12:37      | 00:29:26.80          | 00:29:43.05           | +00:10:27    | 5:53            | 10.2          |
| 306         | PIECYK Adrianna           | 175           |  | 40-49                  | 87              |               |                  |                          |  | 00:00:14                     | 00:11:46      | 00:29:28.60          | 00:29:43.35           | +00:10:28    | 5:53            | 10.2          |
| 307         | ROSGA Anna                | 1142          |  | 40-49                  | 88              |               |                  |                          | Strong women                                     | 00:00:29                     | 00:12:35      | 00:29:29.55          | 00:29:59.25           | +00:10:29    | 5:54            | 10.2          |
| 308         | FRAJHOFER Ewa             | 983           | BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU            | 30-39                  | 132             | Tak           |                  |                          | Bank Spółdzielczy w Jastrzębiu-Zdroju            | 00:00:00                     | 00:12:10      | 00:29:31.05          | 00:29:31.05           | +00:10:31    | 5:54            | 10.2          |
| 309         | HABRAM Joanna             | 51            | FORMA WODZISŁAW ŚLĄSKI                           | 30-39                  | 133             |               |                  |                          |  | 00:00:21                     | 00:12:38      | 00:29:31.40          | 00:29:52.40           | +00:10:31    | 5:54            | 10.2          |
| 310         | CIMAŁA Katarzyna          | 306           |  | 20-29                  | 58              |               |                  |                          |  | 00:00:12                     | 00:11:51      | 00:29:32.25          | 00:29:44.35           | +00:10:32    | 5:54            | 10.2          |
| 311         | CEPUCHOWICZ Sylwia        | 810           | W POGONI ZA DUCHEM                               | 40-49                  | 89              |               |                  |                          |  | 00:00:14                     | 00:12:33      | 00:29:32.75          | 00:29:47.55           | +00:10:32    | 5:54            | 10.2          |
| 312         | ŻAK Joanna                | 841           |  | 30-39                  | 134             |               |                  |                          |  | 00:00:23                     | 00:12:38      | 00:29:34.00          | 00:29:57.00           | +00:10:34    | 5:54            | 10.1          |
| 313         | PRÓSZYŃSKA Agnieszka      | 567           |  | 30-39                  | 135             | Tak           |                  |                          |  | 00:00:27                     | 00:12:53      | 00:29:34.05          | 00:30:01.25           | +00:10:34    | 5:54            | 10.1          |
| 314         | SMOLIŃSKA Ilona           | 150           |  | 40-49                  | 90              |               |                  |                          |  | 00:00:00                     | 00:12:44      | 00:29:34.10          | 00:29:34.10           | +00:10:34    | 5:54            | 10.1          |
| 315         | BEDKA Daria               | 1237          |  | 30-39                  | 136             | Tak           |                  |                          |  | 00:00:18                     | 00:12:32      | 00:29:34.20          | 00:29:52.65           | +00:10:34    | 5:54            | 10.1          |
| 316         | SZCZERBAK Sabina          | 767           |  | 30-39                  | 137             |               |                  |                          |  | 00:00:12                     | 00:12:34      | 00:29:34.65          | 00:29:47.35           | +00:10:34    | 5:55            | 10.1          |
| 317         | LATA Beata                | 922           |  | 40-49                  | 91              |               |                  |                          |  | 00:00:15                     | 00:12:32      | 00:29:35.10          | 00:29:50.35           | +00:10:35    | 5:55            | 10.1          |
| 318         | CAPUTA Lucyna             | 1042          |  | 30-39                  | 138             |               |                  |                          | JustFeelFIT TEAM                                 | 00:00:27                     | 00:12:50      | 00:29:36.30          | 00:30:03.75           | +00:10:36    | 5:55            | 10.1          |
| 319         | KUŹNIK Ewa                | 1268          |  | 20-29                  | 59              |               |                  |                          |  | 00:00:13                     | 00:12:24      | 00:29:36.35          | 00:29:49.40           | +00:10:36    | 5:55            | 10.1          |
| 320         | URBAŃSKA Justyna          | 203           | MIECHOWICKA GRUPA BIEGOWA                        | 30-39                  | 139             |               |                  |                          | Miechowicka Grupa Biegowa                        | 00:00:31                     | 00:13:05      | 00:29:37.00          | 00:30:08.85           | +00:10:37    | 5:55            | 10.1          |
| 321         | BROCKA Anita              | 337           |  | 40-49                  | 92              |               |                  |                          |  | 00:00:27                     | 00:12:25      | 00:29:37.05          | 00:30:04.65           | +00:10:37    | 5:55            | 10.1          |
| 322         | GRONSKA Agnieszka         | 1090          |  | 40-49                  | 93              |               |                  |                          |  | 00:00:15                     | 00:12:34      | 00:29:37.50          | 00:29:53.20           | +00:10:37    | 5:55            | 10.1          |

| Msc/<br>Rnk | Zawodnik/<br>Name          | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                 | Czas                 |          | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |                      |                       |
|-------------|----------------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|--|----------------------|----------|--------------|-----------------|---------------|----------------------|-----------------------|
|             |                            |               |                           |                        |                 |               |                  |                          |  | startu/Start<br>time | 2.5km    |              |                 |               | Czas<br>netto<br>5km | Czas<br>brutto<br>5km |
| 323         | ZACHURZOK Ewelina          | 747           | OLZA CIESZYN              | 30-39                  | 140             |               |                  |                          | Olza Cieszyn                                     | 00:00:11             | 00:12:18 | 00:29:37.90  | 00:29:48.90     | +00:10:38     | 5:55                 | 10.1                  |
| 324         | DOBRAS Anna                | 287           | MIECHOWICKA GRUPA BIEGOWA | 30-39                  | 141             |               |                  |                          | Miechowicka Grupa Biegowa                        | 00:00:31             | 00:13:05 | 00:29:38.00  | 00:30:09.35     | +00:10:38     | 5:55                 | 10.1                  |
| 325         | JAKUBIK Edyta              | 101           |                           | 30-39                  | 142             | Tak           |                  |                          |  | 00:00:21             | 00:12:13 | 00:29:38.80  | 00:30:00.05     | +00:10:39     | 5:55                 | 10.1                  |
| 326         | WAJMAN-GRASZA Katarzyna    | 418           | STEP-DANCE RUN            | 30-39                  | 143             |               |                  |                          |  | 00:00:20             | 00:12:47 | 00:29:39.75  | 00:30:00.20     | +00:10:39     | 5:56                 | 10.1                  |
| 327         | TOMASZEWSKA Magdalena      | 1092          |                           | 40-49                  | 94              |               |                  |                          |  | 00:00:34             | 00:13:23 | 00:29:39.85  | 00:30:14.70     | +00:10:40     | 5:56                 | 10.1                  |
| 328         | TRZCIŃSKA Joanna           | 115           | KOBIETY NA 5+             | 20-29                  | 60              | Tak           |                  |                          | Kobiety na 5+                                    | 00:00:20             | 00:12:19 | 00:29:41.65  | 00:30:02.35     | +00:10:41     | 5:56                 | 10.1                  |
| 329         | JĘDRZEJEK Michalina        | 449           |                           | 40-49                  | 95              |               |                  |                          |  | 00:00:23             | 00:13:16 | 00:29:42.75  | 00:30:06.65     | +00:10:42     | 5:56                 | 10.1                  |
| 330         | FIZIA Joanna               | 96            | KOLOROWA DRUŻYNA NESSI    | 30-39                  | 144             |               |                  |                          | Kolorowa Drużyna Nessi                           | 00:00:16             | 00:12:54 | 00:29:46.55  | 00:30:02.90     | +00:10:46     | 5:57                 | 10.1                  |
| 331         | JUCHA Monika               | 891           | SZYBKIE ŻÓŁWIE            | 40-49                  | 96              |               |                  |                          | BB Bielszczanki Biegają                          | 00:00:23             | 00:12:25 | 00:29:46.90  | 00:30:10.85     | +00:10:47     | 5:57                 | 10.1                  |
| 332         | IZABELA Woźniak            | 13            | INTER ROPE TEAM           | 40-49                  | 97              |               |                  |                          | Inter Rope Team                                  | 00:00:08             | 00:12:26 | 00:29:47.80  | 00:29:56.50     | +00:10:48     | 5:57                 | 10.1                  |
| 333         | BARTOSIAK Dagmara          | 1246          |                           | 30-39                  | 145             | Tak           |                  |                          |  | 00:00:36             | 00:12:36 | 00:29:50.00  | 00:30:26.40     | +00:10:50     | 5:58                 | 10.1                  |
| 334         | PRZYBYŁA Kasia             | 775           |                           | 40-49                  | 98              |               |                  |                          |  | 00:00:14             | 00:12:30 | 00:29:50.20  | 00:30:04.80     | +00:10:50     | 5:58                 | 10.1                  |
| 335         | WIĘSEK Judyta              | 1232          | GWARKOWE DZIEWCZYNY       | 30-39                  | 146             | Tak           |                  |                          |  | 00:00:19             | 00:12:32 | 00:29:50.70  | 00:30:10.30     | +00:10:50     | 5:58                 | 10.1                  |
| 336         | GORAUS-GŁOWANIA Daria      | 110           | ADS MASNA                 | 20-29                  | 61              |               |                  |                          | ADS Masna  | 00:00:23             | 00:13:22 | 00:29:50.95  | 00:30:14.35     | +00:10:51     | 5:58                 | 10.1                  |
| 337         | KONDZIOŁKA Kinga           | 912           |                           | 16-19                  | 11              |               |                  |                          | Zespół Szkół Nr 6 im. Króla Jana III Sobieskiego | 00:00:12             | 00:12:47 | 00:29:51.35  | 00:30:03.45     | +00:10:51     | 5:58                 | 10.1                  |
| 338         | ZIEMIŃSKA Patrycja         | 510           | ŚWIRY STELA               | 40-49                  | 99              |               |                  |                          |  | 00:00:11             | 00:12:27 | 00:29:51.80  | 00:30:03.55     | +00:10:52     | 5:58                 | 10                    |
| 339         | BREJTA-MACIOCHA Joanna     | 1198          | DECATHLON RYBNIK          | 30-39                  | 147             |               |                  |                          |  | 00:00:00             | 00:13:01 | 00:29:53.95  | 00:29:53.95     | +00:10:54     | 5:58                 | 10                    |
| 340         | ŚMIEJA Joanna              | 620           | RUNTEAM PAWŁOWICE         | 50-59                  | 16              |               |                  |                          | Runteam Pawlowice                                | 00:00:18             | 00:12:42 | 00:29:54.15  | 00:30:12.90     | +00:10:54     | 5:58                 | 10                    |
| 341         | AUGUSTYN Agnieszka         | 1112          | MORSY NA KOKSIE           | 40-49                  | 100             |               |                  |                          | MORSY NA KOKSIE                                  | 00:00:41             | 00:12:27 | 00:29:54.65  | 00:30:36.00     | +00:10:54     | 5:59                 | 10                    |
| 342         | KOWALCZYK Izabela          | 989           | JUSTFEELFITTEAM           | 30-39                  | 148             |               |                  |                          | JustFeelFIT TEAM                                 | 00:00:29             | 00:12:46 | 00:29:55.25  | 00:30:24.45     | +00:10:55     | 5:59                 | 10                    |
| 343         | OSZCZĘDA Marzena           | 323           |                           | 40-49                  | 101             |               |                  |                          |  | 00:00:14             | 00:11:43 | 00:29:56.35  | 00:30:10.65     | +00:10:56     | 5:59                 | 10                    |
| 344         | SEBESTA-JABŁOŃSKA Karolina | 218           |                           | 30-39                  | 149             |               |                  |                          |  | 00:00:17             | 00:12:30 | 00:29:57.00  | 00:30:14.90     | +00:10:57     | 5:59                 | 10                    |
| 345         | VLTAVSKÁ Zuzana            | 576           | SK ČERNÉ PLÍČE            | 20-29                  | 62              |               |                  |                          |  | 00:00:19             | 00:12:52 | 00:29:59.00  | 00:30:18.80     | +00:10:59     | 5:59                 | 10                    |
| 346         | URBAŃSKA Justyna           | 262           |                           | 40-49                  | 102             |               |                  |                          |  | 00:00:25             | 00:12:55 | 00:30:00.25  | 00:30:25.30     | +00:11:00     | 6:00                 | 10                    |
| 347         | SZALENIEC Patrycja         | 498           | BĘDZIN TEAM               | 30-39                  | 150             |               |                  |                          |  | 00:00:15             | 00:12:37 | 00:30:00.90  | 00:30:16.80     | +00:11:01     | 6:00                 | 10                    |
| 348         | DĄBROWSKA Jadwiga          | 196           | FANTASTIC                 | 30-39                  | 151             |               |                  |                          |  | 00:00:49             | 00:13:26 | 00:30:01.70  | 00:30:50.80     | +00:11:01     | 6:00                 | 10                    |
| 349         | TYKIERKA Małgorzata        | 1169          | TOXPRESS                  | 40-49                  | 103             |               |                  |                          |  | 00:00:38             | 00:13:14 | 00:30:01.75  | 00:30:39.95     | +00:11:01     | 6:00                 | 10                    |
| 350         | RAWICZ-GROTOWSKA Jowita    | 1006          |                           | 40-49                  | 104             |               |                  |                          |  | 00:00:10             | 00:12:50 | 00:30:03.45  | 00:30:14.25     | +00:11:03     | 6:00                 | 10                    |
| 351         | NOWAK Anna                 | 15            | DECATHLON ŻORY            | 20-29                  | 63              |               |                  |                          | Decathlon Żory                                   | 00:00:00             | 00:13:19 | 00:30:06.15  | 00:30:06.15     | +00:11:06     | 6:01                 | 10                    |
| 352         | STUHLIK Gabriela           | 349           |                           | 30-39                  | 152             |               |                  |                          |  | 00:00:21             | 00:12:47 | 00:30:06.25  | 00:30:28.00     | +00:11:06     | 6:01                 | 10                    |

| Msc/<br>Rnk | Zawodnik/<br>Name         | Numer/<br>Bib | Klub/ Team                            | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                      | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|---------------------------|---------------|---------------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---------------------------------------|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 353         | MIŚ Ela                   | 993           | JUSTFEELFIT TEAM                      | 20-29                  | 64              |               |                  |                          | JustFeelFIT TEAM                      | 00:00:07                     | 00:12:22      | 00:30:06.65          | 00:30:13.75           | +00:11:06    | 6:01            | 10            |
| 354         | GIŻYŃSKA Katarzyna        | 1043          | KOBIETY NA 5+                         | 30-39                  | 153             | Tak           | Lisice           | Sisters                  | Kobiety na 5+                         | 00:00:14                     | 00:12:24      | 00:30:07.15          | 00:30:21.80           | +00:11:07    | 6:01            | 10            |
| 355         | MALISZEWSKA Beata         | 12            |                                       | 30-39                  | 154             | Tak           |                  |                          |                                       | 00:00:31                     | 00:12:32      | 00:30:07.70          | 00:30:38.75           | +00:11:07    | 6:01            | 10            |
| 356         | REYMANN Milena            | 978           | BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU | 30-39                  | 155             | Tak           |                  |                          | Bank Spółdzielczy w Jastrzębiu-Zdroju | 00:00:35                     | 00:12:37      | 00:30:07.90          | 00:30:43.05           | +00:11:08    | 6:01            | 10            |
| 357         | DUCHNOWSKA Katarzyna      | 986           | BANK SPÓŁDZIELCZY W JASTRZĘBIU-ZDROJU | 30-39                  | 156             |               |                  |                          | Bank Spółdzielczy w Jastrzębiu-Zdroju | 00:00:34                     | 00:12:39      | 00:30:08.25          | 00:30:43.15           | +00:11:08    | 6:01            | 10            |
| 358         | MIELKE Dagmara            | 254           |                                       | 40-49                  | 105             |               |                  |                          |                                       | 00:00:27                     | 00:12:28      | 00:30:09.90          | 00:30:37.30           | +00:11:10    | 6:02            | 9.9           |
| 359         | KOWAL Beata               | 40            | MIECHOWICKA GRUPA BIEGOWA             | 40-49                  | 106             |               |                  |                          | Miechowicka Grupa Biegowa             | 00:00:32                     | 00:13:22      | 00:30:10.20          | 00:30:42.40           | +00:11:10    | 6:02            | 9.9           |
| 360         | RYBARSKA Dorota           | 808           |                                       | 20-29                  | 65              |               |                  |                          |                                       | 00:00:26                     | 00:13:40      | 00:30:10.30          | 00:30:36.50           | +00:11:10    | 6:02            | 9.9           |
| 361         | HOLISZ-JANUSZEK Joanna    | 245           |                                       | 30-39                  | 157             |               |                  |                          |                                       | 00:00:33                     | 00:12:45      | 00:30:10.65          | 00:30:43.85           | +00:11:10    | 6:02            | 9.9           |
| 362         | PIPIRO Grażyna            | 397           | DRUŻYNA KOBIETY NA 5+                 | 60+                    | 7               | Tak           |                  |                          | Drużyna Kobiety na 5+                 | 00:00:08                     | 00:12:27      | 00:30:10.90          | 00:30:19.60           | +00:11:11    | 6:02            | 9.9           |
| 363         | WALUSZ Jolanta            | 462           | SZOMBIERKI RUNNERS                    | 40-49                  | 107             |               |                  |                          |                                       | 00:00:42                     | 00:12:51      | 00:30:11.65          | 00:30:53.80           | +00:11:11    | 6:02            | 9.9           |
| 364         | KĘPKA Joanna              | 850           | WYMYŚLANKA                            | 40-49                  | 108             |               |                  |                          |                                       | 00:00:20                     | 00:11:58      | 00:30:11.70          | 00:30:32.10           | +00:11:11    | 6:02            | 9.9           |
| 365         | GÓRSKA Magda              | 299           |                                       | 40-49                  | 109             |               |                  |                          |                                       | 00:00:17                     | 00:12:40      | 00:30:11.95          | 00:30:29.45           | +00:11:12    | 6:02            | 9.9           |
| 366         | KOLORZ-SAJDAK Beata       | 724           |                                       | 30-39                  | 158             | Tak           |                  |                          |                                       | 00:00:39                     | 00:13:15      | 00:30:16.65          | 00:30:56.60           | +00:11:16    | 6:03            | 9.9           |
| 367         | KUŹNIK Edyta              | 844           |                                       | 20-29                  | 66              |               |                  |                          |                                       | 00:00:30                     | 00:13:06      | 00:30:16.75          | 00:30:47.60           | +00:11:16    | 6:03            | 9.9           |
| 368         | ROGAŁA Anna               | 904           |                                       | 30-39                  | 159             | Tak           |                  |                          |                                       | 00:00:24                     | 00:12:33      | 00:30:22.55          | 00:30:47.25           | +00:11:22    | 6:04            | 9.9           |
| 369         | PIECHA Klaudia            | 1197          | DECATHLON RYBNIK                      | 20-29                  | 67              |               |                  |                          |                                       | 00:00:00                     | 00:13:18      | 00:30:22.90          | 00:30:22.90           | +00:11:23    | 6:04            | 9.9           |
| 370         | GATNER Agnieszka          | 428           |                                       | 30-39                  | 160             | Tak           |                  |                          |                                       | 00:00:36                     | 00:13:29      | 00:30:25.45          | 00:31:01.75           | +00:11:25    | 6:05            | 9.9           |
| 371         | OSIADŁY Anna              | 887           |                                       | 40-49                  | 110             |               |                  |                          |                                       | 00:00:19                     | 00:12:58      | 00:30:25.75          | 00:30:45.30           | +00:11:25    | 6:05            | 9.9           |
| 372         | FRYDECKA Mirosława        | 1202          | AKADEMIA BIEGANIA W ŚWIERKLANACH      | 40-49                  | 111             |               |                  |                          | Akademia Biegania w Świerklanach      | 00:00:32                     | 00:13:22      | 00:30:26.20          | 00:30:58.80           | +00:11:26    | 6:05            | 9.9           |
| 373         | PIETROSZEK Władysława     | 1052          | MATKA I CÓRKA                         | 40-49                  | 112             | Tak           | W&S Pietroszek   | Matka + Córka            | Drużyna Kobiety na 5+                 | 00:00:24                     | 00:13:06      | 00:30:26.35          | 00:30:50.95           | +00:11:26    | 6:05            | 9.9           |
| 374         | WĘGRZYN Ewa               | 580           |                                       | 30-39                  | 161             |               |                  |                          |                                       | 00:00:11                     | 00:12:18      | 00:30:27.95          | 00:30:39.65           | +00:11:28    | 6:05            | 9.8           |
| 375         | KRZESZOWSKA Beata         | 298           | MIECHOWICKA GRUPA BIEGOWA             | 40-49                  | 113             |               |                  |                          | Miechowicka Grupa Biegowa             | 00:00:34                     | 00:13:04      | 00:30:28.35          | 00:31:03.20           | +00:11:28    | 6:05            | 9.8           |
| 376         | SZCZĘSNA Edyta            | 144           | RYTM CZECHOWICE - DZIEDZICE           | 30-39                  | 162             |               |                  |                          |                                       | 00:00:27                     | 00:13:13      | 00:30:28.75          | 00:30:56.05           | +00:11:28    | 6:05            | 9.8           |
| 377         | BLANA Małgorzata          | 1263          |                                       | 40-49                  | 114             |               |                  |                          | Strong women                          | 00:00:31                     | 00:12:34      | 00:30:29.10          | 00:31:00.10           | +00:11:29    | 6:05            | 9.8           |
| 378         | SKÓRA Aneta               | 525           |                                       | 30-39                  | 163             |               |                  |                          |                                       | 00:00:23                     | 00:13:12      | 00:30:29.30          | 00:30:52.95           | +00:11:29    | 6:05            | 9.8           |
| 379         | PODSIADŁO Nina            | 408           |                                       | 30-39                  | 164             |               |                  |                          |                                       | 00:00:23                     | 00:13:12      | 00:30:29.75          | 00:30:52.95           | +00:11:29    | 6:05            | 9.8           |
| 380         | BZOWSKA Aleksandra        | 362           | NIGHTRUNNERS GLIWICE                  | 30-39                  | 165             |               |                  |                          |                                       | 00:00:22                     | 00:13:13      | 00:30:30.10          | 00:30:52.75           | +00:11:30    | 6:06            | 9.8           |
| 381         | PRZESÓR Barbara           | 571           |                                       | 30-39                  | 166             |               |                  |                          | Kolorowa Drużyna Nessi                | 00:00:06                     | 00:12:27      | 00:30:32.60          | 00:30:38.65           | +00:11:32    | 6:06            | 9.8           |
| 382         | SZEFER Wioleta            | 545           |                                       | 30-39                  | 167             | Tak           |                  |                          |                                       | 00:00:18                     | 00:12:47      | 00:30:32.65          | 00:30:51.40           | +00:11:32    | 6:06            | 9.8           |
| 383         | SZWEDA-KUBOSZEK Katarzyna | 537           | SPOT PSZCZYNA                         | 30-39                  | 168             |               |                  |                          | Spot Pszczyna                         | 00:00:24                     | 00:12:54      | 00:30:33.30          | 00:30:57.40           | +00:11:33    | 6:06            | 9.8           |
| 384         | SZEFER Sylwia             | 547           | KOBIETY 5+                            | 30-39                  | 169             | Tak           |                  |                          |                                       | 00:00:18                     | 00:12:47      | 00:30:33.90          | 00:30:51.90           | +00:11:34    | 6:06            | 9.8           |
| 385         | KUBICA Patrycja           | 722           | OLZA CIESZYN                          | 30-39                  | 170             |               |                  |                          | Olza Cieszyn                          | 00:00:12                     | 00:12:32      | 00:30:34.05          | 00:30:46.25           | +00:11:34    | 6:06            | 9.8           |
| 386         | GOLEC-CHOLEWA Aleksandra  | 994           | JUSTFEELFIT TEAM                      | 30-39                  | 171             |               | Siostry Golec    | Sisters                  | JustFeelFIT TEAM                      | 00:00:28                     | 00:12:55      | 00:30:37.30          | 00:31:05.90           | +00:11:37    | 6:07            | 9.8           |

| Msc/<br>Rnk | Zawodnik/<br>Name                     | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny  | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                    | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|---------------------------------------|---------------|---------------------------|------------------------|-----------------|---------------|-------------------|--------------------------|---|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 387         | GÓRKIEWICZ<br>Magdalena               | 784           |                           | 20-29                  | 68              | Tak           |                   |                          |   | 00:00:34                     | 00:13:35      | 00:30:37.80          | 00:31:11.95           | +00:11:38    | 6:07            | 9.8           |
| 388         | SKWARK Aneta                          | 899           |                           | 30-39                  | 172             | Tak           | Sisters AK        | Sisters                  | Ośrodek Pomocy<br>Społecznej w<br>Jastrzębiu-Zdroju | 00:00:25                     | 00:13:31      | 00:30:38.30          | 00:31:03.65           | +00:11:38    | 6:07            | 9.8           |
| 389         | CYRULIK Ania                          | 948           |                           | 20-29                  | 69              |               |                   |                          |   | 00:00:16                     | 00:13:10      | 00:30:39.45          | 00:30:55.70           | +00:11:39    | 6:07            | 9.8           |
| 390         | PLESZCZYŃSKA<br>Iwona                 | 83            |                           | 30-39                  | 173             |               |                   |                          |   | 00:00:20                     | 00:12:56      | 00:30:39.65          | 00:31:00.40           | +00:11:39    | 6:08            | 9.8           |
| 391         | KOZOK Małgorzata                      | 178           | STS BIEGATON MIKOŁÓW      | 40-49                  | 115             |               |                   |                          |   | 00:00:15                     | 00:12:34      | 00:30:41.30          | 00:30:56.80           | +00:11:41    | 6:08            | 9.8           |
| 392         | FROSZTĘGA<br>Katarzyna                | 951           | SISTERS                   | 30-39                  | 174             | Tak           | Sisters AK        | Sisters                  |   | 00:00:25                     | 00:13:31      | 00:30:41.70          | 00:31:07.50           | +00:11:41    | 6:08            | 9.8           |
| 393         | CICHY Agnieszka                       | 137           |                           | 30-39                  | 175             |               |                   |                          | Smoczy Gang   | 00:00:17                     | 00:12:52      | 00:30:43.30          | 00:31:00.95           | +00:11:43    | 6:08            | 9.8           |
| 394         | SZCZELINA Marta                       | 489           | KOLOROWA DRUŻYNA NESSI    | 30-39                  | 176             |               |                   |                          | Kolorowa<br>Drużyna Nessi                           | 00:00:06                     | 00:12:39      | 00:30:43.65          | 00:30:49.85           | +00:11:43    | 6:08            | 9.8           |
| 395         | BOŻEK Dagmara                         | 425           |                           | 40-49                  | 116             | Tak           |                   |                          |   | 00:00:12                     | 00:12:30      | 00:30:45.60          | 00:30:57.70           | +00:11:45    | 6:09            | 9.8           |
| 396         | MARSZALIK Anna                        | 411           |                           | 30-39                  | 177             |               | Marszałki&Wilczki | Matka + Córka            |   | 00:00:02                     | 00:12:28      | 00:30:45.95          | 00:30:48.05           | +00:11:46    | 6:09            | 9.8           |
| 397         | MISZCZAK Anna                         | 469           | BIEGIEMANIA               | 40-49                  | 117             |               |                   |                          |   | 00:00:14                     | 00:12:27      | 00:30:48.20          | 00:31:02.65           | +00:11:48    | 6:09            | 9.7           |
| 398         | JĘDRZEJEWSKA<br>Beata                 | 1067          |                           | 30-39                  | 178             |               |                   |                          |   | 00:00:30                     | 00:12:44      | 00:30:48.35          | 00:31:18.85           | +00:11:48    | 6:09            | 9.7           |
| 399         | WACLAWIK Ewa                          | 193           | FANTASTIC ANIA SIKORA     | 40-49                  | 118             |               |                   |                          |   | 00:00:19                     | 00:13:17      | 00:30:48.65          | 00:31:08.50           | +00:11:48    | 6:09            | 9.7           |
| 400         | MATUĆ<br>Aleksandra                   | 93            | MIECHOWICKA GRUPA BEGOWA  | 40-49                  | 119             |               | Matucki           | Matka + Córka            | Miechowska<br>Grupa Biegowa                         | 00:00:34                     | 00:13:20      | 00:30:49.50          | 00:31:23.80           | +00:11:49    | 6:09            | 9.7           |
| 401         | SITKO Dagmara                         | 830           | GWARKOWE DZIEWCZYNY       | 30-39                  | 179             | Tak           |                   |                          | Gwarkowe<br>Dziewczyny                              | 00:00:19                     | 00:12:54      | 00:30:50.45          | 00:31:10.15           | +00:11:50    | 6:10            | 9.7           |
| 402         | WIECZOREK<br>Klaudia                  | 338           | KOBIEY NA 5+              | 20-29                  | 70              | Tak           |                   |                          | Kobiety na 5+                                       | 00:00:32                     | 00:13:27      | 00:30:51.25          | 00:31:23.65           | +00:11:51    | 6:10            | 9.7           |
| 403         | MILKOWSKA<br>Wanessa                  | 1134          |                           | 16-19                  | 12              |               | Milka Team        | Matka + Córka            |   | 00:00:11                     | 00:12:46      | 00:30:51.65          | 00:31:03.05           | +00:11:51    | 6:10            | 9.7           |
| 404         | ADAMIK Magda                          | 437           | KOLOROWA DRUŻYNA NESSI    | 30-39                  | 180             |               | Adamik Team       | Matka + Córka            | Kolorowa<br>Drużyna Nessi                           | 00:01:36                     | 00:13:00      | 00:30:51.80          | 00:32:28.45           | +00:11:52    | 6:10            | 9.7           |
| 405         | SIKORA Agnieszka                      | 324           | NIGHT RUNNERS             | 30-39                  | 181             |               |                   |                          | Night Runners                                       | 00:00:40                     | 00:13:25      | 00:30:51.90          | 00:31:32.20           | +00:11:52    | 6:10            | 9.7           |
| 406         | TYCZYŃSKA<br>Małgorzata               | 183           | SZYBKIE ŻÓŁWIE            | 50-59                  | 17              |               |                   |                          | BB Bielszczanki<br>Biegają                          | 00:00:28                     | 00:13:27      | 00:30:52.55          | 00:31:20.90           | +00:11:52    | 6:10            | 9.7           |
| 407         | JURCZYK<br>Magdalena                  | 356           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 120             |               |                   |                          | Miechowska<br>Grupa Biegowa                         | 00:00:24                     | 00:14:01      | 00:30:52.95          | 00:31:17.70           | +00:11:53    | 6:10            | 9.7           |
| 408         | ĆWIEK-LACH Ewa                        | 799           |                           | 30-39                  | 182             |               |                   |                          |   | 00:00:10                     | 00:12:09      | 00:30:55.05          | 00:31:05.65           | +00:11:55    | 6:11            | 9.7           |
| 409         | PROCNER Dorota                        | 921           |                           | 30-39                  | 183             |               |                   |                          | BB Bielszczanki<br>Biegają                          | 00:00:37                     | 00:13:31      | 00:30:55.10          | 00:31:32.70           | +00:11:55    | 6:11            | 9.7           |
| 410         | IWANOWICZ Anna                        | 233           | PARKRUN CHRZANÓW          | 30-39                  | 184             |               | Iwanki            | Matka + Córka            | Parkrun<br>Chrzanów                                 | 00:00:16                     | 00:13:13      | 00:30:55.30          | 00:31:11.90           | +00:11:55    | 6:11            | 9.7           |
| 411         | ROZMUS-<br>PROCNER<br>Patrycja        | 931           | WAPIENICKI TEAM           | 30-39                  | 185             |               |                   |                          | BB Bielszczanki<br>Biegają                          | 00:00:37                     | 00:13:31      | 00:30:55.45          | 00:31:32.70           | +00:11:55    | 6:11            | 9.7           |
| 412         | FECZKO Monika                         | 1170          |                           | 20-29                  | 71              | Tak           |                   |                          |   | 00:00:16                     | 00:12:33      | 00:30:55.70          | 00:31:11.75           | +00:11:55    | 6:11            | 9.7           |
| 413         | IWANOWICZ<br>Klaudia                  | 234           | PARKRUN CHRZANÓW          | 16-19                  | 13              |               | Iwanki            | Matka + Córka            | Parkrun<br>Chrzanów                                 | 00:00:15                     | 00:13:14      | 00:30:55.90          | 00:31:11.70           | +00:11:56    | 6:11            | 9.7           |
| 414         | KUBISTY Anna                          | 185           |                           | 40-49                  | 121             |               |                   |                          |   | 00:00:02                     | 00:12:34      | 00:30:57.90          | 00:31:00.15           | +00:11:58    | 6:11            | 9.7           |
| 415         | SZPYRA Sonia                          | 66            |                           | 40-49                  | 122             | Tak           |                   |                          |   | 00:00:07                     | 00:12:42      | 00:30:59.05          | 00:31:06.50           | +00:11:59    | 6:11            | 9.7           |
| 416         | PRZYBYŁA<br>Magdalena                 | 290           |                           | 20-29                  | 72              |               |                   |                          |   | 00:00:29                     | 00:13:09      | 00:31:00.35          | 00:31:30.05           | +00:12:00    | 6:12            | 9.7           |
| 417         | SOJKA Ania                            | 670           |                           | 20-29                  | 73              | Tak           |                   |                          |   | 00:00:33                     | 00:14:00      | 00:31:00.45          | 00:31:33.60           | +00:12:00    | 6:12            | 9.7           |
| 418         | ZDEB Barbara                          | 310           | NIGHT RUNNERS ZABRZE      | 30-39                  | 186             |               |                   |                          |   | 00:00:42                     | 00:13:43      | 00:31:05.55          | 00:31:47.80           | +00:12:05    | 6:13            | 9.7           |
| 419         | KASPRZYCKA-<br>SZUBARSKA<br>Katarzyna | 871           | OLZA CIESZYN              | 40-49                  | 123             |               |                   |                          | Olza Cieszyn  | 00:00:26                     | 00:13:31      | 00:31:05.60          | 00:31:32.35           | +00:12:05    | 6:13            | 9.6           |

| Msc/<br>Rnk | Zawodnik/<br>Name       | Numer/<br>Bib | Klub/ Team                                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny  | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                            | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|-------------------------|---------------|---|------------------------|-----------------|---------------|-------------------|--------------------------|---|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 420         | KUBAS Alina             | 41            | KLUB BIEGACZA FARTLEK                     | 40-49                  | 124             | Tak           | Rodzinne Bieganie | Sisters                  | Klub Biegacza Fartlek                       | 00:00:16                     | 00:12:40      | 00:31:05.70          | 00:31:22.65           | +00:12:05    | 6:13            | 9.6           |
| 421         | SZADY Barbara           | 61            |   | 30-39                  | 187             |               |                   |                          |   | 00:00:38                     | 00:13:47      | 00:31:05.80          | 00:31:44.50           | +00:12:06    | 6:13            | 9.6           |
| 422         | GŁÓWCZYK Izabella       | 758           | KOBIETY NA 5+                             | 40-49                  | 125             | Tak           |                   |                          | Kobiety na 5+                               | 00:00:25                     | 00:13:29      | 00:31:06.00          | 00:31:31.85           | +00:12:06    | 6:13            | 9.6           |
| 423         | JEWUŁA Karolina         | 445           | KOBIETA NA 5+                             | 20-29                  | 74              |               |                   |                          |   | 00:00:29                     | 00:12:25      | 00:31:06.30          | 00:31:36.15           | +00:12:06    | 6:13            | 9.6           |
| 424         | FILIPIAK Beata          | 42            | MIECHOWICKA GRUPA BIEGOWA                 | 40-49                  | 126             |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:05                     | 00:12:07      | 00:31:06.35          | 00:31:11.55           | +00:12:06    | 6:13            | 9.6           |
| 425         | KOSOWSKA Grażyna        | 1215          | KOBIETY NA 5+                             | 50-59                  | 18              | Tak           |                   |                          | Kobiety na 5+                               | 00:00:25                     | 00:13:29      | 00:31:06.50          | 00:31:32.05           | +00:12:06    | 6:13            | 9.6           |
| 426         | HALSZKA Joanna          | 780           |   | 30-39                  | 188             |               |                   |                          |   | 00:00:23                     | 00:13:32      | 00:31:06.65          | 00:31:30.60           | +00:12:06    | 6:13            | 9.6           |
| 427         | KUPCZEWSKA Izabela      | 1139          | ROZBIEGAMY TO MIASTO CZECHOWICE-DZIEDZICE | 30-39                  | 189             |               |                   |                          | Rozbiegamy To Miasto - Czechowice-Dziedzice | 00:00:09                     | 00:12:58      | 00:31:07.55          | 00:31:17.05           | +00:12:07    | 6:13            | 9.6           |
| 428         | SZYMURA Izabela         | 1009          |   | 40-49                  | 127             |               |                   |                          |   | 00:00:44                     | 00:13:38      | 00:31:09.60          | 00:31:54.20           | +00:12:09    | 6:14            | 9.6           |
| 429         | SOBEL Beata             | 980           |   | 30-39                  | 190             |               |                   |                          | JustFeelFIT TEAM                            | 00:00:29                     | 00:12:55      | 00:31:12.25          | 00:31:41.60           | +00:12:12    | 6:14            | 9.6           |
| 430         | MENŻYK Anna             | 668           |   | 30-39                  | 191             |               |                   |                          |   | 00:00:41                     | 00:13:53      | 00:31:13.50          | 00:31:55.35           | +00:12:13    | 6:14            | 9.6           |
| 431         | JACAK Marta             | 180           |   | 30-39                  | 192             | Tak           |                   |                          |   | 00:00:45                     | 00:13:21      | 00:31:14.50          | 00:32:00.35           | +00:12:14    | 6:15            | 9.6           |
| 432         | ZAJAC SWOBODA Beata     | 477           | AMATOR                                    | 40-49                  | 128             |               |                   |                          |   | 00:00:18                     | 00:13:06      | 00:31:15.70          | 00:31:34.20           | +00:12:15    | 6:15            | 9.6           |
| 433         | SKOCZEK Agnieszka       | 549           | CHILLOUT                                  | 40-49                  | 129             |               |                   |                          |   | 00:00:33                     | 00:13:05      | 00:31:15.80          | 00:31:49.25           | +00:12:16    | 6:15            | 9.6           |
| 434         | BURZYŃSKA Beata         | 1101          |   | 40-49                  | 130             |               |                   |                          |   | 00:00:06                     | 00:12:44      | 00:31:16.00          | 00:31:22.35           | +00:12:16    | 6:15            | 9.6           |
| 435         | MORIC Anna              | 278           | KOLOROWA DRUŻYNA NESSI                    | 30-39                  | 193             |               |                   |                          |   | 00:00:11                     | 00:12:45      | 00:31:19.30          | 00:31:30.60           | +00:12:19    | 6:15            | 9.6           |
| 436         | MALINOWSKA Aneta        | 60            | OLZA CIESZYN                              | 40-49                  | 131             |               |                   |                          | Olza Cieszyn                                | 00:00:27                     | 00:13:05      | 00:31:20.60          | 00:31:47.85           | +00:12:20    | 6:16            | 9.6           |
| 437         | ŚMIGIELSKA Justyna      | 1140          | MORSY NA KOKSIE                           | 30-39                  | 194             |               |                   |                          | MORSY NA KOKSIE                             | 00:00:42                     | 00:13:15      | 00:31:22.50          | 00:32:05.35           | +00:12:22    | 6:16            | 9.6           |
| 438         | KONIECZKA Katarzyna     | 191           | MIECHOWICKA GRUPA BIEGOWA                 | 40-49                  | 132             |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:46                     | 00:13:44      | 00:31:22.65          | 00:32:09.55           | +00:12:22    | 6:16            | 9.6           |
| 439         | PTASZYŃSKA Justyna      | 848           | RADLINIOKI W BIEGU                        | 40-49                  | 133             |               | PTAKI NIELOTY     | Matka + Córka            | Radlinioki w biegu                          | 00:00:42                     | 00:13:35      | 00:31:22.80          | 00:32:05.10           | +00:12:23    | 6:16            | 9.6           |
| 440         | NALEPA Marta            | 865           |   | 30-39                  | 195             |               |                   |                          |   | 00:00:19                     | 00:12:45      | 00:31:23.80          | 00:31:43.45           | +00:12:24    | 6:16            | 9.6           |
| 441         | OKOŃ Elżbieta           | 379           |   | 30-39                  | 196             |               |                   |                          |   | 00:00:23                     | 00:13:04      | 00:31:24.15          | 00:31:47.40           | +00:12:24    | 6:16            | 9.6           |
| 442         | WAWRZYK Iwona           | 248           | OLZA CIESZYN                              | 50-59                  | 19              |               |                   |                          | Olza Cieszyn                                | 00:00:26                     | 00:13:06      | 00:31:28.10          | 00:31:54.85           | +00:12:28    | 6:17            | 9.5           |
| 443         | KUBACZKA-LIGENZA Sylwia | 426           | #CZELADZBIEGA                             | 30-39                  | 197             |               |                   |                          | #czeladzbiega                               | 00:00:31                     | 00:13:17      | 00:31:28.25          | 00:32:00.00           | +00:12:28    | 6:17            | 9.5           |
| 444         | KUCZA-CHMIEL Kalina     | 1227          |   | 40-49                  | 134             |               |                   |                          |   | 00:00:44                     | 00:13:22      | 00:31:28.70          | 00:32:13.35           | +00:12:28    | 6:17            | 9.5           |
| 445         | ROMBERG Agnieszka       | 43            | MIECHOWICKA GRUPA BIEGOWA                 | 40-49                  | 135             |               |                   |                          | Miechowska Grupa Biegowa                    | 00:00:33                     | 00:13:21      | 00:31:29.45          | 00:32:02.70           | +00:12:29    | 6:17            | 9.5           |
| 446         | GÓRNY Jola              | 272           | NUTREND TEAM                              | 40-49                  | 136             |               |                   |                          | BB Bielszczanki Biegają                     | 00:00:01                     | 00:12:10      | 00:31:29.60          | 00:31:31.25           | +00:12:29    | 6:18            | 9.5           |
| 447         | MARCINKOWSKA Beata      | 393           | #CZELADZBIEGA                             | 40-49                  | 137             |               |                   |                          | #czeladzbiega                               | 00:00:31                     | 00:13:08      | 00:31:30.20          | 00:32:01.95           | +00:12:30    | 6:18            | 9.5           |
| 448         | BRYCHCY Estera          | 1138          | RUNTEAM PAWŁOWICE                         | 30-39                  | 198             |               |                   |                          | Runteam Pawlowice                           | 00:00:07                     | 00:13:09      | 00:31:30.35          | 00:31:38.15           | +00:12:30    | 6:18            | 9.5           |
| 449         | RUCIŃSKA Kinga          | 740           |   | 30-39                  | 199             |               | Siostry R         | Sisters                  |   | 00:00:07                     | 00:12:27      | 00:31:30.40          | 00:31:37.50           | +00:12:30    | 6:18            | 9.5           |
| 450         | KLUSKA Sylwia           | 98            |   | 50-59                  | 20              |               |                   |                          |   | 00:00:00                     | 00:13:45      | 00:31:30.65          | 00:31:30.65           | +00:12:30    | 6:18            | 9.5           |
| 451         | DARNOWSKA-HYLA Julia    | 1111          |   | 30-39                  | 200             | Tak           |                   |                          |   | 00:00:17                     | 00:13:01      | 00:31:32.85          | 00:31:50.65           | +00:12:33    | 6:18            | 9.5           |
| 452         | ŚLEZIONA Katarzyna      | 1068          |   | 30-39                  | 201             |               |                   |                          |   | 00:00:16                     | 00:13:01      | 00:31:33.65          | 00:31:49.80           | +00:12:33    | 6:18            | 9.5           |

| Msc/<br>Rnk | Zawodnik/<br>Name          | Numer/<br>Bib | Klub/ Team                                       | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                 | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|----------------------------|---------------|--|------------------------|-----------------|---------------|------------------|--------------------------|--|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 453         | ZŁOCIAK Agnieszka          | 666           |  | 40-49                  | 138             |               |                  |                          |  | 00:00:34                     | 00:13:02      | 00:31:34.65          | 00:32:08.85           | +00:12:34    | 6:18            | 9.5           |
| 454         | GŁĄB Magdalena             | 205           |  | 30-39                  | 202             |               |                  |                          |  | 00:00:33                     | 00:13:03      | 00:31:34.70          | 00:32:08.45           | +00:12:34    | 6:19            | 9.5           |
| 455         | DOBOSZ Ilona               | 624           |  | 40-49                  | 139             |               |                  |                          |  | 00:00:05                     | 00:12:24      | 00:31:35.15          | 00:31:40.40           | +00:12:35    | 6:19            | 9.5           |
| 456         | PINGIELSKA Małgorzata      | 838           | RADLINIOKI W BIEGU                               | 40-49                  | 140             |               |                  |                          | Radlinioki w biegu                               | 00:00:27                     | 00:13:26      | 00:31:35.35          | 00:32:03.20           | +00:12:35    | 6:19            | 9.5           |
| 457         | WIŚNIEWSKA Justyna         | 34            | KOBIETY NA 5+                                    | 30-39                  | 203             | Tak           |                  |                          | Kobiety na 5+                                    | 00:00:14                     | 00:12:47      | 00:31:35.50          | 00:31:49.95           | +00:12:35    | 6:19            | 9.5           |
| 458         | DOLNIK Katarzyna           | 1003          |  | 30-39                  | 204             |               |                  |                          |  | 00:00:18                     | 00:13:55      | 00:31:35.60          | 00:31:54.35           | +00:12:35    | 6:19            | 9.5           |
| 459         | NIEDZIOLKO Bożena          | 72            | KOBIETY NA 5+                                    | 50-59                  | 21              | Tak           |                  |                          | Kobiety na 5+                                    | 00:00:14                     | 00:12:47      | 00:31:36.00          | 00:31:50.00           | +00:12:36    | 6:19            | 9.5           |
| 460         | KARKULA Katarzyna          | 1051          |  | 30-39                  | 205             |               |                  |                          |  | 00:00:23                     | 00:13:27      | 00:31:36.20          | 00:31:59.20           | +00:12:36    | 6:19            | 9.5           |
| 461         | PYZIK Barbara              | 728           |  | 30-39                  | 206             | Tak           |                  |                          |  | 00:00:38                     | 00:13:43      | 00:31:36.70          | 00:32:15.05           | +00:12:36    | 6:19            | 9.5           |
| 462         | MARCINKIEWICZ-KLUCZNIK Ewa | 302           | ZESPÓŁ SZKÓŁ NR 6 IM. KRÓLA JANA III SOBIESKIEGO | 40-49                  | 141             |               |                  |                          | Zespół Szkół Nr 6 im. Króla Jana III Sobieskiego | 00:00:07                     | 00:12:48      | 00:31:37.00          | 00:31:44.95           | +00:12:37    | 6:19            | 9.5           |
| 463         | HUBA Agnieszka             | 553           | KOBIETY NA 5+                                    | 30-39                  | 207             | Tak           |                  |                          | Kobiety na 5+                                    | 00:00:21                     | 00:12:18      | 00:31:40.60          | 00:32:01.60           | +00:12:40    | 6:20            | 9.5           |
| 464         | ADAMCZYK Sandra            | 1013          |  | 20-29                  | 75              |               |                  |                          | JustFeelFIT TEAM                                 | 00:00:28                     | 00:12:48      | 00:31:40.70          | 00:32:08.70           | +00:12:40    | 6:20            | 9.5           |
| 465         | WOJDANOWSKA Małgorzata     | 1117          |  | 30-39                  | 208             |               |                  |                          |  | 00:00:34                     | 00:13:15      | 00:31:40.85          | 00:32:15.65           | +00:12:41    | 6:20            | 9.5           |
| 466         | FECZKO Lucyna              | 1166          |  | 40-49                  | 142             | Tak           |                  |                          |  | 00:00:16                     | 00:13:35      | 00:31:41.20          | 00:31:58.10           | +00:12:41    | 6:20            | 9.5           |
| 467         | DYCZEK Klaudia             | 640           | DYCZUŚ TEAM                                      | 30-39                  | 209             |               |                  |                          | Dyczuś Team                                      | 00:00:29                     | 00:13:45      | 00:31:42.10          | 00:32:11.95           | +00:12:42    | 6:20            | 9.5           |
| 468         | KACZOREK Ania              | 210           |  | 40-49                  | 143             |               |                  |                          |  | 00:00:21                     | 00:13:30      | 00:31:42.85          | 00:32:03.95           | +00:12:43    | 6:20            | 9.5           |
| 469         | MLECZKO Monika             | 1189          |  | 50-59                  | 22              |               |                  |                          | BB Bielszczanki Biegają                          | 00:00:37                     | 00:13:27      | 00:31:42.95          | 00:32:19.95           | +00:12:43    | 6:20            | 9.5           |
| 470         | SRADOMSKA Barbara          | 1224          | HRMAX ŻORY                                       | 40-49                  | 144             |               |                  |                          | HRmax Żory                                       | 00:00:21                     | 00:13:31      | 00:31:43.20          | 00:32:04.45           | +00:12:43    | 6:20            | 9.5           |
| 471         | MACURA Ewa                 | 493           | HRMAX ŻORY                                       | 50-59                  | 23              |               |                  |                          | HRmax Dziolszki                                  | 00:00:20                     | 00:13:32      | 00:31:43.40          | 00:32:04.20           | +00:12:43    | 6:20            | 9.5           |
| 472         | HERDUŚ Lucyna              | 753           |  | 30-39                  | 210             | Tak           |                  |                          |  | 00:00:24                     | 00:13:34      | 00:31:43.50          | 00:32:07.70           | +00:12:43    | 6:20            | 9.5           |
| 473         | PASZEK Hania               | 611           | HRMAX DZIOLSZKI                                  | 40-49                  | 145             |               |                  |                          | HRmax Dziolszki                                  | 00:00:20                     | 00:13:30      | 00:31:43.70          | 00:32:04.15           | +00:12:43    | 6:20            | 9.5           |
| 474         | KOGUT Edyta                | 1291          | HR MAX DZIOLSZKI                                 | 40-49                  | 146             |               |                  |                          | HRmax Dziolszki                                  | 00:00:20                     | 00:13:30      | 00:31:44.05          | 00:32:04.20           | +00:12:44    | 6:20            | 9.5           |
| 475         | LEPICH Katarzyna           | 1236          | MIECHOWICKA GRUPA BIEGOWA                        | 30-39                  | 211             |               |                  |                          | Miechowicka Grupa Biegowa                        | 00:00:33                     | 00:13:32      | 00:31:44.10          | 00:32:17.30           | +00:12:44    | 6:20            | 9.5           |
| 476         | BURNAGIEL Agata            | 292           | HRMAX DZIOLSZKI                                  | 50-59                  | 24              |               |                  |                          | HRmax Dziolszki                                  | 00:00:19                     | 00:13:33      | 00:31:44.55          | 00:32:04.15           | +00:12:44    | 6:21            | 9.4           |
| 477         | LISZOK Iwona               | 597           |  | 30-39                  | 212             | Tak           |                  |                          |  | 00:00:16                     | 00:13:20      | 00:31:44.85          | 00:32:01.45           | +00:12:45    | 6:21            | 9.4           |
| 478         | LIDUK Wioletta             | 1038          |  | 40-49                  | 147             |               |                  |                          |  | 00:00:14                     | 00:12:33      | 00:31:44.95          | 00:31:59.55           | +00:12:45    | 6:21            | 9.4           |
| 479         | BARTECKA Sabina            | 560           | HRMAX ŻORY                                       | 40-49                  | 148             |               |                  |                          | HRmax Dziolszki                                  | 00:00:19                     | 00:13:30      | 00:31:45.25          | 00:32:04.25           | +00:12:45    | 6:21            | 9.4           |
| 480         | BASEK Marta                | 420           | HR MAX DZIOLSZKI                                 | 40-49                  | 149             |               |                  |                          | HRmax Dziolszki                                  | 00:00:18                     | 00:13:31      | 00:31:45.35          | 00:32:03.95           | +00:12:45    | 6:21            | 9.4           |
| 481         | KUCZEK Katarzyna           | 1037          | PGB SPORTOWA PACZKA                              | 40-49                  | 150             |               |                  |                          |  | 00:00:14                     | 00:12:33      | 00:31:45.45          | 00:31:59.45           | +00:12:45    | 6:21            | 9.4           |
| 482         | KALUS Ewa                  | 467           | HRMAX ŻORY                                       | 40-49                  | 151             |               |                  |                          | HRmax Dziolszki                                  | 00:00:18                     | 00:13:31      | 00:31:45.55          | 00:32:04.05           | +00:12:45    | 6:21            | 9.4           |
| 483         | PADIASEK Dominika          | 487           | HRMAX ŻORY                                       | 30-39                  | 213             |               |                  |                          | HRmax Dziolszki                                  | 00:00:18                     | 00:13:33      | 00:31:45.55          | 00:32:04.45           | +00:12:45    | 6:21            | 9.4           |
| 484         | PUSTELNIK Ewa              | 107           |  | 40-49                  | 152             |               |                  |                          |  | 00:00:18                     | 00:13:30      | 00:31:45.70          | 00:32:03.85           | +00:12:45    | 6:21            | 9.4           |
| 485         | DZIAŁKOWSKA Barbara        | 790           |  | 40-49                  | 153             |               |                  |                          |  | 00:00:22                     | 00:13:06      | 00:31:46.40          | 00:32:09.05           | +00:12:46    | 6:21            | 9.4           |
| 486         | KATARZYNA Wesolowska       | 8             |  | 40-49                  | 154             |               |                  |                          |  | 00:00:10                     | 00:12:35      | 00:31:46.50          | 00:31:57.20           | +00:12:46    | 6:21            | 9.4           |
| 487         | ZIELINA Katarzyna          | 732           |  | 20-29                  | 76              |               |                  |                          |  | 00:00:49                     | 00:14:24      | 00:31:46.65          | 00:32:36.10           | +00:12:46    | 6:21            | 9.4           |
| 488         | WALA Anna                  | 1220          |  | 30-39                  | 214             | Tak           |                  |                          |  | 00:00:11                     | 00:12:07      | 00:31:46.85          | 00:31:58.65           | +00:12:47    | 6:21            | 9.4           |
| 489         | KORCZEWSKA Beata           | 1234          | MIECHOWICKA GRUPA BIEGOWA                        | 40-49                  | 155             |               |                  |                          | Miechowicka Grupa Biegowa                        | 00:00:33                     | 00:13:32      | 00:31:48.00          | 00:32:21.30           | +00:12:48    | 6:21            | 9.4           |

| Msc/<br>Rnk | Zawodnik/<br>Name           | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny         | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|-----------------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|--------------------------|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 490         | RADZIEWICZ Renata           | 479           | SPOT                      | 40-49                  | 156             |               |                  |                          |                          | 00:00:45                     | 00:14:15      | 00:31:49.20          | 00:32:35.10           | +00:12:49    | 6:22            | 9.4           |
| 491         | ŻUCHOWICZ Elzbieta          | 908           | KOLOROWA DRUŻYNA NESSI    | 50-59                  | 25              |               |                  |                          | Kolorowa Drużyna Nessi   | 00:00:10                     | 00:13:37      | 00:31:49.55          | 00:31:59.70           | +00:12:49    | 6:21            | 9.4           |
| 492         | MARCINKOWSKA Magdalena      | 119           | MIECHOWICKA GRUPA BIEGOWA | 30-39                  | 215             |               |                  |                          | Miechowska Grupa Biegowa | 00:00:31                     | 00:13:34      | 00:31:50.35          | 00:32:21.65           | +00:12:50    | 6:22            | 9.4           |
| 493         | PETRYKOWSKA Elzbieta        | 578           | AMATOR                    | 40-49                  | 157             |               |                  |                          |                          | 00:00:07                     | 00:12:51      | 00:31:50.95          | 00:31:58.35           | +00:12:51    | 6:22            | 9.4           |
| 494         | MAZUR Justyna               | 387           | FANTASTIC ANIA SIKORA     | 30-39                  | 216             |               |                  |                          |                          | 00:00:20                     | 00:13:34      | 00:31:51.65          | 00:32:12.00           | +00:12:51    | 6:22            | 9.4           |
| 495         | WOJTOŃ-STAWICKA Małgorzata  | 246           | RUNTEAM PAWŁOWICE         | 50-59                  | 26              |               |                  |                          | Runteam Pawlowice        | 00:00:22                     | 00:13:33      | 00:31:51.80          | 00:32:14.35           | +00:12:52    | 6:22            | 9.4           |
| 496         | WOSIŃSKA Helena             | 942           | RUNTEAM PAWŁOWICE         | 30-39                  | 217             |               |                  |                          | Runteam Pawlowice        | 00:00:20                     | 00:13:08      | 00:31:53.80          | 00:32:14.30           | +00:12:54    | 6:22            | 9.4           |
| 497         | ZAGÓRSKA Beata              | 1297          | NIEDŹWIEDŹ TEAM           | 30-39                  | 218             |               |                  |                          |                          | 00:00:49                     | 00:13:28      | 00:31:54.10          | 00:32:43.10           | +00:12:54    | 6:22            | 9.4           |
| 498         | GORUS Anna                  | 719           | NIGHT RUNNERS ZABRZE      | 30-39                  | 219             |               |                  |                          | Night Runners            | 00:00:40                     | 00:13:35      | 00:31:54.50          | 00:32:35.35           | +00:12:54    | 6:23            | 9.4           |
| 499         | SYLWIA Kopel                | 1127          | KOBIETY NA 5+             | 40-49                  | 158             | Tak           |                  |                          | Kobiety na 5+            | 00:00:32                     | 00:13:21      | 00:31:54.60          | 00:32:26.75           | +00:12:54    | 6:22            | 9.4           |
| 500         | DELEWSKA Dorota             | 512           | NIGHT RUNNERS             | 40-49                  | 159             |               |                  |                          | Night Runners            | 00:00:39                     | 00:13:36      | 00:31:54.80          | 00:32:34.60           | +00:12:55    | 6:23            | 9.4           |
| 501         | ŻURKE Basia                 | 859           | NIGHT RUNNERS             | 40-49                  | 160             |               |                  |                          |                          | 00:00:27                     | 00:12:53      | 00:31:55.10          | 00:32:22.80           | +00:12:55    | 6:23            | 9.4           |
| 502         | BARDOSZ Renata              | 589           | NIGHT RUNNERS             | 40-49                  | 161             |               |                  |                          | Night Runners            | 00:00:39                     | 00:13:37      | 00:31:55.35          | 00:32:34.85           | +00:12:55    | 6:23            | 9.4           |
| 503         | HRYNKIEWICZ Izabela         | 1098          |                           | 30-39                  | 220             |               |                  |                          |                          | 00:00:26                     | 00:12:57      | 00:31:56.85          | 00:32:23.00           | +00:12:57    | 6:23            | 9.4           |
| 504         | DOROBEK Agata               | 582           |                           | 40-49                  | 162             |               |                  |                          |                          | 00:00:36                     | 00:13:40      | 00:31:58.50          | 00:32:34.80           | +00:12:58    | 6:23            | 9.4           |
| 505         | STOPYRA Agnieszka           | 684           | BRAK                      | 40-49                  | 163             | Tak           |                  |                          |                          | 00:00:16                     | 00:13:03      | 00:32:00.10          | 00:32:16.65           | +00:13:00    | 6:24            | 9.4           |
| 506         | PILCH Anna                  | 1155          |                           | 30-39                  | 221             |               |                  |                          |                          | 00:00:33                     | 00:14:03      | 00:32:03.15          | 00:32:36.55           | +00:13:03    | 6:24            | 9.4           |
| 507         | KISZKA Oriana               | 20            | DIAGNOSTIX                | 30-39                  | 222             |               |                  |                          | DIAGNOSTIX               | 00:00:33                     | 00:14:03      | 00:32:03.15          | 00:32:36.65           | +00:13:03    | 6:24            | 9.4           |
| 508         | TOMAN Aneta                 | 1199          | HRMAXZORY                 | 30-39                  | 223             |               |                  |                          | HRmax Dziolszki          | 00:00:00                     | 00:13:53      | 00:32:04.10          | 00:32:04.10           | +00:13:04    | 6:24            | 9.4           |
| 509         | SAWICKA Marta               | 47            |                           | 30-39                  | 224             | Tak           |                  |                          |                          | 00:00:47                     | 00:13:58      | 00:32:04.80          | 00:32:52.70           | +00:13:05    | 6:25            | 9.4           |
| 510         | BERNAT Katarzyna            | 902           |                           | 40-49                  | 164             |               |                  |                          |                          | 00:00:35                     | 00:13:15      | 00:32:05.25          | 00:32:40.35           | +00:13:05    | 6:25            | 9.4           |
| 511         | KUFIETA Ewelina Ina         | 664           |                           | 30-39                  | 225             |               |                  |                          |                          | 00:00:35                     | 00:13:15      | 00:32:05.35          | 00:32:40.45           | +00:13:05    | 6:25            | 9.4           |
| 512         | KUCZERA Angelika            | 505           |                           | 16-19                  | 14              |               | KUCZERA TEAM     | Matka + Córka            |                          | 00:00:31                     | 00:14:29      | 00:32:06.10          | 00:32:37.15           | +00:13:06    | 6:25            | 9.3           |
| 513         | BORIŃSKA Jadwiga            | 662           |                           | 50-59                  | 27              |               |                  |                          |                          | 00:00:36                     | 00:13:54      | 00:32:06.30          | 00:32:42.55           | +00:13:06    | 6:25            | 9.3           |
| 514         | ŚWIERCZ Anna                | 187           | KOBIETY NA 5+             | 40-49                  | 165             |               |                  |                          | Kobiety na 5+            | 00:00:14                     | 00:12:58      | 00:32:06.80          | 00:32:21.70           | +00:13:07    | 6:25            | 9.3           |
| 515         | PŁASKA Barbara              | 62            | KOBIETY NA 5+             | 40-49                  | 166             | Tak           |                  |                          | Kobiety na 5+            | 00:00:14                     | 00:12:58      | 00:32:07.35          | 00:32:21.55           | +00:13:07    | 6:25            | 9.3           |
| 516         | KAŃTOCH Izabela             | 158           | HAM EXPERT                | 40-49                  | 167             |               |                  |                          |                          | 00:00:43                     | 00:13:44      | 00:32:07.85          | 00:32:51.65           | +00:13:08    | 6:25            | 9.3           |
| 517         | KANTOROWSKA Ania            | 699           | POWOLI DO CELU            | 30-39                  | 226             |               |                  |                          |                          | 00:00:40                     | 00:13:36      | 00:32:12.15          | 00:32:52.45           | +00:13:12    | 6:26            | 9.3           |
| 518         | MAZUROWSKA Bogusława        | 1040          |                           | 40-49                  | 168             |               |                  |                          |                          | 00:00:26                     | 00:13:20      | 00:32:15.20          | 00:32:41.40           | +00:13:15    | 6:27            | 9.3           |
| 519         | GRZELAK Patrycja            | 583           | KOBIETY NA 5+             | 30-39                  | 227             | Tak           |                  |                          | Kolorowa Drużyna Nessi   | 00:00:16                     | 00:13:24      | 00:32:15.35          | 00:32:32.15           | +00:13:15    | 6:27            | 9.3           |
| 520         | SZALA Beata                 | 267           | SBD ENERGETYK RYBNIK      | 30-39                  | 228             |               |                  |                          | Sbd Energetyk Rybnik     | 00:00:33                     | 00:13:18      | 00:32:16.60          | 00:32:49.60           | +00:13:16    | 6:27            | 9.3           |
| 521         | KSEPKO Kasia                | 91            |                           | 30-39                  | 229             | Tak           |                  |                          |                          | 00:00:34                     | 00:13:54      | 00:32:17.15          | 00:32:52.00           | +00:13:17    | 6:27            | 9.3           |
| 522         | POLIWKA-FILIPOWSKA Karolina | 858           |                           | 20-29                  | 77              | Tak           |                  |                          |                          | 00:00:53                     | 00:14:23      | 00:32:17.95          | 00:33:11.00           | +00:13:18    | 6:27            | 9.3           |
| 523         | ŚLEDŹ Dorota                | 88            | HRMAX ŻORY                | 16-19                  | 15              |               |                  |                          | HRmax Dziolszki          | 00:00:20                     | 00:13:36      | 00:32:18.60          | 00:32:38.60           | +00:13:18    | 6:27            | 9.3           |
| 524         | BAŁA Justyna                | 151           | KOBIETY NA 5+             | 30-39                  | 230             | Tak           | Gregory Team     | Sisters                  | Kobiety na 5+            | 00:00:24                     | 00:13:37      | 00:32:18.65          | 00:32:43.60           | +00:13:18    | 6:27            | 9.3           |
| 525         | MYŚLIWIEC Monika            | 1156          | KOBIETY NA 5+             | 40-49                  | 169             | Tak           |                  |                          | Kobiety na 5+            | 00:00:02                     | 00:13:00      | 00:32:19.10          | 00:32:21.90           | +00:13:19    | 6:27            | 9.3           |



| Msc/<br>Rnk | Zawodnik/<br>Name             | Numer/<br>Bib | Klub/ Team                      | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny   | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny        | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|-------------------------------|---------------|---------------------------------|------------------------|-----------------|---------------|--------------------|--------------------------|-------------------------|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 526         | VAIDYAN Vimala                | 828           |                                 | 20-29                  | 78              | Tak           |                    |                          |                         | 00:00:03                     | 00:13:14      | 00:32:20.05          | 00:32:23.05           | +00:13:20    | 6:28            | 9.3           |
| 527         | SIKORA Anna                   | 247           | FANTASTIC ANIA SIKORA           | 40-49                  | 170             |               | Sikorki            | Matka + Córka            | Fantastic Ania Sikora   | 00:00:00                     | 00:13:03      | 00:32:20.25          | 00:32:20.25           | +00:13:20    | 6:28            | 9.3           |
| 528         | SIKORA Magdalena              | 5             | FANTASTIC ANIA SIKORA           | 16-19                  | 16              |               | Fantastic Team     | Matka + Córka            | Fantastic Ania Sikora   | 00:00:00                     | 00:13:03      | 00:32:20.45          | 00:32:20.45           | +00:13:20    | 6:28            | 9.3           |
| 529         | M Beata                       | 109           | BB BIELSZCZANKI BIEGAJĄ         | 50-59                  | 28              |               |                    |                          | BB Bielszczanki Biegają | 00:00:37                     | 00:13:23      | 00:32:21.20          | 00:32:58.45           | +00:13:21    | 6:28            | 9.3           |
| 530         | KRZEMPEK Bogusława            | 71            | WAPIENICKI TEAM                 | 40-49                  | 171             |               |                    |                          | BB Bielszczanki Biegają | 00:00:37                     | 00:13:31      | 00:32:21.50          | 00:32:58.70           | +00:13:21    | 6:28            | 9.3           |
| 531         | MIŚKOWIEC Agnieszka           | 1136          |                                 | 40-49                  | 172             | Tak           |                    |                          |                         | 00:00:38                     | 00:13:42      | 00:32:21.95          | 00:32:59.95           | +00:13:22    | 6:28            | 9.3           |
| 532         | PIECHOTA Hanna                | 17            | DECATHLON ŻORY                  | 20-29                  | 79              |               |                    |                          | Decathlon Żory          | 00:00:25                     | 00:13:55      | 00:32:24.00          | 00:32:49.25           | +00:13:24    | 6:28            | 9.3           |
| 533         | JASZCZAK Małgorzata           | 134           |                                 | 20-29                  | 80              |               |                    |                          |                         | 00:00:17                     | 00:13:38      | 00:32:25.15          | 00:32:42.80           | +00:13:25    | 6:29            | 9.3           |
| 534         | KOWALCZYK Zuzanna             | 16            | DECATHLON ŻORY                  | 30-39                  | 231             |               |                    |                          | Decathlon Żory          | 00:00:24                     | 00:13:55      | 00:32:25.15          | 00:32:49.35           | +00:13:25    | 6:29            | 9.3           |
| 535         | STANISZEWSKA-COLIK Magdalena  | 524           |                                 | 30-39                  | 232             |               |                    |                          |                         | 00:00:03                     | 00:13:39      | 00:32:25.35          | 00:32:28.85           | +00:13:25    | 6:29            | 9.3           |
| 536         | WITKOWSKA Maria               | 384           | KLUB KRÓLIKA STEFANA            | 60+                    | 8               |               |                    |                          |                         | 00:00:33                     | 00:13:45      | 00:32:26.30          | 00:33:00.25           | +00:13:26    | 6:29            | 9.2           |
| 537         | GODZIC Magdalena              | 451           |                                 | 40-49                  | 173             |               |                    |                          |                         | 00:00:29                     | 00:13:19      | 00:32:26.40          | 00:32:55.45           | +00:13:26    | 6:29            | 9.2           |
| 538         | SZCZĘŚBNIAK DUDAŁA Małgorzata | 1239          | #CZELADZBIEGA                   | 40-49                  | 174             |               |                    |                          | #czeladzbiega           | 00:00:30                     | 00:13:14      | 00:32:28.25          | 00:32:58.85           | +00:13:28    | 6:29            | 9.2           |
| 539         | WRZOSEK Karolina              | 35            | #CZELADZBIEGA                   | 20-29                  | 81              |               |                    |                          | #czeladzbiega           | 00:00:29                     | 00:13:15      | 00:32:28.85          | 00:32:58.55           | +00:13:29    | 6:29            | 9.2           |
| 540         | BUJAK-KAPA Dorota             | 958           | #CZELADZBIEGA                   | 30-39                  | 233             |               |                    |                          | #czeladzbiega           | 00:00:29                     | 00:13:15      | 00:32:28.90          | 00:32:58.85           | +00:13:29    | 6:29            | 9.2           |
| 541         | ZIEJA Iza                     | 364           |                                 | 40-49                  | 175             | Tak           | MARIZA             | Matka + Córka            |                         | 00:00:05                     | 00:13:33      | 00:32:29.25          | 00:32:34.50           | +00:13:29    | 6:29            | 9.2           |
| 542         | KSIĄDZ Aneta                  | 802           |                                 | 30-39                  | 234             |               |                    |                          |                         | 00:00:25                     | 00:13:58      | 00:32:29.70          | 00:32:55.55           | +00:13:29    | 6:30            | 9.2           |
| 543         | GORAUS Anna                   | 188           | ADS MASNA                       | 30-39                  | 235             |               |                    |                          | ADS Masna               | 00:00:31                     | 00:13:18      | 00:32:29.85          | 00:33:01.65           | +00:13:30    | 6:30            | 9.2           |
| 544         | MARCYNIAK Katarzyna           | 1119          |                                 | 30-39                  | 236             |               |                    |                          | Strong women            | 00:00:30                     | 00:14:17      | 00:32:32.30          | 00:33:02.45           | +00:13:32    | 6:30            | 9.2           |
| 545         | KOZDĘBA Katarzyna             | 1072          |                                 | 40-49                  | 176             |               |                    |                          | Strong women            | 00:00:30                     | 00:14:18      | 00:32:32.30          | 00:33:02.50           | +00:13:32    | 6:30            | 9.2           |
| 546         | KOŁODZIEJ Ilona               | 527           | -----                           | 40-49                  | 177             |               |                    |                          |                         | 00:00:47                     | 00:14:02      | 00:32:32.95          | 00:33:20.10           | +00:13:33    | 6:30            | 9.2           |
| 547         | KAJDA Zuzanna                 | 78            | SUSZECKA GRUPA BIEGOWA LET'S GO | 30-39                  | 237             |               |                    |                          |                         | 00:00:20                     | 00:13:26      | 00:32:33.10          | 00:32:53.70           | +00:13:33    | 6:30            | 9.2           |
| 548         | AUGUŚCIK Ewelina              | 30            |                                 | 30-39                  | 238             | Tak           | Nowaczki dziwaczki | Sisters                  |                         | 00:00:19                     | 00:13:21      | 00:32:36.35          | 00:32:56.05           | +00:13:36    | 6:31            | 9.2           |
| 549         | CHROBOK Natalia               | 734           | OLZA CIESZYN                    | 30-39                  | 239             |               |                    |                          | Olza Cieszyn            | 00:00:21                     | 00:13:20      | 00:32:37.05          | 00:32:58.65           | +00:13:37    | 6:31            | 9.2           |
| 550         | JAKACKA Agata                 | 1048          |                                 | 20-29                  | 82              | Tak           |                    |                          |                         | 00:00:49                     | 00:15:18      | 00:32:37.35          | 00:33:27.05           | +00:13:37    | 6:31            | 9.2           |
| 551         | KLEPACKA Edyta                | 219           |                                 | 40-49                  | 178             |               |                    |                          |                         | 00:00:33                     | 00:13:53      | 00:32:37.60          | 00:33:10.80           | +00:13:37    | 6:31            | 9.2           |
| 552         | ŻERDKA Agnieszka              | 1106          | BRYKAJĄCA GRUPA BIEGOWA         | 30-39                  | 240             |               |                    |                          | Brykająca Grupa Biegowa | 00:00:32                     | 00:13:44      | 00:32:39.15          | 00:33:11.75           | +00:13:39    | 6:31            | 9.2           |
| 553         | SIENKIEWICZ Gabriela          | 761           |                                 | 30-39                  | 241             |               |                    |                          |                         | 00:00:38                     | 00:13:42      | 00:32:39.95          | 00:33:18.65           | +00:13:40    | 6:32            | 9.2           |
| 554         | JAKIMCZUK Małgorzata          | 806           |                                 | 40-49                  | 179             |               |                    |                          |                         | 00:00:00                     | 00:14:07      | 00:32:40.45          | 00:32:40.45           | +00:13:40    | 6:32            | 9.2           |
| 555         | GRZYŚKA Katarzyna             | 371           |                                 | 30-39                  | 242             |               |                    |                          | Smoczy Gang             | 00:01:19                     | 00:13:58      | 00:32:40.80          | 00:34:00.75           | +00:13:41    | 6:32            | 9.2           |
| 556         | KRZACZEK Aleksandra           | 849           | RADLINIOKI W BIEGU              | 40-49                  | 180             |               |                    |                          | Radlinioki w biegu      | 00:00:27                     | 00:13:41      | 00:32:41.30          | 00:33:09.10           | +00:13:41    | 6:32            | 9.2           |
| 557         | TOKAREWICZ Justyna            | 936           |                                 | 30-39                  | 243             | Tak           |                    |                          |                         | 00:00:22                     | 00:13:55      | 00:32:41.70          | 00:33:03.95           | +00:13:41    | 6:32            | 9.2           |
| 558         | KRÓLIKOWSKA Gabriela          | 165           | KATOWICE                        | 60+                    | 9               |               |                    |                          |                         | 00:00:01                     | 00:13:26      | 00:32:43.50          | 00:32:44.95           | +00:13:43    | 6:32            | 9.2           |

| Msc/<br>Rnk | Zawodnik/<br>Name    | Numer/<br>Bib | Klub/ Team             | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny     | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                                 | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|----------------------|---------------|------------------------|------------------------|-----------------|---------------|----------------------|--------------------------|--|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 559         | PRZYBYŁA Violetta    | 543           | PARKRUN TYCHY          | 40-49                  | 181             |               |                      |                          |  | 00:00:02                     | 00:13:04      | 00:32:44.80          | 00:32:46.95           | +00:13:45    | 6:32            | 9.2           |
| 560         | STEKLA-MAJER Anna    | 1096          |                        | 20-29                  | 83              |               |                      |                          |  | 00:00:27                     | 00:13:47      | 00:32:45.20          | 00:33:12.75           | +00:13:45    | 6:33            | 9.2           |
| 561         | NĘDZA Luiza          | 816           |                        | 20-29                  | 84              |               | Nędza                | Matka + Córka            |  | 00:00:41                     | 00:14:31      | 00:32:47.55          | 00:33:28.95           | +00:13:47    | 6:33            | 9.2           |
| 562         | MIKA Emilia          | 646           |                        | 20-29                  | 85              | Tak           |                      |                          |  | 00:00:39                     | 00:13:41      | 00:32:47.70          | 00:33:27.65           | +00:13:47    | 6:33            | 9.1           |
| 563         | SUDLITZ Anna         | 1049          | FORTUNA SISTERS        | 30-39                  | 244             |               | Fortuna Sisters      | Sisters                  |  | 00:00:38                     | 00:14:48      | 00:32:48.90          | 00:33:27.55           | +00:13:49    | 6:33            | 9.1           |
| 564         | FOJCIK Asia          | 145           | SBD ENERGETYK RYBNIK   | 40-49                  | 182             |               |                      |                          | Sbd Energetyk Rybnik                             | 00:00:00                     | 00:13:51      | 00:32:49.40          | 00:32:49.40           | +00:13:49    | 6:33            | 9.1           |
| 565         | SZLAUR Ewelina       | 720           | OLZA CIESZYN           | 30-39                  | 245             |               |                      |                          | Olza Cieszyn                                     | 00:00:44                     | 00:14:47      | 00:32:50.00          | 00:33:34.20           | +00:13:50    | 6:34            | 9.1           |
| 566         | DRYNDĄ Jolanta       | 735           |                        | 30-39                  | 246             |               |                      |                          |  | 00:00:10                     | 00:13:21      | 00:32:50.10          | 00:33:00.80           | +00:13:50    | 6:34            | 9.1           |
| 567         | TOWŚCIK Anna         | 918           |                        | 30-39                  | 247             |               |                      |                          |  | 00:00:23                     | 00:13:55      | 00:32:52.75          | 00:33:16.00           | +00:13:52    | 6:34            | 9.1           |
| 568         | RODAK Agnieszka      | 1125          | W POGONI ZA DUCHEM     | 30-39                  | 248             |               |                      |                          |  | 00:00:34                     | 00:14:11      | 00:32:52.75          | 00:33:27.50           | +00:13:52    | 6:34            | 9.1           |
| 569         | MAZUR Aleksandra     | 365           |                        | 30-39                  | 249             | Tak           |                      |                          |  | 00:00:45                     | 00:15:13      | 00:32:53.35          | 00:33:38.50           | +00:13:53    | 6:34            | 9.1           |
| 570         | NAWROCKA Agnieszka   | 213           |                        | 40-49                  | 183             |               |                      |                          |  | 00:00:28                     | 00:14:00      | 00:32:55.35          | 00:33:23.35           | +00:13:55    | 6:35            | 9.1           |
| 571         | GASZKA Sylwia        | 225           |                        | 40-49                  | 184             |               |                      |                          |  | 00:00:27                     | 00:13:29      | 00:32:55.55          | 00:33:22.65           | +00:13:55    | 6:35            | 9.1           |
| 572         | JAROSIŃSKA Barbara   | 608           |                        | 40-49                  | 185             |               |                      |                          | Olza Cieszyn                                     | 00:00:28                     | 00:14:00      | 00:32:55.85          | 00:33:24.65           | +00:13:56    | 6:35            | 9.1           |
| 573         | STRZODA Barbara      | 448           | PSZCZYNA BIEGA         | 30-39                  | 250             |               |                      |                          | Pszczyna Biega                                   | 00:00:13                     | 00:13:21      | 00:32:56.05          | 00:33:09.35           | +00:13:56    | 6:35            | 9.1           |
| 574         | TATARCZYK Justyna    | 481           |                        | 30-39                  | 251             | Tak           |                      |                          |  | 00:00:33                     | 00:14:01      | 00:32:56.05          | 00:33:29.50           | +00:13:56    | 6:35            | 9.1           |
| 575         | MAGDALENA Gałuszka   | 1050          | FORTUNA SISTERS        | 40-49                  | 186             |               | Fortuna Sisters      | Sisters                  |  | 00:00:38                     | 00:14:48      | 00:32:59.00          | 00:33:37.05           | +00:13:59    | 6:35            | 9.1           |
| 576         | KRYSTEK Ewelina      | 715           | PSZCZYNA BIEGA         | 30-39                  | 252             |               |                      |                          |  | 00:00:12                     | 00:13:22      | 00:32:59.70          | 00:33:12.55           | +00:13:59    | 6:36            | 9.1           |
| 577         | BORUS Joanna         | 438           | OLZA CIESZYN           | 40-49                  | 187             |               |                      |                          | Olza Cieszyn                                     | 00:00:28                     | 00:13:57      | 00:32:59.90          | 00:33:28.50           | +00:14:00    | 6:36            | 9.1           |
| 578         | SAMSEL Zuzanna       | 557           |                        | 30-39                  | 253             |               |                      |                          |  | 00:00:44                     | 00:14:19      | 00:33:00.30          | 00:33:44.35           | +00:14:00    | 6:36            | 9.1           |
| 579         | SKRZYPCZAK Edyta     | 877           |                        | 20-29                  | 86              | Tak           |                      |                          |  | 00:00:05                     | 00:15:01      | 00:33:01.85          | 00:33:07.15           | +00:14:02    | 6:36            | 9.1           |
| 580         | JÓZEF Ania           | 314           | ADS MASNA              | 30-39                  | 254             |               |                      |                          | ADS Masna  | 00:00:15                     | 00:13:43      | 00:33:01.90          | 00:33:17.50           | +00:14:02    | 6:36            | 9.1           |
| 581         | ADAMUS Katarzyna     | 67            | OLZA CIESZYN           | 40-49                  | 188             |               |                      |                          | Olza Cieszyn                                     | 00:00:33                     | 00:14:05      | 00:33:03.00          | 00:33:36.30           | +00:14:03    | 6:36            | 9.1           |
| 582         | TARGOSZ Aneta        | 24            | OLZA CIESZYN           | 30-39                  | 255             |               |                      |                          | Olza Cieszyn                                     | 00:00:32                     | 00:14:06      | 00:33:04.10          | 00:33:36.60           | +00:14:04    | 6:36            | 9.1           |
| 583         | HALSZKA Dominika     | 996           |                        | 20-29                  | 87              |               |                      |                          |  | 00:00:24                     | 00:14:02      | 00:33:04.55          | 00:33:28.95           | +00:14:04    | 6:36            | 9.1           |
| 584         | LANGE Katarzyna      | 756           | VIKING TRAINING CENTER | 30-39                  | 256             |               |                      |                          |  | 00:00:49                     | 00:15:12      | 00:33:04.65          | 00:33:54.35           | +00:14:04    | 6:37            | 9.1           |
| 585         | JAFERNIK Małgorzata  | 1262          | PW RAFI                | 30-39                  | 257             |               | Siostry Daniszewskie | Sisters                  |  | 00:00:35                     | 00:14:04      | 00:33:05.45          | 00:33:41.35           | +00:14:05    | 6:37            | 9.1           |
| 586         | NOWAK Anna           | 456           |                        | 40-49                  | 189             |               |                      |                          |  | 00:00:29                     | 00:13:56      | 00:33:06.25          | 00:33:35.35           | +00:14:06    | 6:37            | 9.1           |
| 587         | PUDA Dorota          | 1183          |                        | 40-49                  | 190             |               |                      |                          |  | 00:00:22                     | 00:13:50      | 00:33:06.30          | 00:33:29.25           | +00:14:06    | 6:37            | 9.1           |
| 588         | KISIELEWSKA Mirella  | 480           |                        | 30-39                  | 258             |               |                      |                          |  | 00:00:44                     | 00:13:53      | 00:33:06.85          | 00:33:50.95           | +00:14:07    | 6:37            | 9.1           |
| 589         | PROKOPENKO Aga       | 122           |                        | 40-49                  | 191             |               |                      |                          |  | 00:01:06                     | 00:13:35      | 00:33:08.90          | 00:34:15.45           | +00:14:09    | 6:37            | 9             |
| 590         | BRODA Beata          | 263           |                        | 40-49                  | 192             |               |                      |                          |  | 00:00:14                     | 00:13:21      | 00:33:09.45          | 00:33:23.95           | +00:14:09    | 6:37            | 9             |
| 591         | WERESZCZAK Agnieszka | 133           |                        | 40-49                  | 193             |               |                      |                          | Zespół Szkół Nr 6 im. Króla Jana III Sobieskiego | 00:00:33                     | 00:13:40      | 00:33:10.80          | 00:33:44.45           | +00:14:11    | 6:38            | 9             |
| 592         | ADAMUS Anna          | 573           | BRĄK                   | 40-49                  | 194             |               |                      |                          |  | 00:00:36                     | 00:13:45      | 00:33:12.85          | 00:33:49.05           | +00:14:13    | 6:38            | 9             |
| 593         | DZIEDZIC Aga         | 1104          |                        | 16-19                  | 17              |               |                      |                          |  | 00:00:46                     | 00:14:02      | 00:33:13.55          | 00:33:59.85           | +00:14:13    | 6:38            | 9             |
| 594         | SZKATUŁA Jadwiga     | 953           |                        | 20-29                  | 88              |               |                      |                          |  | 00:00:26                     | 00:13:53      | 00:33:13.70          | 00:33:39.85           | +00:14:13    | 6:38            | 9             |
| 595         | ROLA Agnieszka       | 1012          |                        | 40-49                  | 195             |               |                      |                          |  | 00:00:53                     | 00:14:13      | 00:33:14.15          | 00:34:07.50           | +00:14:14    | 6:38            | 9             |

| Msc/<br>Rnk | Zawodnik/<br>Name      | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                 | Czas<br>startu/Start<br>time | Czas<br>netto<br>2.5km<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |     |
|-------------|------------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|----------------------------------|------------------------------|-------------------------------|-----------------------|--------------|-----------------|---------------|-----|
| 596         | SERWIN Asia            | 532           |                           | 20-29                  | 89              |               |                  |                          |                                  | 00:00:20                     | 00:12:55                      | 00:33:15.20           | 00:33:35.70  | +00:14:15       | 6:39          | 9   |
| 597         | KISZKA Wioletta        | 897           |                           | 30-39                  | 259             | Tak           |                  |                          |                                  | 00:01:12                     | 00:13:52                      | 00:33:16.35           | 00:34:28.45  | +00:14:16       | 6:39          | 9   |
| 598         | KINEL Agnieszka        | 63            | ADS MASNA                 | 30-39                  | 260             |               |                  |                          | ADS Masna                        | 00:00:00                     | 00:13:57                      | 00:33:17.50           | 00:33:17.50  | +00:14:17       | 6:39          | 9   |
| 599         | JAROŃ Katarzyna        | 530           |                           | 30-39                  | 261             |               |                  |                          |                                  | 00:00:12                     | 00:13:17                      | 00:33:19.50           | 00:33:31.90  | +00:14:19       | 6:39          | 9   |
| 600         | LASKOWSKA Anna         | 864           |                           | 30-39                  | 262             |               |                  |                          |                                  | 00:00:36                     | 00:14:34                      | 00:33:20.70           | 00:33:57.00  | +00:14:20       | 6:40          | 9   |
| 601         | LISZKA Ania            | 967           |                           | 30-39                  | 263             |               |                  |                          | Akademia Biegania w Świerklanach | 00:00:09                     | 00:13:21                      | 00:33:21.00           | 00:33:30.00  | +00:14:21       | 6:40          | 9   |
| 602         | JANOTA Monika          | 434           | GB GALOPUJĄCE ŚLIMAKI     | 30-39                  | 264             | Tak           |                  |                          |                                  | 00:00:26                     | 00:13:50                      | 00:33:21.30           | 00:33:47.35  | +00:14:21       | 6:40          | 9   |
| 603         | CYWIŃSKA Elżbieta      | 304           | ŚWIERCZYNIEC RUNNING      | 40-49                  | 196             |               |                  |                          |                                  | 00:00:26                     | 00:14:15                      | 00:33:26.25           | 00:33:52.60  | +00:14:26       | 6:41          | 9   |
| 604         | SYPUŁA Danuta          | 713           |                           | 50-59                  | 29              |               |                  |                          |                                  | 00:00:04                     | 00:13:11                      | 00:33:27.60           | 00:33:31.80  | +00:14:27       | 6:41          | 9   |
| 605         | STROJEK Agnieszka      | 536           |                           | 30-39                  | 265             |               |                  |                          |                                  | 00:00:13                     | 00:13:45                      | 00:33:28.85           | 00:33:41.90  | +00:14:29       | 6:41          | 9   |
| 606         | WRÓBLEWSKA Joanna      | 494           |                           | 40-49                  | 197             |               |                  |                          |                                  | 00:00:28                     | 00:14:12                      | 00:33:30.85           | 00:33:58.90  | +00:14:31       | 6:42          | 9   |
| 607         | TOBICZYK Barbara       | 486           |                           | 30-39                  | 266             |               |                  |                          |                                  | 00:00:20                     | 00:13:35                      | 00:33:32.20           | 00:33:52.35  | +00:14:32       | 6:42          | 8.9 |
| 608         | TOKAREWICZ Kasia       | 360           | ZEBRY                     | 30-39                  | 267             |               |                  |                          |                                  | 00:00:22                     | 00:13:57                      | 00:33:32.70           | 00:33:55.65  | +00:14:32       | 6:42          | 8.9 |
| 609         | WIRTH Agnieszka        | 554           |                           | 30-39                  | 268             |               |                  |                          |                                  | 00:00:36                     | 00:14:33                      | 00:33:32.75           | 00:34:09.40  | +00:14:32       | 6:42          | 8.9 |
| 610         | ARASZCZUK Magdalena    | 19            | DECATHLON ŻORY            | 20-29                  | 90              |               |                  |                          | Decathlon Żory                   | 00:00:00                     | 00:13:31                      | 00:33:34.00           | 00:33:34.00  | +00:14:34       | 6:42          | 8.9 |
| 611         | HEKIERT Wioleta        | 297           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 198             |               |                  |                          | Miechowska Grupa Biegowa         | 00:00:07                     | 00:13:36                      | 00:33:35.35           | 00:33:42.80  | +00:14:35       | 6:43          | 8.9 |
| 612         | CZECH Marta            | 878           |                           | 20-29                  | 91              |               | BKteam           | Sisters                  | Panieński Ady                    | 00:00:35                     | 00:14:21                      | 00:33:35.55           | 00:34:11.25  | +00:14:35       | 6:43          | 8.9 |
| 613         | WIŚNIECKA Ania         | 882           |                           | 20-29                  | 92              |               |                  |                          | Panieński Ady                    | 00:00:35                     | 00:14:20                      | 00:33:35.75           | 00:34:11.25  | +00:14:35       | 6:43          | 8.9 |
| 614         | BLANIK Aga             | 730           |                           | 30-39                  | 269             |               |                  |                          |                                  | 00:00:29                     | 00:13:53                      | 00:33:36.85           | 00:34:06.20  | +00:14:37       | 6:43          | 8.9 |
| 615         | KOŁODZIEJ Ewa          | 867           |                           | 50-59                  | 30              |               |                  |                          |                                  | 00:00:22                     | 00:13:50                      | 00:33:39.90           | 00:34:02.15  | +00:14:40       | 6:44          | 8.9 |
| 616         | URBAŚ Monika           | 436           | KOBIETY 5+                | 30-39                  | 270             | Tak           |                  |                          |                                  | 00:00:28                     | 00:13:57                      | 00:33:40.00           | 00:34:08.70  | +00:14:40       | 6:44          | 8.9 |
| 617         | WÓJCIK Anna            | 279           | DRUŻYNA ING               | 30-39                  | 271             |               |                  |                          |                                  | 00:00:07                     | 00:14:05                      | 00:33:40.60           | 00:33:47.80  | +00:14:40       | 6:44          | 8.9 |
| 618         | KLIMCZAK Ewa           | 935           |                           | 20-29                  | 93              | Tak           |                  |                          |                                  | 00:00:21                     | 00:13:57                      | 00:33:40.90           | 00:34:02.45  | +00:14:41       | 6:44          | 8.9 |
| 619         | ANTONIEWSKA Katarzyna  | 443           |                           | 40-49                  | 199             |               |                  |                          |                                  | 00:00:41                     | 00:13:59                      | 00:33:41.60           | 00:34:23.40  | +00:14:41       | 6:44          | 8.9 |
| 620         | RUTKA Magdalena        | 1274          |                           | 20-29                  | 94              | Tak           |                  |                          |                                  | 00:00:39                     | 00:13:41                      | 00:33:42.15           | 00:34:21.90  | +00:14:42       | 6:44          | 8.9 |
| 621         | ZAWADA Teresa          | 890           |                           | 50-59                  | 31              | Tak           | Początkujące     | Matka + Córka            |                                  | 00:00:35                     | 00:14:24                      | 00:33:42.15           | 00:34:17.85  | +00:14:42       | 6:44          | 8.9 |
| 622         | OSTROWSKA Izabela      | 1035          | KOBIETY NA 5+             | 40-49                  | 200             | Tak           |                  |                          | Drużyna Kobiety na 5+            | 00:00:50                     | 00:14:08                      | 00:33:42.25           | 00:34:32.35  | +00:14:42       | 6:44          | 8.9 |
| 623         | WESOŁY Agnieszka       | 123           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 201             |               |                  |                          | Miechowska Grupa Biegowa         | 00:00:46                     | 00:15:07                      | 00:33:44.85           | 00:34:31.45  | +00:14:45       | 6:45          | 8.9 |
| 624         | ŚWIETLIK Joanna        | 613           |                           | 30-39                  | 272             |               |                  |                          |                                  | 00:00:12                     | 00:13:46                      | 00:33:48.50           | 00:34:01.30  | +00:14:48       | 6:45          | 8.9 |
| 625         | ORZECZOWSKA Iwona      | 619           | MYSŁOWICKI KLUB NO 1      | 30-39                  | 273             |               |                  |                          | Numberlanki                      | 00:00:10                     | 00:13:31                      | 00:33:48.55           | 00:33:59.45  | +00:14:48       | 6:45          | 8.9 |
| 626         | KRÓL Magdalena         | 1196          | KING TEAM                 | 40-49                  | 202             |               |                  |                          |                                  | 00:00:43                     | 00:14:20                      | 00:33:49.10           | 00:34:32.55  | +00:14:49       | 6:45          | 8.9 |
| 627         | PODESZWA Barbara       | 648           | WYMYŚLANKA                | 40-49                  | 203             |               |                  |                          |                                  | 00:00:46                     | 00:14:59                      | 00:33:49.35           | 00:34:36.10  | +00:14:49       | 6:46          | 8.9 |
| 628         | MAZUR Małgorzata       | 1109          | KOBIETY NA 5+             | 40-49                  | 204             | Tak           |                  |                          | Drużyna Kobiety na 5+            | 00:00:23                     | 00:14:18                      | 00:33:50.25           | 00:34:13.80  | +00:14:50       | 6:46          | 8.9 |
| 629         | PAWLIK Natalia         | 422           |                           | 20-29                  | 95              | Tak           |                  |                          |                                  | 00:00:24                     | 00:13:35                      | 00:33:51.95           | 00:34:16.75  | +00:14:52       | 6:46          | 8.9 |
| 630         | GÓRAL Alina            | 657           |                           | 30-39                  | 274             |               |                  |                          |                                  | 00:00:50                     | 00:14:15                      | 00:33:51.95           | 00:34:42.85  | +00:14:52       | 6:46          | 8.9 |
| 631         | MRÓZ-NOWIŃSKA Iwona    | 1076          | MORSY NA KOKSIE           | 40-49                  | 205             |               |                  |                          | MORSY NA KOKSIE                  | 00:00:54                     | 00:14:36                      | 00:33:53.05           | 00:34:47.75  | +00:14:53       | 6:46          | 8.9 |
| 632         | SERAFIN-CHWAŁEK Joanna | 1130          | KOBIETY 5+                | 40-49                  | 206             | Tak           |                  |                          | Drużyna Kobiety na 5+            | 00:00:46                     | 00:14:29                      | 00:33:53.65           | 00:34:40.20  | +00:14:53       | 6:46          | 8.8 |

| Msc/<br>Rnk | Zawodnik/<br>Name        | Numer/<br>Bib | Klub/ Team                       | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                 | Czas                 |          | Czas<br>netto | Czas<br>brutto | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|--------------------------|---------------|----------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|----------------------------------|----------------------|----------|---------------|----------------|--------------|-----------------|---------------|
|             |                          |               |                                  |                        |                 |               |                  |                          |                                  | startu/Start<br>time | 2.5km    |               |                |              |                 |               |
| 633         | DZIĘCIELEWSKA Sylwia     | 564           |                                  | 40-49                  | 207             | Tak           |                  |                          | Byle Do Mety                     | 00:00:43             | 00:13:51 | 00:33:54.05   | 00:34:37.40    | +00:14:54    | 6:46            | 8.8           |
| 634         | TOBICZYK-TEPER Agnieszka | 546           |                                  | 40-49                  | 208             |               |                  |                          |                                  | 00:00:34             | 00:13:56 | 00:34:00.85   | 00:34:35.65    | +00:15:01    | 6:48            | 8.8           |
| 635         | WĘGLEWSKA Marzena        | 600           |                                  | 40-49                  | 209             | Tak           | Siostry R        | Sisters                  |                                  | 00:00:08             | 00:13:47 | 00:34:01.20   | 00:34:09.40    | +00:15:01    | 6:48            | 8.8           |
| 636         | GÓRECKA Aleksandra       | 673           | INTER ROPE TEAM                  | 30-39                  | 275             | Tak           |                  |                          |                                  | 00:00:40             | 00:14:34 | 00:34:01.40   | 00:34:41.70    | +00:15:01    | 6:48            | 8.8           |
| 637         | OSZEK Karolina           | 1066          | AMATOR                           | 30-39                  | 276             |               |                  |                          | Strong women                     | 00:00:30             | 00:14:22 | 00:34:01.45   | 00:34:31.70    | +00:15:01    | 6:48            | 8.8           |
| 638         | KLONOWSKA Monika         | 1062          |                                  | 30-39                  | 277             |               |                  |                          | Strong women                     | 00:00:29             | 00:14:23 | 00:34:01.95   | 00:34:31.45    | +00:15:02    | 6:48            | 8.8           |
| 639         | KOLARZ Kasia             | 898           | BB BIELSZCZANI BIEGAJĄ           | 40-49                  | 210             |               |                  |                          | BB Bielszczanki Biegają          | 00:00:23             | 00:14:18 | 00:34:04.85   | 00:34:28.10    | +00:15:05    | 6:49            | 8.8           |
| 640         | MAROSZEK Aleksandra      | 680           |                                  | 40-49                  | 211             |               |                  |                          |                                  | 00:00:18             | 00:13:35 | 00:34:05.25   | 00:34:24.15    | +00:15:05    | 6:49            | 8.8           |
| 641         | KUBIŃSKA Aleksandra      | 606           |                                  | 30-39                  | 278             |               |                  |                          |                                  | 00:00:28             | 00:14:31 | 00:34:05.75   | 00:34:34.10    | +00:15:05    | 6:49            | 8.8           |
| 642         | NĘDZA LIGĘZA Wioletta    | 817           |                                  | 40-49                  | 212             |               | Nędza            | Matka + Córka            |                                  | 00:00:41             | 00:14:35 | 00:34:08.10   | 00:34:49.50    | +00:15:08    | 6:49            | 8.8           |
| 643         | ADAMCZAK Renata          | 1248          | INTER ROPE TEAM                  | 40-49                  | 213             | Tak           |                  |                          |                                  | 00:00:39             | 00:14:35 | 00:34:09.35   | 00:34:48.55    | +00:15:09    | 6:49            | 8.8           |
| 644         | BŁAŻEJEWSKA Magdalena    | 73            |                                  | 30-39                  | 279             |               |                  |                          |                                  | 00:00:38             | 00:14:39 | 00:34:11.15   | 00:34:49.80    | +00:15:11    | 6:50            | 8.8           |
| 645         | PIETRUSZEWSKA Magdalena  | 770           | MIECHOWICKA GRUPA BIEGOWA        | 30-39                  | 280             |               |                  |                          | Miechowska Grupa Biegowa         | 00:00:46             | 00:14:55 | 00:34:11.20   | 00:34:58.00    | +00:15:11    | 6:50            | 8.8           |
| 646         | BROCZKOWSKA Sylwia       | 49            |                                  | 40-49                  | 214             |               |                  |                          |                                  | 00:00:37             | 00:14:40 | 00:34:12.05   | 00:34:49.95    | +00:15:12    | 6:50            | 8.8           |
| 647         | SŁUPIK Bożena            | 833           |                                  | 40-49                  | 215             |               |                  |                          |                                  | 00:00:22             | 00:14:07 | 00:34:12.20   | 00:34:34.65    | +00:15:12    | 6:50            | 8.8           |
| 648         | KAJTOCH Ewa              | 1018          | AKADEMIA BIEGANIA W ŚWIERKLANACH | 40-49                  | 216             |               |                  |                          | Akademia Biegania w Świerklanach | 00:00:32             | 00:13:42 | 00:34:14.90   | 00:34:47.25    | +00:15:15    | 6:51            | 8.8           |
| 649         | HERDA Sławomira          | 558           |                                  | 40-49                  | 217             |               |                  |                          | chillout                         | 00:00:35             | 00:13:51 | 00:34:15.10   | 00:34:50.50    | +00:15:15    | 6:51            | 8.8           |
| 650         | SŁUPECKA Beata           | 44            | KOBIETY NA 5+                    | 40-49                  | 218             | Tak           |                  |                          | Kobiety na 5+                    | 00:00:50             | 00:14:02 | 00:34:15.10   | 00:35:05.70    | +00:15:15    | 6:51            | 8.8           |
| 651         | PEPEK Aneta              | 1277          |                                  | 30-39                  | 281             | Tak           |                  |                          |                                  | 00:00:42             | 00:14:29 | 00:34:16.10   | 00:34:58.55    | +00:15:16    | 6:51            | 8.8           |
| 652         | MORGAŁA Daria            | 315           |                                  | 30-39                  | 282             |               |                  |                          |                                  | 00:00:50             | 00:14:55 | 00:34:16.20   | 00:35:06.80    | +00:15:16    | 6:51            | 8.8           |
| 653         | CZMOK Paulina            | 539           |                                  | 30-39                  | 283             |               |                  |                          |                                  | 00:00:21             | 00:14:22 | 00:34:17.25   | 00:34:38.65    | +00:15:17    | 6:51            | 8.8           |
| 654         | SZAFRON Gosia            | 644           | SPOT PSZCZYNA                    | 30-39                  | 284             |               |                  |                          |                                  | 00:00:25             | 00:14:01 | 00:34:18.60   | 00:34:44.00    | +00:15:18    | 6:51            | 8.7           |
| 655         | WÓJCIAK Magdalena        | 142           |                                  | 30-39                  | 285             |               |                  |                          |                                  | 00:00:23             | 00:13:47 | 00:34:19.45   | 00:34:42.95    | +00:15:19    | 6:51            | 8.7           |
| 656         | HABER Katarzyna          | 1292          | MIECHOWICKA GRUPA BIEGOWA        | 40-49                  | 219             |               |                  |                          | Miechowska Grupa Biegowa         | 00:00:25             | 00:14:29 | 00:34:20.10   | 00:34:45.20    | +00:15:20    | 6:52            | 8.7           |
| 657         | DOBOSZ Katarzyna         | 818           | MIECHOWICKA GRUPA BIEGOWA        | 40-49                  | 220             |               | Gadówy           | Sisters                  | Miechowska Grupa Biegowa         | 00:00:24             | 00:14:30 | 00:34:20.15   | 00:34:44.60    | +00:15:20    | 6:52            | 8.7           |
| 658         | BADACZEWSKA Anna         | 1266          | BTM RUNNERS                      | 30-39                  | 286             |               |                  |                          | BTM Runners                      | 00:00:28             | 00:13:36 | 00:34:26.35   | 00:34:54.35    | +00:15:26    | 6:53            | 8.7           |
| 659         | MORAWIEC Magdalena       | 1254          | BTM RUNNERS                      | 20-29                  | 96              |               |                  |                          | BTM Runners                      | 00:00:27             | 00:13:35 | 00:34:27.25   | 00:34:54.65    | +00:15:27    | 6:53            | 8.7           |
| 660         | SZEWERDA Hanna           | 353           | BTM RUNNERS                      | 40-49                  | 221             |               |                  |                          | BTM Runners                      | 00:00:27             | 00:13:35 | 00:34:27.30   | 00:34:54.55    | +00:15:27    | 6:53            | 8.7           |
| 661         | PARSZEWSKA Ola           | 359           | BTM RUNNERS                      | 20-29                  | 97              |               |                  |                          | BTM Runners                      | 00:00:26             | 00:13:37 | 00:34:27.35   | 00:34:54.05    | +00:15:27    | 6:53            | 8.7           |
| 662         | WĘGOREK Monika           | 357           | BTM RUNNERS                      | 30-39                  | 287             |               |                  |                          | BTM Runners                      | 00:00:27             | 00:13:36 | 00:34:27.40   | 00:34:54.40    | +00:15:27    | 6:53            | 8.7           |
| 663         | ROSA Aśka                | 197           |                                  | 20-29                  | 98              |               |                  |                          |                                  | 00:00:06             | 00:13:40 | 00:34:27.65   | 00:34:34.15    | +00:15:27    | 6:53            | 8.7           |
| 664         | SZYMKOWSKA Zuzanna       | 403           | BTM RUNNERS                      | 40-49                  | 222             |               |                  |                          | BTM Runners                      | 00:00:26             | 00:13:38 | 00:34:27.95   | 00:34:54.40    | +00:15:28    | 6:53            | 8.7           |
| 665         | BŁOŃSKA-POLAK Ewa        | 352           | BTM RUNNERS                      | 40-49                  | 223             |               |                  |                          | BTM Runners                      | 00:00:25             | 00:13:37 | 00:34:28.55   | 00:34:54.40    | +00:15:28    | 6:53            | 8.7           |

| Msc/<br>Rnk | Zawodnik/<br>Name                  | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny        | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny                         | Czas<br>startu/Start<br>time | 2.5km    | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|------------------------------------|---------------|---------------------------|------------------------|-----------------|---------------|-------------------------|--------------------------|--|------------------------------|----------|----------------------|-----------------------|--------------|-----------------|---------------|
| 666         | SAWICKA<br>Agnieszka               | 181           |                           | 30-39                  | 288             | Tak           |                         |                          | NORW DLA<br>DZIECI PRZY<br>ZŁO'BETLEJEM' | 00:00:46                     | 00:14:40 | 00:34:30.00          | 00:35:16.60           | +00:15:30    | 6:54            | 8.7           |
| 667         | SZCZUREK<br>Barbara                | 1010          |                           | 30-39                  | 289             |               |                         |                          |  | 00:00:54                     | 00:15:03 | 00:34:31.10          | 00:35:25.10           | +00:15:31    | 6:54            | 8.7           |
| 668         | NOWAK Ewelina                      | 118           | KOBIETY NA 5+             | 40-49                  | 224             | Tak           |                         |                          | Kobiety na 5+                            | 00:00:48                     | 00:14:33 | 00:34:32.00          | 00:35:20.50           | +00:15:32    | 6:54            | 8.7           |
| 669         | KONOPACKA<br>Waleria               | 335           | ZABIERZÓW BIEGA           | 60+                    | 10              |               |                         |                          | BB Bielszczanki<br>Biegają               | 00:00:42                     | 00:15:00 | 00:34:33.15          | 00:35:15.25           | +00:15:33    | 6:54            | 8.7           |
| 670         | ĆWIKLIŃSKA-<br>SŁOWIK<br>Magdalena | 679           |                           | 30-39                  | 290             | Tak           |                         |                          |  | 00:00:28                     | 00:14:27 | 00:34:33.80          | 00:35:02.60           | +00:15:34    | 6:54            | 8.7           |
| 671         | SMAGA Ewelina                      | 605           |                           | 30-39                  | 291             |               |                         |                          |  | 00:00:00                     | 00:14:59 | 00:34:34.15          | 00:34:34.15           | +00:15:34    | 6:54            | 8.7           |
| 672         | SURY-<br>WOLNIEWICZ<br>Kamila      | 1110          | KOBIETY NA 5+             | 40-49                  | 225             | Tak           |                         |                          | Kobiety na 5+                            | 00:00:53                     | 00:14:50 | 00:34:35.85          | 00:35:29.50           | +00:15:36    | 6:55            | 8.7           |
| 673         | BOMBIK Edyta                       | 896           |                           | 30-39                  | 292             |               |                         |                          |  | 00:00:48                     | 00:14:21 | 00:34:37.00          | 00:35:25.10           | +00:15:37    | 6:55            | 8.7           |
| 674         | DOBŁAJA-PAW Anna                   | 1029          | KĘCKIE HARPAGANY          | 40-49                  | 226             |               |                         |                          |  | 00:00:41                     | 00:14:31 | 00:34:37.00          | 00:35:18.05           | +00:15:37    | 6:55            | 8.7           |
| 675         | MROZEK Karolina                    | 1123          |                           | 20-29                  | 99              |               |                         |                          |  | 00:00:45                     | 00:14:55 | 00:34:37.15          | 00:35:23.10           | +00:15:37    | 6:55            | 8.7           |
| 676         | KRASIŃSKA Inga                     | 976           |                           | 30-39                  | 293             |               |                         |                          |  | 00:00:47                     | 00:14:22 | 00:34:37.40          | 00:35:25.30           | +00:15:37    | 6:55            | 8.7           |
| 677         | ZŁOCH Agnieszka                    | 937           | KĘCKIE HARPAGANY          | 40-49                  | 227             |               |                         |                          | Kolbrowa<br>Drużyna Nessi                | 00:00:40                     | 00:14:32 | 00:34:37.75          | 00:35:18.20           | +00:15:37    | 6:55            | 8.7           |
| 678         | PRZYBYCIN<br>Bożena                | 398           |                           | 30-39                  | 294             |               |                         |                          |  | 00:00:47                     | 00:14:54 | 00:34:38.20          | 00:35:25.35           | +00:15:38    | 6:55            | 8.7           |
| 679         | JORDAN Monika                      | 577           |                           | 30-39                  | 295             |               |                         |                          |  | 00:00:23                     | 00:13:48 | 00:34:40.45          | 00:35:04.35           | +00:15:40    | 6:56            | 8.6           |
| 680         | ŁEPEK Bożena                       | 238           |                           | 40-49                  | 228             |               |                         |                          |  | 00:00:43                     | 00:14:59 | 00:34:42.00          | 00:35:25.30           | +00:15:42    | 6:56            | 8.6           |
| 681         | SERAFIN Izabela                    | 1284          | KLUB BIEGACZA FARTLEK     | 40-49                  | 229             |               |                         |                          | Klub Biegacza<br>Fartlek                 | 00:00:44                     | 00:14:39 | 00:34:43.05          | 00:35:27.60           | +00:15:43    | 6:56            | 8.6           |
| 682         | CHAREŻA<br>Agnieszka               | 1025          | DRUŻYNA KOBIETY NA 5+     | 30-39                  | 296             | Tak           |                         |                          | Drużyna Kobiety<br>na 5+                 | 00:00:44                     | 00:14:39 | 00:34:43.05          | 00:35:27.90           | +00:15:43    | 6:56            | 8.6           |
| 683         | ROTTER Hanna                       | 911           | J TEAM                    | 50-59                  | 32              | Yes           |                         |                          |  | 00:00:14                     | 00:13:31 | 00:34:43.60          | 00:34:58.50           | +00:15:43    | 6:56            | 8.6           |
| 684         | MARYJOSZ<br>Katarzyna              | 253           |                           | 40-49                  | 230             |               |                         |                          |  | 00:00:33                     | 00:14:21 | 00:34:43.60          | 00:35:16.60           | +00:15:43    | 6:56            | 8.6           |
| 685         | MAC Joanna                         | 1192          |                           | 40-49                  | 231             |               |                         |                          |  | 00:00:43                     | 00:14:59 | 00:34:44.50          | 00:35:27.60           | +00:15:44    | 6:56            | 8.6           |
| 686         | PISKORZ Maugo                      | 933           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 232             |               |                         |                          | Miechowska<br>Grupa Biegowa              | 00:00:44                     | 00:13:40 | 00:34:45.00          | 00:35:29.70           | +00:15:45    | 6:57            | 8.6           |
| 687         | DAMIĘCKA Magda                     | 1271          | RUNTEAM PAWŁOWICE         | 30-39                  | 297             |               |                         |                          |  | 00:00:00                     | 00:15:07 | 00:34:47.25          | 00:34:47.25           | +00:15:47    | 6:57            | 8.6           |
| 688         | JANECKA Natalia                    | 883           |                           | 16-19                  | 18              |               |                         |                          |  | 00:00:52                     | 00:14:57 | 00:34:48.00          | 00:35:40.75           | +00:15:48    | 6:57            | 8.6           |
| 689         | NOSOL Karolina                     | 1256          | PW RAFI                   | 20-29                  | 100             |               | Siostry<br>Daniszewskie | Sisters                  |  | 00:00:36                     | 00:14:03 | 00:34:48.80          | 00:35:24.80           | +00:15:49    | 6:57            | 8.6           |
| 690         | OLEARCZYK<br>Marcelina             | 880           |                           | 40-49                  | 233             |               |                         |                          |  | 00:00:12                     | 00:13:21 | 00:34:50.25          | 00:35:02.35           | +00:15:50    | 6:58            | 8.6           |
| 691         | GIZA Anna                          | 1022          |                           | 30-39                  | 298             |               |                         |                          |  | 00:00:19                     | 00:13:57 | 00:34:50.55          | 00:35:10.10           | +00:15:50    | 6:58            | 8.6           |
| 692         | STOCHLA<br>Małgorzata              | 1024          |                           | 40-49                  | 234             |               |                         |                          |  | 00:00:19                     | 00:13:56 | 00:34:52.05          | 00:35:11.10           | +00:15:52    | 6:58            | 8.6           |
| 693         | SENDAL Jolanta                     | 1020          |                           | 30-39                  | 299             |               |                         |                          |  | 00:00:18                     | 00:13:57 | 00:34:52.20          | 00:35:11.10           | +00:15:52    | 6:58            | 8.6           |
| 694         | KABAŁA Monika                      | 1287          |                           | 40-49                  | 235             |               |                         |                          |  | 00:00:00                     | 00:15:45 | 00:34:52.55          | 00:34:52.55           | +00:15:52    | 6:58            | 8.6           |
| 695         | ROZAŁSKA<br>Magdalena              | 1157          |                           | 30-39                  | 300             | Tak           |                         |                          |  | 00:00:34                     | 00:13:27 | 00:34:52.85          | 00:35:27.35           | +00:15:53    | 6:58            | 8.6           |
| 696         | KOTOWICZ<br>Bernadetta             | 1212          |                           | 40-49                  | 236             |               |                         |                          |  | 00:00:37                     | 00:14:57 | 00:34:53.95          | 00:35:31.15           | +00:15:54    | 6:58            | 8.6           |
| 697         | HOŁA Barbara                       | 637           |                           | 30-39                  | 301             |               |                         |                          |  | 00:00:00                     | 00:14:02 | 00:34:54.35          | 00:34:54.35           | +00:15:54    | 6:58            | 8.6           |
| 698         | KOWALSKA<br>Małgorzata             | 907           |                           | 50-59                  | 33              | Tak           | MUSIAŁKI                | Sisters                  |  | 00:00:41                     | 00:14:30 | 00:34:56.55          | 00:35:38.20           | +00:15:56    | 6:59            | 8.6           |
| 699         | ITCZAK Mirella                     | 667           |                           | 20-29                  | 101             |               |                         |                          |  | 00:00:50                     | 00:15:44 | 00:34:57.10          | 00:35:47.65           | +00:15:57    | 6:59            | 8.6           |

| Msc/<br>Rnk | Zawodnik/<br>Name            | Numer/<br>Bib | Klub/ Team                      | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny          | Czas<br>startu/Start<br>time | Czas<br>netto<br>2.5km<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |     |
|-------------|------------------------------|---------------|---------------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---------------------------|------------------------------|-------------------------------|-----------------------|--------------|-----------------|---------------|-----|
| 700         | KUCZERA Bernadeta            | 503           |                                 | 30-39                  | 302             |               | KUCZERA TEAM     | Matka + Córka            |                           | 00:00:39                     | 00:14:26                      | 00:34:58.60           | 00:35:37.75  | +00:15:58       | 6:59          | 8.6 |
| 701         | BIEGUN Beata                 | 999           |                                 | 60+                    | 11              |               | Teacher Team     | Matka + Córka            | JustFeelFIT TEAM          | 00:00:15                     | 00:14:05                      | 00:35:00.25           | 00:35:15.55  | +00:16:00       | 7:00          | 8.6 |
| 702         | ŁUKASIK Aldona               | 284           | NMS                             | 30-39                  | 303             |               |                  |                          | NMS                       | 00:01:18                     | 00:13:56                      | 00:35:00.80           | 00:36:19.15  | +00:16:01       | 7:00          | 8.6 |
| 703         | KONIOR Katarzyna             | 743           |                                 | 20-29                  | 102             |               | BKteam           | Sisters                  | Panieński Ady             | 00:00:36                     | 00:14:20                      | 00:35:03.85           | 00:35:39.95  | +00:16:04       | 7:00          | 8.6 |
| 704         | TRACZ Adrianna               | 755           |                                 | 20-29                  | 103             |               |                  |                          | Panieński Ady             | 00:00:34                     | 00:14:22                      | 00:35:04.50           | 00:35:39.40  | +00:16:04       | 7:01          | 8.6 |
| 705         | KOPEĆ Ewelina                | 370           |                                 | 30-39                  | 304             |               |                  |                          |                           | 00:00:32                     | 00:14:30                      | 00:35:04.65           | 00:35:36.85  | +00:16:04       | 7:00          | 8.6 |
| 706         | ĆWIKLAK Weronika             | 746           |                                 | 20-29                  | 104             |               |                  |                          | Fit Stacja                | 00:00:17                     | 00:14:41                      | 00:35:07.30           | 00:35:24.95  | +00:16:07       | 7:01          | 8.5 |
| 707         | MACIOŃCZYK Katarzyna         | 1278          |                                 | 30-39                  | 305             | Tak           |                  |                          |                           | 00:00:17                     | 00:14:08                      | 00:35:11.10           | 00:35:28.20  | +00:16:11       | 7:02          | 8.5 |
| 708         | WROZA Renata                 | 1121          |                                 | 40-49                  | 237             | Tak           |                  |                          |                           | 00:00:30                     | 00:14:27                      | 00:35:11.15           | 00:35:42.00  | +00:16:11       | 7:02          | 8.5 |
| 709         | KOLARCZYK Kamila             | 450           | WIRUSY                          | 30-39                  | 306             |               |                  |                          |                           | 00:00:37                     | 00:14:10                      | 00:35:12.35           | 00:35:49.65  | +00:16:12       | 7:02          | 8.5 |
| 710         | KALA Anna                    | 1223          |                                 | 20-29                  | 105             | Tak           |                  |                          |                           | 00:01:08                     | 00:14:10                      | 00:35:16.85           | 00:36:24.85  | +00:16:17       | 7:03          | 8.5 |
| 711         | POPE-ŚWIDZIKOWSKA Małgorzata | 85            |                                 | 40-49                  | 238             |               |                  |                          |                           | 00:00:32                     | 00:13:52                      | 00:35:18.00           | 00:35:50.40  | +00:16:18       | 7:03          | 8.5 |
| 712         | MAJER Justyna                | 952           |                                 | 20-29                  | 106             |               |                  |                          |                           | 00:00:15                     | 00:14:21                      | 00:35:18.40           | 00:35:33.85  | +00:16:18       | 7:03          | 8.5 |
| 713         | PIETRZAK Justyna             | 242           |                                 | 30-39                  | 307             |               |                  |                          |                           | 00:00:06                     | 00:14:18                      | 00:35:18.50           | 00:35:24.65  | +00:16:18       | 7:03          | 8.5 |
| 714         | ZWIOREK Anna                 | 80            | MIECHOWICKA GRUPA BIEGOWA       | 40-49                  | 239             | Tak           |                  |                          | Miechowicka Grupa Biegowa | 00:00:48                     | 00:15:26                      | 00:35:19.25           | 00:36:07.45  | +00:16:19       | 7:03          | 8.5 |
| 715         | WORONKO-ZACZYNSKA Janina     | 1299          | KS METRACO POLKOWICE            | 60+                    | 12              |               | Super Zet        | Matka + Córka            | Tak                       | 00:00:35                     | 00:13:44                      | 00:35:19.70           | 00:35:55.55  | +00:16:19       | 7:04          | 8.5 |
| 716         | PRZYWARA Ewelina             | 169           |                                 | 40-49                  | 240             |               |                  |                          |                           | 00:00:45                     | 00:14:20                      | 00:35:20.20           | 00:36:05.95  | +00:16:20       | 7:04          | 8.5 |
| 717         | GRYCMAN Katarzyna            | 1275          | KS M.E.T.A.                     | 30-39                  | 308             |               |                  |                          | KS M.E.T.A.               | 00:00:48                     | 00:16:00                      | 00:35:20.70           | 00:36:09.50  | +00:16:20       | 7:04          | 8.5 |
| 718         | KOZŁOWSKA Patrycja           | 533           |                                 | 30-39                  | 309             | Tak           |                  |                          | Byle Do Mety              | 00:00:40                     | 00:14:13                      | 00:35:20.75           | 00:36:01.30  | +00:16:20       | 7:04          | 8.5 |
| 719         | PROCEK Dominika              | 334           |                                 | 20-29                  | 107             |               |                  |                          |                           | 00:00:37                     | 00:14:19                      | 00:35:22.05           | 00:35:59.60  | +00:16:22       | 7:04          | 8.5 |
| 720         | KOŚNIAK Beata                | 116           | O CO BIEGA W KALETACH           | 30-39                  | 310             |               |                  |                          |                           | 00:00:31                     | 00:14:52                      | 00:35:24.45           | 00:35:55.55  | +00:16:24       | 7:04          | 8.5 |
| 721         | ROWICKA Joanna               | 383           | KOBIETY NA 5+                   | 50-59                  | 34              | Tak           |                  |                          | Kobiety na 5+             | 00:00:51                     | 00:15:15                      | 00:35:25.35           | 00:36:16.35  | +00:16:25       | 7:05          | 8.5 |
| 722         | CHRUSZCZ Katarzyna           | 919           | KOBIETY NA 5+                   | 30-39                  | 311             | Tak           |                  |                          | Kobiety na 5+             | 00:00:45                     | 00:14:30                      | 00:35:25.70           | 00:36:10.90  | +00:16:25       | 7:05          | 8.5 |
| 723         | GAŚSIOR Katarzyna            | 1019          |                                 | 20-29                  | 108             |               |                  |                          |                           | 00:00:42                     | 00:14:10                      | 00:35:26.70           | 00:36:09.45  | +00:16:26       | 7:05          | 8.5 |
| 724         | STEKLA Joanna                | 394           |                                 | 50-59                  | 35              |               | stekłówki        | Matka + Córka            |                           | 00:00:27                     | 00:13:47                      | 00:35:27.60           | 00:35:55.15  | +00:16:27       | 7:05          | 8.5 |
| 725         | CHUCZ Agnieszka              | 166           |                                 | 20-29                  | 109             |               |                  |                          |                           | 00:00:38                     | 00:14:32                      | 00:35:28.10           | 00:36:06.20  | +00:16:28       | 7:05          | 8.5 |
| 726         | ZALUBSKA Beata               | 112           | DRUŻYNA BB BIELSZCZANKI BIEGAJĄ | 30-39                  | 312             |               |                  |                          | BB Bielszczanki Biegają   | 00:00:37                     | 00:14:43                      | 00:35:28.80           | 00:36:06.30  | +00:16:29       | 7:05          | 8.5 |
| 727         | BANAŚ Katarzyna              | 1001          | VIKING TRAINING CENTER          | 30-39                  | 313             |               |                  |                          |                           | 00:00:21                     | 00:13:48                      | 00:35:30.60           | 00:35:52.15  | +00:16:30       | 7:06          | 8.4 |
| 728         | WITKOWSKA Magdalena          | 866           |                                 | 30-39                  | 314             |               |                  |                          |                           | 00:00:41                     | 00:14:58                      | 00:35:33.05           | 00:36:14.10  | +00:16:33       | 7:06          | 8.4 |
| 729         | MATERNOWSKA Sandra           | 1041          |                                 | 20-29                  | 110             |               |                  |                          |                           | 00:00:16                     | 00:13:39                      | 00:35:37.85           | 00:35:54.40  | +00:16:38       | 7:07          | 8.4 |
| 730         | NOWAK Agnieszka              | 1241          | #CZELADZBIEGA                   | 30-39                  | 315             |               |                  |                          | #czeladzbiega             | 00:00:31                     | 00:14:43                      | 00:35:38.90           | 00:36:10.40  | +00:16:39       | 7:07          | 8.4 |
| 731         | SZULIK Wioletta              | 676           |                                 | 30-39                  | 316             | Tak           | Szulik Team      | Matka + Córka            |                           | 00:00:29                     | 00:14:27                      | 00:35:39.20           | 00:36:08.70  | +00:16:39       | 7:07          | 8.4 |
| 732         | BAJER Marzena                | 1162          | DYSTANS LUBOMIA                 | 30-39                  | 317             |               |                  |                          |                           | 00:00:54                     | 00:15:36                      | 00:35:39.20           | 00:36:33.45  | +00:16:39       | 7:07          | 8.4 |
| 733         | SZEWCZYK Agnieszka           | 1257          |                                 | 20-29                  | 111             |               |                  |                          |                           | 00:00:37                     | 00:14:51                      | 00:35:39.40           | 00:36:16.95  | +00:16:39       | 7:07          | 8.4 |
| 734         | WRONA Aleksandra             | 774           |                                 | 20-29                  | 112             |               |                  |                          |                           | 00:00:55                     | 00:15:16                      | 00:35:47.50           | 00:36:42.85  | +00:16:47       | 7:09          | 8.4 |
| 735         | RAJS Ewelina                 | 484           | WRŚ                             | 40-49                  | 241             |               |                  |                          |                           | 00:00:56                     | 00:15:34                      | 00:35:47.70           | 00:36:43.75  | +00:16:47       | 7:09          | 8.4 |

| Msc/<br>Rnk | Zawodnik/<br>Name            | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny          | Czas<br>startu/Start<br>time | Czas<br>2.5km | Czas<br>netto<br>5km | Czas<br>brutto<br>5km | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |
|-------------|------------------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---------------------------|------------------------------|---------------|----------------------|-----------------------|--------------|-----------------|---------------|
| 736         | BAK-ŚCIERSKA Beata           | 551           | ŚCIERSCY TEAM             | 40-49                  | 242             |               |                  |                          |                           | 00:00:47                     | 00:15:17      | 00:35:53.00          | 00:36:40.90           | +00:16:53    | 7:10            | 8.4           |
| 737         | SLADECZEK Izabela            | 1296          | PAWŁOWICE                 | 30-39                  | 318             |               |                  |                          |                           | 00:00:46                     | 00:15:08      | 00:35:55.00          | 00:36:41.05           | +00:16:55    | 7:11            | 8.4           |
| 738         | PIETROSZEK Sandra            | 1056          | W&S PIETROSZEK            | 16-19                  | 19              | Tak           | W&S Pietroszek   | Matka + Córka            | Drużyna Kobiety na 5+     | 00:00:25                     | 00:14:29      | 00:35:55.95          | 00:36:21.25           | +00:16:56    | 7:11            | 8.3           |
| 739         | MATUNIN Alina                | 1081          | MIECHOWICKA GRUPA BIEGOWA | 30-39                  | 319             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:40                     | 00:15:20      | 00:35:56.00          | 00:36:36.10           | +00:16:56    | 7:11            | 8.3           |
| 740         | CZARNECKA Małgorzata         | 32            | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 243             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:39                     | 00:15:14      | 00:35:56.25          | 00:36:35.90           | +00:16:56    | 7:11            | 8.3           |
| 741         | PANEK Agnieszka              | 519           | KOLOROWA DRUŻYNA NESSI    | 40-49                  | 244             |               |                  |                          | Kolorowa Drużyna Nessi    | 00:00:47                     | 00:15:29      | 00:35:56.90          | 00:36:44.05           | +00:16:57    | 7:11            | 8.3           |
| 742         | ŚLIWA Kornelia               | 566           | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 245             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:46                     | 00:15:14      | 00:35:58.15          | 00:36:44.65           | +00:16:58    | 7:11            | 8.3           |
| 743         | PERKOWSKA Izabela            | 831           |                           | 50-59                  | 36              | Tak           | Percie           | Matka + Córka            | Kobiety na 5+             | 00:00:47                     | 00:15:19      | 00:36:02.45          | 00:36:50.05           | +00:17:02    | 7:12            | 8.3           |
| 744         | LAPCZYK Magdalena            | 839           | LICHOTAEM                 | 30-39                  | 320             |               |                  |                          |                           | 00:00:38                     | 00:14:53      | 00:36:03.15          | 00:36:41.35           | +00:17:03    | 7:12            | 8.3           |
| 745         | SZABLICKA Agata              | 824           |                           | 40-49                  | 246             |               |                  |                          |                           | 00:00:04                     | 00:14:47      | 00:36:05.75          | 00:36:10.40           | +00:17:05    | 7:13            | 8.3           |
| 746         | JEZIOROWSKA-CAPANDA Patrycja | 160           |                           | 20-29                  | 113             |               |                  |                          |                           | 00:00:00                     | 00:15:10      | 00:36:05.95          | 00:36:05.95           | +00:17:06    | 7:13            | 8.3           |
| 747         | PROKOPIUK Adriana            | 288           | KLUB BIEGACZA FARTLEK     | 30-39                  | 321             | Tak           |                  |                          | Klub Biegacza Fartlek     | 00:00:47                     | 00:14:39      | 00:36:06.40          | 00:36:53.55           | +00:17:06    | 7:13            | 8.3           |
| 748         | SZEWCUK Agnieszka            | 562           |                           | 40-49                  | 247             | Tak           |                  |                          | Byle Do Mety              | 00:00:00                     | 00:14:53      | 00:36:06.80          | 00:36:06.80           | +00:17:07    | 7:13            | 8.3           |
| 749         | SOBCZAK Magdalena            | 879           |                           | 30-39                  | 322             |               |                  |                          |                           | 00:00:46                     | 00:15:09      | 00:36:10.25          | 00:36:56.25           | +00:17:10    | 7:14            | 8.3           |
| 750         | MULKA Urszula                | 146           |                           | 30-39                  | 323             |               |                  |                          |                           | 00:00:48                     | 00:14:41      | 00:36:10.95          | 00:36:59.15           | +00:17:11    | 7:14            | 8.3           |
| 751         | KORALEWSKA Kinga             | 363           |                           | 30-39                  | 324             | Tak           |                  |                          |                           | 00:00:43                     | 00:15:31      | 00:36:15.30          | 00:36:59.20           | +00:17:15    | 7:15            | 8.3           |
| 752         | MODLIŃSKA Paulina            | 1235          |                           | 30-39                  | 325             | Tak           |                  |                          |                           | 00:00:43                     | 00:15:31      | 00:36:15.75          | 00:36:59.00           | +00:17:15    | 7:15            | 8.3           |
| 753         | BOMBOR Antonina              | 336           |                           | 30-39                  | 326             |               |                  |                          |                           | 00:00:43                     | 00:15:19      | 00:36:15.95          | 00:36:59.85           | +00:17:16    | 7:15            | 8.3           |
| 754         | ROS-PARYPA Diana             | 1084          |                           | 40-49                  | 248             |               |                  |                          |                           | 00:00:43                     | 00:14:57      | 00:36:20.15          | 00:37:03.60           | +00:17:20    | 7:16            | 8.3           |
| 755         | KAŁUŻA Aleksandra            | 593           | KOBIETY NA 5+             | 30-39                  | 327             | Tak           |                  |                          |                           | 00:00:21                     | 00:14:28      | 00:36:21.10          | 00:36:42.50           | +00:17:21    | 7:16            | 8.3           |
| 756         | STĘPIŃSKA Patrycja           | 963           |                           | 20-29                  | 114             | Tak           |                  |                          |                           | 00:00:21                     | 00:14:32      | 00:36:21.60          | 00:36:43.50           | +00:17:21    | 7:16            | 8.2           |
| 757         | BIL Malwina                  | 1063          | KOBIETY NA 5+             | 30-39                  | 328             | Tak           |                  |                          | Drużyna Kobiety na 5+     | 00:00:21                     | 00:14:28      | 00:36:27.45          | 00:36:49.15           | +00:17:27    | 7:17            | 8.2           |
| 758         | GŁĄB Mariola                 | 941           |                           | 30-39                  | 329             |               |                  |                          |                           | 00:00:50                     | 00:14:49      | 00:36:28.60          | 00:37:19.15           | +00:17:28    | 7:17            | 8.2           |
| 759         | WISEŁKA Lucyna               | 289           |                           | 30-39                  | 330             |               |                  |                          |                           | 00:00:55                     | 00:15:25      | 00:36:33.25          | 00:37:28.30           | +00:17:33    | 7:18            | 8.2           |
| 760         | ŚWIDER Anna                  | 215           |                           | 40-49                  | 249             |               |                  |                          |                           | 00:00:50                     | 00:15:29      | 00:36:37.65          | 00:37:27.85           | +00:17:37    | 7:19            | 8.2           |
| 761         | BRANDYS Krystyna             | 461           |                           | 30-39                  | 331             |               | Dyńki Team       | Sisters                  |                           | 00:00:36                     | 00:14:34      | 00:36:39.65          | 00:37:16.55           | +00:17:39    | 7:20            | 8.2           |
| 762         | DYŃIA Magdalena              | 82            |                           | 40-49                  | 250             | Tak           | Dyńki Team       | Sisters                  |                           | 00:00:36                     | 00:14:34      | 00:36:39.90          | 00:37:16.80           | +00:17:40    | 7:20            | 8.2           |
| 763         | PEPEK Bożena                 | 812           |                           | 30-39                  | 332             |               |                  |                          |                           | 00:00:40                     | 00:14:55      | 00:36:39.95          | 00:37:20.65           | +00:17:40    | 7:20            | 8.2           |
| 764         | ZIELONKA Agnieszka           | 1273          |                           | 30-39                  | 333             |               |                  |                          |                           | 00:00:40                     | 00:15:16      | 00:36:40.10          | 00:37:20.85           | +00:17:40    | 7:20            | 8.2           |
| 765         | KARWACKA Sylwia              | 541           |                           | 30-39                  | 334             |               |                  |                          |                           | 00:00:00                     | 00:16:04      | 00:36:40.35          | 00:36:40.35           | +00:17:40    | 7:20            | 8.2           |
| 766         | SARNECKA-BĘBENEK Aleksandra  | 76            | GB GALOPUJĄCE ŚLIMAKI     | 30-39                  | 335             | Tak           |                  |                          |                           | 00:00:41                     | 00:15:06      | 00:36:41.95          | 00:37:23.15           | +00:17:42    | 7:20            | 8.2           |
| 767         | JANECKA Ela                  | 642           |                           | 40-49                  | 251             |               |                  |                          |                           | 00:00:52                     | 00:14:57      | 00:36:45.25          | 00:37:37.55           | +00:17:45    | 7:21            | 8.2           |

| Msc/<br>Rnk | Zawodnik/<br>Name     | Numer/<br>Bib | Klub/ Team                | Kategoria/<br>Category | Mkat/<br>CatRnk | Jastrzębianka | Nazwa<br>rodziny | Klasyfikacja<br>rodzinna | Nazwa<br>drużyny          | Czas                 |          | Różn/<br>Gap | Tempo<br>min/km | Tempo<br>km/h |                      |                       |
|-------------|-----------------------|---------------|---------------------------|------------------------|-----------------|---------------|------------------|--------------------------|---------------------------|----------------------|----------|--------------|-----------------|---------------|----------------------|-----------------------|
|             |                       |               |                           |                        |                 |               |                  |                          |                           | startu/Start<br>time | 2.5km    |              |                 |               | Czas<br>netto<br>5km | Czas<br>brutto<br>5km |
| 768         | NALEPKA Katarzyna     | 29            | MIECHOWICKA GRUPA BIEGOWA | 40-49                  | 252             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:46             | 00:15:27 | 00:36:46.85  | 00:37:33.00     | +00:17:47     | 7:21                 | 8.2                   |
| 769         | ISKRA Joanna          | 492           |                           | 30-39                  | 336             |               |                  |                          |                           | 00:00:48             | 00:15:42 | 00:36:49.20  | 00:37:37.85     | +00:17:49     | 7:21                 | 8.1                   |
| 770         | WYSOCKA Aneta         | 506           | WKURW_TEAM                | 30-39                  | 337             |               |                  |                          |                           | 00:00:44             | 00:15:18 | 00:36:50.30  | 00:37:35.15     | +00:17:50     | 7:22                 | 8.1                   |
| 771         | FABIA Sylwia          | 454           |                           | 20-29                  | 115             |               |                  |                          |                           | 00:00:48             | 00:15:42 | 00:36:50.30  | 00:37:38.60     | +00:17:50     | 7:22                 | 8.1                   |
| 772         | KOCYAN Małgorzata     | 435           | BIEGAJ Z TRENERAMI        | 50-59                  | 37              |               |                  |                          |                           | 00:00:40             | 00:14:54 | 00:36:50.75  | 00:37:31.60     | +00:17:50     | 7:22                 | 8.1                   |
| 773         | FABIAŃSKA Katarzyna   | 1023          | MORSY NA KOKSIE           | 30-39                  | 338             |               |                  |                          | MORSY NA KOKSIE           | 00:00:42             | 00:14:33 | 00:36:52.30  | 00:37:34.60     | +00:17:52     | 7:22                 | 8.1                   |
| 774         | PARZYCH Renata        | 1201          | KOBIETY NA 5+             | 60+                    | 13              | Tak           |                  |                          | Kobiety na 5+             | 00:00:16             | 00:15:00 | 00:36:52.45  | 00:37:08.60     | +00:17:52     | 7:22                 | 8.1                   |
| 775         | HABER Karolina        | 856           |                           | 20-29                  | 116             |               |                  |                          | Miechowicka Grupa Biegowa | 00:00:25             | 00:14:43 | 00:36:54.20  | 00:37:19.60     | +00:17:54     | 7:22                 | 8.1                   |
| 776         | PAWEŻOWSKA Anna       | 500           | BĘDZIN TEAM               | 40-49                  | 253             |               |                  |                          |                           | 00:00:45             | 00:15:36 | 00:37:02.90  | 00:37:48.40     | +00:18:03     | 7:24                 | 8.1                   |
| 777         | GUBAŁA Monika         | 243           | W POGONI ZA MOTYLEM       | 20-29                  | 117             |               |                  |                          |                           | 00:00:48             | 00:16:09 | 00:37:03.05  | 00:37:51.25     | +00:18:03     | 7:24                 | 8.1                   |
| 778         | HALAMA Karolina       | 628           |                           | 16-19                  | 20              | Tak           |                  |                          |                           | 00:00:22             | 00:14:25 | 00:37:03.75  | 00:37:25.95     | +00:18:03     | 7:24                 | 8.1                   |
| 779         | KACZKIEWICZ Agnieszka | 138           | NIGHT RUNNERS GLIWICE     | 40-49                  | 254             |               |                  |                          | Night Runners Gliwice     | 00:00:19             | 00:14:52 | 00:37:04.35  | 00:37:24.25     | +00:18:04     | 7:25                 | 8.1                   |
| 780         | HARATYK Joanna        | 381           |                           | 30-39                  | 339             |               |                  |                          |                           | 00:00:54             | 00:15:44 | 00:37:04.35  | 00:37:59.25     | +00:18:04     | 7:25                 | 8.1                   |
| 781         | CZAPEK Ania           | 946           | NIGHT RUNNERS GLIWICE     | 40-49                  | 255             |               |                  |                          | Night Runners Gliwice     | 00:00:19             | 00:14:40 | 00:37:04.75  | 00:37:24.30     | +00:18:04     | 7:25                 | 8.1                   |
| 782         | OL Klaudia            | 1145          |                           | 40-49                  | 256             | Tak           |                  |                          |                           | 00:00:30             | 00:14:57 | 00:37:06.00  | 00:37:36.55     | +00:18:06     | 7:25                 | 8.1                   |
| 783         | HERZYK Alicja         | 956           |                           | 30-39                  | 340             |               |                  |                          |                           | 00:00:22             | 00:16:41 | 00:37:06.65  | 00:37:28.95     | +00:18:06     | 7:25                 | 8.1                   |
| 784         | HONCEK Magdalena      | 1255          |                           | 40-49                  | 257             |               |                  |                          |                           | 00:00:53             | 00:16:53 | 00:37:07.40  | 00:38:01.05     | +00:18:07     | 7:25                 | 8.1                   |
| 785         | KROCZEK Magdalena     | 1137          |                           | 30-39                  | 341             |               |                  |                          |                           | 00:00:39             | 00:14:53 | 00:37:08.25  | 00:37:47.40     | +00:18:08     | 7:25                 | 8.1                   |
| 786         | BRZANA Klaudia        | 791           |                           | 20-29                  | 118             |               | Brzanki          | Matka + Córka            |                           | 00:00:46             | 00:16:03 | 00:37:08.75  | 00:37:54.95     | +00:18:08     | 7:25                 | 8.1                   |
| 787         | SABAT Katarzyna       | 135           |                           | 30-39                  | 342             |               |                  |                          |                           | 00:00:45             | 00:14:49 | 00:37:09.75  | 00:37:55.05     | +00:18:09     | 7:26                 | 8.1                   |
| 788         | CZAPOROWSKI Daria     | 893           |                           | 30-39                  | 343             | Tak           | Początkujące     | Matka + Córka            |                           | 00:00:35             | 00:15:04 | 00:37:10.80  | 00:37:45.95     | +00:18:11     | 7:26                 | 8.1                   |
| 789         | SKRABARCZYK Anna      | 710           | POWOLI DO CELU            | 30-39                  | 344             |               |                  |                          |                           | 00:00:40             | 00:14:53 | 00:37:11.45  | 00:37:51.95     | +00:18:11     | 7:26                 | 8.1                   |
| 790         | STANO Monika          | 765           | KOBIETY NA 5+             | 30-39                  | 345             | Tak           |                  |                          | Kobiety na 5+             | 00:00:49             | 00:15:40 | 00:37:13.15  | 00:38:03.05     | +00:18:13     | 7:26                 | 8.1                   |
| 791         | NAWARYŃSKA Katarzyna  | 1120          | STRONG WOMEN              | 20-29                  | 119             |               |                  |                          | Strong women              | 00:00:44             | 00:16:36 | 00:37:15.85  | 00:38:00.55     | +00:18:16     | 7:27                 | 8.1                   |
| 792         | NAWARYŃSKA Ewa        | 366           |                           | 40-49                  | 258             |               |                  |                          | Strong women              | 00:00:45             | 00:16:35 | 00:37:16.05  | 00:38:01.35     | +00:18:16     | 7:27                 | 8.1                   |
| 793         | IGNACEK Aleksandra    | 835           |                           | 30-39                  | 346             |               |                  |                          |                           | 00:00:04             | 00:14:49 | 00:37:18.50  | 00:37:23.15     | +00:18:18     | 7:27                 | 8                     |
| 794         | BIERNACKA Teresa      | 609           | MIRAZ RACE TEAM           | 30-39                  | 347             |               |                  |                          | MIRAZ RACE TEAM           | 00:00:40             | 00:15:33 | 00:37:20.05  | 00:38:00.80     | +00:18:20     | 7:28                 | 8                     |
| 795         | KORCZYK Beata         | 156           | KOLOROWA DRUŻYNA NESSI    | 30-39                  | 348             |               |                  |                          | Kolorowa Drużyna Nessi    | 00:00:10             | 00:14:31 | 00:37:20.40  | 00:37:30.80     | +00:18:20     | 7:28                 | 8                     |
| 796         | STEFAŃSKA Dorota      | 1087          |                           | 30-39                  | 349             | Tak           |                  |                          |                           | 00:00:46             | 00:16:01 | 00:37:23.05  | 00:38:09.25     | +00:18:23     | 7:28                 | 8                     |
| 797         | PLAZA Monika          | 1186          |                           | 20-29                  | 120             | Tak           |                  |                          |                           | 00:00:51             | 00:16:12 | 00:37:24.95  | 00:38:16.10     | +00:18:25     | 7:29                 | 8                     |
| 798         | ZABORSKA Magdalena    | 296           |                           | 30-39                  | 350             |               |                  |                          |                           | 00:00:55             | 00:16:13 | 00:37:25.15  | 00:38:20.85     | +00:18:25     | 7:29                 | 8                     |
| 799         | PERKA Monika          | 1249          |                           | 30-39                  | 351             | Tak           |                  |                          |                           | 00:00:00             | 00:16:15 | 00:37:26.50  | 00:37:26.50     | +00:18:26     | 7:29                 | 8                     |
| 800         | GOLDA Joanna          | 645           |                           | 20-29                  | 121             |               |                  |                          |                           | 00:00:46             | 00:16:03 | 00:37:26.70  | 00:38:13.25     | +00:18:26     | 7:29                 | 8                     |